

St. Paul's Co-educational College

Report of Parent Education Programmes Funded by the One-off Grant on Parent Education (2025-2026)

- A total of \$200,000 has been provided to the school to support the organization of structured parent education programmes or activities with reference to the Curriculum Framework on Parent Education (Secondary School) from 2024-25 to 2026-27 school years. In May 2026, the Education Bureau (EDB) announced optimization measures regarding the use of the Grant, allowing any unspent amount to be retained for use in the 2027-28 school year.
- Totals of \$63400 and \$52096 were spent on various parent education activities in 2024-25 and 2025-26 school years respectively. The remaining balance of the Grant (\$84504) will be allocated over the coming two school years.
- The following table summarizes the programmes and activities funded by the Grant during 2025-26 school year:

Programme/ Activity	Date	Target Parents	Core strands* of Parent Education Curriculum Framework	Expenses	Evaluation
Alpha parenting course 啟發青少年親子教育課程 organized by St Paul's Church	Nov 2025 – Jan 2026 (Phase One 10 lessons) Mar 2026 – May 2026 (Phase Two 10 lessons)	All parents	I and IV	\$12000 for Phase One \$12000 for Phase Two	10 lessons were held at St Paul's Church on Nov 14,21,28, Dec 5,12,19, Jan 9,16,23 Feb 6. A total of 72 parents participated in the course. Through the sharing of church pastors and group discussion, parents learned how to effectively discuss sensitive topics with their children, resolve conflicts and instill positive values in them. Another 10 lessons were held on Mar 13, 20, 27, Apr 10, 17, 24, May 8, 15, 22, 29 in Phase Two of the course.

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Book Club meeting家長讀書會	Oct 2025 – May 2026 (About 10 meetings for each of the forms)	All parents	I, II, III and IV	\$5000 for book club arrangement fee \$11436 for purchase of books	A total of 120 parents participated in the Book Club meetings. Post-reading sharing and discussion was led by Ms Helena Hui, PTA advisor and parent coordinators. Parents generally felt that they benefited the most from the group's mutual support, becoming more skilled and resilient in handling conflicts with their children. Book list: <ul style="list-style-type: none"> • F1 為青少年立界線 (41 parents) • F2&3: 親愛的安德烈 (18 & 22 parents) • F4: 好一個我 (17 parents) • F5&6: 整齊家庭事 (22 parents)
Parent-child picnic to Sha Tau Kok	31 Jan 2026	All parents	II and III	\$11660	A total of 123 teachers, parents, and students participated in a one-day trip to Sha Tau Kok. Guides introduced key attractions, including the historic boundary markers at Zhong Ying Street Garden and the scenic Shenzhen overlook from Sha Tau Kok Cape. During the afternoon, the group gained hands-on experience making "Cha Kwo" at a farm in Kwu Tung. The trip provided valuable parent-child interaction, fostered well-being, and created lasting memories. All attendees thoroughly enjoyed the experience, marking this as a highly successful home-school cooperation event.
Total:				\$52096	

* The Four Core Strands of the Curriculum Framework on Parent Education (Secondary School) are:

- I. Understanding of adolescent development
- II. Promotion of healthy happy and balanced development of adolescents
- III. Promotion of parents' physical and psychological well-being
- IV. Fostering home-school cooperation and communication