

St. Paul's Co-educational College
2014 – 2015 Work Plan on Life Planning Education and Careers Guidance Service

Objectives	Strategies	Monitoring / Evaluation	Allocation of the CLP Grant
<ul style="list-style-type: none"> ▪ To prepare and equip our students for challenges ahead and decisions they have to make in pursuing their personal goals by providing a comprehensive programme for them during their 6 years of secondary education at SPCC, with due emphasis on life-planning and careers guidance ▪ To continue to build on the strengths of our existing programmes, making the best use of our resources and maximizing learning outcomes through a holistic and coordinated approach <p><i>See appendix for a programme overview</i></p>	<ul style="list-style-type: none"> ▪ The Careers Guidance Team to continue to closely collaborate with the Moral Education Team in the development and delivery of life-planning and career-related programmes ▪ The Careers Guidance Team and the Moral Education Team to have a good understanding of the various existing experiential learning programmes run by the school to make sure their programmes are well aligned with relevant school programmes to bring out the best learning outcomes ▪ The Careers Guidance Team to be well informed of all career-related programmes run by different parties including subject departments, Mentor Programme Committee and PTA by maintaining close and regular contact with them for better planning and minimum overlap; the Team to also collaborate with them or provide support as necessary ▪ The Careers Guidance Team to explore the use of career planning tools with a view to expanding the scope of the existing careers guidance programme ▪ The Moral Education Team to revamp their life education programme by developing a positive education curriculum for F.1 - 6 which aligns with the developmental needs of students at different stages with due reference to life planning and careers guidance, and incorporates activities and programmes to maximize and sustain the learning outcomes of relevant school programmes 	<ul style="list-style-type: none"> ▪ Regular communication among the teams / parties concerned ▪ Continuous review of the programme based on feedback from students / teachers / parents / graduates / alumni involved 	<p>The grant will be used to partly cover the salaries of</p> <ul style="list-style-type: none"> ▪ a full-time Counsellor of Further Studies to support the work of the Careers Guidance Team and ▪ a full-time Experiential Learning Coordinator to work on the positive education curriculum and experiential learning programmes

Appendix – Life Planning Education and Careers Guidance Service Programme Overview

	F.1	F.2	F.3	F.4	F.5	F.6
Self-understanding and Development	Positive Education Curriculum to be delivered through Form Teacher Periods with stipulated themes for each level					
	<ul style="list-style-type: none"> ▪ Positive communication ▪ Self-exploration ▪ Confidence building ▪ Positive relationships ▪ Cognitive behavioural therapy theory ▪ Social skills ▪ Coping skills 		<ul style="list-style-type: none"> ▪ Self-understanding ▪ Building peer connections ▪ Motivational theory 	<ul style="list-style-type: none"> ▪ Time management ▪ Stress management ▪ Academic honesty ▪ Social awareness 	<ul style="list-style-type: none"> ▪ Passion discovering ▪ Meaning of life ▪ Goal theory 	<ul style="list-style-type: none"> ▪ Reflection
Exploration, Planning and Management	<ul style="list-style-type: none"> ▪ School Transition and Attributes Development Residential Programme ▪ Adventure based learning programme 	<ul style="list-style-type: none"> ▪ Beijing Cultural Study Trip 	<ul style="list-style-type: none"> ▪ Briefing for students and parents on choice of curriculum/ subjects ▪ Academic counselling for prospective IB students ▪ Career mapping ▪ Nansha Study Trip ▪ Rites of Passage (four-week experiential learning in Australia) 	<ul style="list-style-type: none"> ▪ Service learning programmes 	<ul style="list-style-type: none"> ▪ Briefing for students and parents on HKDSE and university admission (local / overseas) ▪ Mentor Programme ▪ Business / University Attachment Programmes ▪ Self-Initiated Attachment Programmes 	<ul style="list-style-type: none"> ▪ Sharing by graduates on university admission and interviews (local / overseas) ▪ Briefing on JUPAS and multiple pathways ▪ Interview workshop
			<ul style="list-style-type: none"> ▪ Briefing for students and parents on overseas university education 			
		<ul style="list-style-type: none"> ▪ Service learning programmes 			<ul style="list-style-type: none"> ▪ Careers talks (local / overseas universities, alumni, professionals) ▪ Individual and personalized guidance on further study options ▪ Alumni Mentors College Fair (overseas) ▪ Careers visits ▪ University Taster programmes ▪ External career-related programmes / competitions (e.g. HKACMGM Summer Work Experience Scheme, Junior Achievement Company Programme) 	