



Achievers

2022-23

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Achievers is published in December each year. It lists the prizes won by our Primary and Secondary students in some of the external competitions for the previous academic year.

St. Paul's Co-educational College



Leadership and Community Service

SCMP/HKJC Student of the Year Awards 2022-2023

Grand Prize	1st Runner-up	6I Gao Hong Ye
	Shortlisted	5H Suen Ming To
Linguist - Cantonese	Winner	6A Ku Ping Sum
Linguist - English	Shortlisted	5G Wong Christina Man Yan
Scientist & Mathematician	2nd Runner-up	5H Suen Ming To
	Shortlisted	5G Ho Hong Tat Adam
Sportsperson	Winner	6B Chan Nok Sze Daphne

The Youth Arch Foundation Hong Kong Outstanding Students Award 2021-2022

	Winner	6G Chuang Hui Hua Vera
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Hong Kong 200 Leadership Project 2022

Project for Hong Kong	Silver Award	5G Ho Hong Tat Adam
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The 3rd HKAGE Outstanding Student Awards

Gifted Star Award	Gifted Star Award	6A Chu Cheuk Hei
		6A Lam Chung Wang
		5A Ng Shuk Hei
		5H Suen Ming To

The Hong Kong Award for Young People

	Bronze Award	6G Baum Ianna Nora
		6H Yiu Sze Heng Jasmine
		5G Wong Christina Man Yan
		4I Au Ka Yui

27th Model ASEAN Summit

	Best Delegate	4G Cheng Shing Wai Joselyn
	Outstanding Delegate	4H Hsi Shi Lin Stephanie
	Outstanding Speaker	4G Cheng Shing Wai Joselyn

German Swiss International School Model United Nations

United Nations Educational, Scientific, and Cultural Organisation	Best Delegate	3C Or Cheuk Lam Cynthia
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Leadership and Community Service

Hong Kong Secondary School Model UNESCO Conference	Best Strategy Award	3B Chiu Wei Yin Julie
		3C Chan Clinton Denzel Pak Hei
		3C Pong Pak Heng Kirklan
	Best Speaker	3B Chiu Wei Yin Julie
Hong Kong International School Model United Nations General Assembly	Outstanding Delegate	5D Ma Hoi Laam Vanessa
	Outstanding Delegate	5G Wong Cheuk Chi
Harrow Model United Nations House of Commons	Best Delegate	3C Or Cheuk Lam Cynthia
Chinese University Model United Nations Humans Rights Council	Best Delegate	4H Man Ho Fung
	Outstanding Delegate	4H Cheuk Tsz Ching
		4H Hsi Shi Lin Stephanie
Victoria Shanghai Academy Model United Nations Economic and Social Council	Best Delegate	5D Kam Ching Lam
	Best Delegate	5G Pang Wing Sang Christine
French International School Model United Nations Security Council	Most Outstanding Delegate	4E Jung Ching Wai

Leadership and Community Service

The Hong Kong Polytechnic University Online Exhibition for Secondary School
Service-Learning or Community Service Project

Gold Award

6G Chen Haiying

6G Lai Sharon

5F Yiu Chun Hei Patrick



Sprout is a student-led organisation that offers extracurricular classes on Chinese language and Hong Kong culture to ethnic minority students in an effort to help them enhance their understanding of Cantonese conversations, Chinese writing, and cultural knowledge. We held our first session on local culture last summer when two other members and I worked with the HOPE Centre for Ethnic Minorities under the support of Kids4kids.

The workshop's focus is Hong Kong's food culture, therefore we chose to teach them slangs used in Cha Chaan Tengs. We picked Cha Chaan Teng as our focal point because we believe it best represents our local culinary culture. Moreover, we noticed that many ethnic minorities struggled to communicate with the waiters in Cha Chaan Tengs due to the language barrier, so we hope to assist them in overcoming this difficulty through our workshop.

After teaching them the pronunciation of slangs, we moved on to the role play activity. In this activity, participants had to write their own scripts, and practice the way to order food in Cantonese, we also provided them with clay to make colourful food props. In the last session, we brought the participants to nearby Cha Chaan Tengs for afternoon tea to gain hands-on experience. I was delighted that our teaching had been effective because they had made substantial progress and had successfully placed an order in Cantonese.

I had a wonderful time preparing the materials and interacting with the participants, and it was an experience I am going to cherish. When they successfully ordered their meal without our assistance, there was a feeling of accomplishment, and that filled me with everlasting joy. In order to create a more cohesive society where ethnic minorities can develop a sense of belonging, we will keep striving to narrow the cultural gap between locals and ethnic minorities and to raise awareness of the challenges that these groups may encounter.

5F Yiu Chun Hei Patrick

Distinction

6A Kong Yau Him

6A Ma Yat Hang Lukas

Leadership and Community Service

6D Tsang Ka Chun
6D Wong Chung Hei
6G Chuang Hui Hua Vera
6I Yip Jun Ming
6I Lee Wing Hay
5H Hui Sum Nam
5H Lo Tsz Ying
5H Suen Ming To

AFS Hong Kong Youth Empowerment Project for Secondary School Students

AFS Richard Charles Lee Junior Scholar 5B Leung Yiu Chun

2B Chan Man Hei



The concept of global citizenship, the idea that we all hold important roles as members of the global community, has been ever so prevalent in these changing times. It is for this reason that I have joined the AFS Youth Empowerment Project, a six-month scholarship learning programme where I learnt about the different aspects of global citizenship: from the different traditions of the quaint and vibrant cultures all over the globe, to the indispensable virtues held by conscientious members of the global community: embracing empathy, reserving judgement, and cherishing the rich tapestry of cultural diversity.

The programme was a breath of fresh air for me, a truly eye-opening experience. It gave me the opportunity to contemplate my role as a global denizen, an inconspicuous yet significant fragment within the vast interwoven fabric of our society. As I progressed through the programme, I had a powerful realisation – our individual contributions hold immense significance in working towards the betterment of the world, and to ensure its continued prosperity.

At the final stage of the programme, I was one of twenty finalists tasked with promoting Hong Kong Chinese culture abroad, presenting my proposal to a panel of judges. After extensive research, I chose to focus my presentation on the captivating realm of Cha Chaan Teng. Thankfully, my efforts bore fruit as I was honoured to be selected as one of the ten Junior Scholars, securing a coveted year-long exchange programme at an overseas high school after the 2024 DSE examinations. Specifically, I have set my sights on Germany as my preferred destination for this enriching experience.

Finally, I would like to thank the school and my esteemed teachers, whose guidance and knowledge imparted have been instrumental in my success in this programme. Danke schön!

5B Leung Yiu Chun

Leadership and Community Service

The HKFYG "Easy Volunteer" (Hong Kong Federation of Youth Groups)

Volunteer Service	Gold Award	5D Li Zhuoqin
		5F Chow Mei Miu
		5G Chong Yi Nga
		5H Suen Ming To
		5I Mao Kaiqi Tiffany
	Silver Award	3A Law Tiana
		5A Tai Chun Hei
		5B Miao Hoi Yuet
		5C Men Sze Yan
	Bronze Award	5A Lau Pak Hei
		5A Ng Tin Yau
		5E Dong Sharon
		5H Hui Yun Fung Raphael
		5H Lam Sai Lok Adrian
		5H Chow Man Hei
		5H Hui Sum Nam
		5H Yeung Sophie Zi Yan
		4A Kan Hiu Tung
		4G Mak Wing Tung Gloria
		2A Chan Ting Hei Milton

The Kiwanis Community Service Award 2023

	5H Yeung Sophie Zi Yan
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Student Environmental Protection Ambassador Scheme 2023

Outstanding Student Environmental Protection Ambassador	Gold Award	5G Chong Yi Nga
	Silver Award	4G Mak Wing Tung Gloria
	Bronze Award	5B Ho Yui Ki Yoki

Student Ambassador Programme under the Jockey Club BEAM Plus in Schools Project

Most Voted Presentation Team	5B Ho Yui Ki Yoki
	5G Chong Yi Nga
	4A Kan Hiu Tung
	4G Mak Wing Tung Gloria

Leadership and Community Service

EQ Ambassadors Programme 2022-2023

EQ Ambassadors Scholarship 5D Li Zhuoqin

中西區校長聯會 2022 年香港島傑出學生選舉

高中組

香港島十大傑出學生

六甲 李鈞瀚

初中組

香港島十大傑出學生

三乙 曹嘉瑜

香港遊樂場協會 2023 香港傑出少年選舉

香港十大傑出少年

五甲 黃哲宇

二丁 潘浹淳

香港傑出少年

五丁 杜曼琛

五辛 孫銘陶

2022-2023 中西區青年活動委員會 – 中西區青年獎勵計劃

冠軍

五丁 李卓秦

亞軍

六庚 陳盈姿

季軍

五乙 何睿琪

學友社傑出中學生領袖選舉 2022-2023

傑出中學生領袖

五丁 麥鎮麟

香港女童軍總會優秀女童軍選舉 2023

優秀女童軍

五丁 郭樂珩

中西南及離島區義工嘉許計劃 2022 「天使同行」

青少年組

傑出義工團體

聖保羅男女中學

「地區義工之最」

五庚 莊爾雅

– 最高義工時數

義務工作發展局香港義工獎 2022

香港傑出青年義工

二丁 潘浹淳

「你好嗎？」中西區聯校領袖義工訓練暨社區服務計畫

傑出領袖義工

三丙 陳曉琳

Aesthetics and Creativity

Penabur International Choir Festival (Indonesia) 2022

Children's Choir Category (Online Competition)	Gold Medal	SPCC Treble Choir
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International JSFest 2022 Choral Competition (Finland)

Children & Youth Choirs (under 16) (Online)	1st	SPCC Treble Choir
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Vocal Ensemble up to 12 members (under 16) (Online)	3rd	SPCC Treble Choir
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Hong Kong A Cappella Contest 2023

School Division - Pop Chorus Category

Champion	Na Anela	SPCC Treble Choir
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Outstanding Performance (Best Harmony) Award	Na Anela	SPCC Treble Choir
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Outstanding Performance (Best Rhythm) Award	Le Sorelle	SPCC Treble Choir
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2022 Hong Kong Youth Music Interflows

Symphonic Band Interflow (Secondary School Senior Class) Gold	SPCC Wind Band
	5E Cheng Yig Gwan Odo
	5H Chan Tsz Ho

2022 Grantham Music Awards for Piano Classes

3A Cheung Yi Ting Liana

2022 Hong Kong International Music & Arts Festival

Global Final

Piano Open Class - Children Class	1st	1E Lo Sum Yau
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Piano Own Choice Class - Junior Class A	2nd	1E Lo Sum Yau
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Piano Themed Class - Baroque Class A	1st	1E Lo Sum Yau
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Piano Themed Class - Piano Sonata Class	2nd	3A Cheung Yi Ting Liana
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Piano Themed Class - Romantic Class A	1st	1E Lo Sum Yau
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The 10th Hong Kong International Music Festival

Violin Junior	2nd	1A Tsui Renee Hei Ching
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Aesthetics and Creativity

85th Steinway & Sons International Children & Youth Piano Competition and 10th China Regional Final Competition

Group B	1st	1E Lo Sum Yau
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Beethoven Young Musician Competition

Piano - Junior	1st	1E Lo Sum Yau
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2nd Premia International Young Artists Music Festival

Piano Young Artist E	3rd	2D Poon Clarisse
Viola Young Artist III	1st	3D Wong Cheuk Ying Charmaine
Woodwind & Brass Young Artist E	1st	1A Kwan Leanne Hei Yi

Inter-cultural Young Musicians Competition 2022

String Age Group - Open Group	1st	3D Wong Cheuk Ying Charmaine
Piano Academic Year Group - S1-S3 Group	1st	1E Lo Sum Yau

Clara Schumann International Competition

Viola (Junior A)	2nd	3D Wong Cheuk Ying Charmaine
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10th Asia Kids & Teenagers Music Contest

Orchestral (2022) - Division : Open	Champion	3D Wong Cheuk Ying Charmaine
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2022 Hong Kong Music Talent & Performance Award

Diploma Open Class	Champion	3D Wong Cheuk Ying Charmaine
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International Global Music Talent Contest 2022

Strings Outstanding Performance Award	1st	3D Wong Cheuk Ying Charmaine
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International Fringe Music Festival and Competition

Virtuoso Woodwind Class	1st	3D Tsoi Tin Long
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Grand Metropolitan International Music Competition 2022

Piano	1st	2D Poon Clarisse
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Aesthetics and Creativity

London Young Musician 2022-2023 Season 2

Etude Performance	Gold	2D Poon Clarisse
Young Artist (Age 15 & under)	Gold	2D Poon Clarisse

10th Hong Kong International Youth Performance Arts Festival

Piano Age Group - Senior Class	2nd	3F Lai Chun
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Grantham Visual Arts Awards 2022

Junior Group	Winner	3A Chu Yan Ching
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Winning the Grantham Visual Arts Awards 2022 was a surreal achievement for me, spurring me on to pursue my passion in art. I learned so much through preparing for the competition, including how to utilise different techniques and styles to convey my ideas and sentiments.

The most formidable part of the competition was discovering my voice and style as an artist. There are so many astounding and diverse artists out there, and it can be tempting to imitate their styles or conform to trends. Nonetheless, I wanted to create something authentic and genuine, something that mirrors who I am and what I want to articulate. There were a lot of trial and error, experimentation and exploration, before I found my own artistic identity and expression.

Ultimately, I attained confidence in myself.

Last but not least, I would like to thank my school for the nomination and immense support throughout the process. While it is an honour and privilege to have been recognised for my art, I will strive to create more art pieces and to share them.

3A Chu Yan Ching

2022 UOB Art in Ink Awards

Landscape or Figurative: Senior Student Category	Silver Award	6B Yim Ho Yuet Carolyn
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International and Local Student Mail Art Competition

Group 4	3rd	3D Poon Hiu Ching
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Aesthetics and Creativity

Hong Kong School Drama Festival 2022-2023

Team

Adjudicators' Award

St. Paul's Co-educational College

5C Men Sze Yan

5D Lam Po Sin

5G Leung Lok Hei Charlotte

5H Kuan Yu Qian

4B Lai Cheuk Kiu

4G Chan Wing Yan Candy

4G Lin Wei Xin

4I Fu Wai Shun

4I Cheng Hoi Tung Matilda

3C Chan Clinton Denzel Patrick

3E Chung Hoi Ching Jobi

2E Ku Cheuk Luciana

2F Chung Ashley

St. Paul's Co-educational College

5C Men Sze Yan

5D Lam Po Sin

5G Leung Lok Hei Charlotte

5H Kuan Yu Qian

4B Lai Cheuk Kiu

4G Chan Wing Yan Candy

4G Lin Wei Xin

4I Fu Wai Shun

4I Cheng Hoi Tung Matilda

3C Chan Clinton Denzel Patrick

3E Chung Hoi Ching Jobi

2E Ku Cheuk Luciana

2F Chung Ashley

Award for Outstanding
Cooperation

Award for Outstanding Script

5D Lam Po Sin

5G Leung Lok Hei Charlotte

5H Kuan Yu Qian

Aesthetics and Creativity

Individual	Award for Outstanding Performer	5D Lam Po Sin 5G Leung Lok Hei Charlotte 4G Chan Wing Yan Candy 4G Lin Wei Xin 4I Fu Wai Shun 4I Cheng Hoi Tung Matilda
	Award for Outstanding Director	5D Lam Po Sin 5G Leung Lok Hei Charlotte 5H Kuan Yu Qian
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The ISF Academy Chess Open 2023 Secondary Section (Female)	1st	3A Ah Chong Leonie Ye
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第 12 屆彩繪夢想香港藝術菁英繪畫大賽 書法	冠軍	三己 鄭卓令
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第 12 屆小棋聖盃全港學界棋藝大賽 國際象棋高中及大專組	亞軍	五甲 王靖航
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國學盃「論語」毛筆書法比賽 中學組	二等獎	三己 鄭卓令
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75th Hong Kong Schools Music Festival Group		
Brass Ensemble - Junior	Gold Award	SPCC Wind Band
Harmonica Ensemble	Silver Award	SPCC Harmonica Orchestra
	Silver Award	SPCC Harmonica Orchestra
	Silver Award	SPCC Harmonica Orchestra
	Silver Award	SPCC Harmonica Orchestra
String Ensemble - Senior	Gold Award	SPCC Symphony Orchestra
String Orchestra - Intermediate	Gold Award	SPCC Camerata Strings
Woodwind Ensemble		
Quartet, Quintet and Octet	Gold Award	SPCC Symphony Orchestra
Senior (Same Instrument)	Gold Award	SPCC Wind Band
	Silver Award	SPCC Wind Band

Aesthetics and Creativity

Vocal Ensemble - Foreign Language

Female Voice Vocal Ensemble - Age 19 or under

Gold Award

Gold Award

Silver Award

Male Voice Vocal Ensemble - Age 19 or under

Silver Award

Mixed Voice Vocal Ensemble - Age 19 or under

Gold Award

Gold Award

Silver Award

Silver Award

Silver Award

Vocal Ensemble for Treble Voice - Age 14 or under

Gold Award

Gold Award

Silver Award

SPCC Senior Mixed Voice Choir

SPCC Treble Choir

SPCC Treble Choir

SPCC Senior Mixed Voice Choir

SPCC Senior Mixed Voice Choir

SPCC Senior Mixed Voice Choir

SPCC Senior Mixed Voice Choir

SPCC Senior Mixed Voice Choir

SPCC Senior Mixed Voice Choir

SPCC Treble Choir

SPCC Treble Choir

SPCC Treble Choir

Individuals

Bassoon Solo - Senior

2nd

Cello Concerto

3rd

Clarinet Solo

Senior

3rd

Junior

1st

Descant Recorder Solo - Age 16 or under

2nd

Female Voice Duet

Age 19 or under

1st

Age 14 or under

1st

2nd

3A Shek Ryan King Chi

2B Lam Hay Shuen Lucida

5H Chan Tsz Ho

2C Li Wing Kiu

1G Wong Yat Laam

4C Xie Pui In Candy

5D Wong Lok Tung

2F Wong Hei Tung

1C Wong Ching Hei

2D Poon Clarisse

Flute Solo

Senior

1st

2nd

Junior

2nd

3rd

2A Kwan Leanne Hei Yi

3D Tsoi Tin Long

3E Leung Ya Xuan Joelle

1C Lai Chun Ting

Aesthetics and Creativity

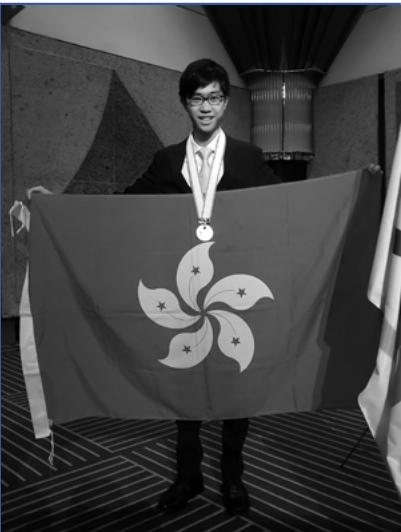
French Horn Solo		
Senior	2nd	5B Chang Wang Ho Moses
Junior	3rd	3C Wong Yat To
Graded Piano Solo		
Grade Eight	1st	3F Lai Chun
	2nd	4H Lo Yee Ling Eugenia
	3rd	3D Wong Obrie
Grade Seven	2nd	2E Chen Sze Ho Chelsea
	3rd	1C Chan Ho Long
		3C Wong Hei Man Carrie
		2A Shum Hoi Ching Christie
Grade Six	2nd	1A Wong Yang Vania
Grantham Music Awards		
Western Instrumental Classes		
Strings - Viola		1A Tsui Renee Hei Ching
Woodwinds, Brass and Percussion - Flute		2A Kwan Leanne Hei Yi
Woodwinds, Brass and Percussion - Oboe		4B Lo Hin Chun
Harmonica Solo - Junior	2nd	1D Leung Tsz Ying Sophia
Marimba Solo	3rd	2A Lung Tsz Ying Cerise
Oboe Solo - Senior	1st	4B Lo Hin Chun
Piano Concerto - Age 13 or under	1st	1E Lo Sum Yau
Piano Duet - Senior	2nd	2D Poon Clarisse
Tom Lee Music Prize for Brass Concerto	2nd	5E Lam Jee Yau
Treble Recorder Solo - Age 19 or under	1st	3E Leung Ya Xuan Joelle
Viola Solo		
Senior	1st	1A Tsui Renee Hei Ching
	3rd	3D Wong Cheuk Ying Charmaine
Violin Concerto		
Age 19 or under	1st	3D Wong Cheuk Ying Charmaine
Violin Solo		
Grade Seven	2nd	3A Chu Yan Ching
	3rd	1C Yip Si Hang

Aesthetics and Creativity

Grade Six	1st	1D Ley Charlton Elvis
	2nd	1B Au Pui Sze
Grade Five	2nd	2B Pan Yan Pei
	3rd	1B Lo Yan Lok Enoch
Vocal Solo - Foreign Language		
Female Voice - Age 16 or under	3rd	5D Wong Lok Tung
Female Voice - Age 14 or under	1st	3D Wong Cheuk Ying Charmaine
	2nd	1C Siew Lok Ting
	3rd	3C Chan Hiu Lam
		2A Lai Caitlin Gretchen
		1A Wu Chi Ying
		1C Wong Ching Hei
Woodwind Concerto	1st	2A Kwan Leanne Hei Yi
	2nd	4B Lo Hin Chun
Xylophone Solo	2nd	2A Lung Tsz Ying Cerise
青苗琴行中國樂器獎學金	亞軍	五甲 李曉盈
聲樂獨唱 - 中文		
女聲 - 16 歲或以下	亞軍	四庚 李愷翹
女聲 - 14 歲或以下	冠軍	二甲 黎 懿
	季軍	三丙 陳曉琳
		三丁 黃卓盈
		一戊 利芊穎
鋼琴獨奏		
中國作曲家 - 中級組	亞軍	二庚 楊尚樺

Mathematics, Science and Humanities

International Mathematical Olympiad 2023



Gold Medal
Bronze Medal

6A Chu Cheuk Hei
5F Ng Hok Lai

As a young boy, I had dreamt of competing on the highest stage of Olympiad mathematics one day – coming together with contestants from over 100 countries at the International Mathematical Olympiad (IMO). This summer – my last before graduation, I finally had the opportunity to attend the IMO physically in Chiba, Japan, after six years of intense preparation and participating in the contest virtually three times. It was nothing short of what I could ever imagine – collaboratively solving geometry problems with my Greek and Spanish neighbors to the sound of wadaiko drums at the opening, brainstorming fixes to solutions on Disneyland rides, playing pac-man while discussing contest problems with fellow contestants – it was truly a week of transformative experiences. And as we all joined in dancing to an ondo on prime numbers during the farewell party, it was when we really felt the power of mathematics – a universal language that transcends all differences.

Now with the fulfillment of a childhood dream I have gone after for years, it is time for me to pursue my newfound dreams abroad. Looking back on this marvelous journey, I am most grateful to our College and every mentor who has guided me on my way – without whom, I would never have made it this far. And to the many St. Paulians-to-come who share my passion and dreams, I pass the baton on to you – and hopefully I'll see you at one of the Hong Kong team training sessions!

6A Chu Cheuk Hei

International Mathematical Olympiad Preliminary Selection Contest - Hong Kong 2023

Gold Award
Silver Award

Bronze Award

5A Lai Wai Lok
5F Ng Hok Lai
4A Wong Ka Yeung
4E Chan Kwan Yu
4I Yiu Yeuk Wan
5E Yeung Ning Kiu
3F Lee Inna Belle
1G Sze Long

Asian Pacific Mathematics Olympiad 2023

Gold Award
Bronze Award

6A Chu Cheuk Hei
5F Ng Hok Lai

Mathematics, Science and Humanities

The 9th Annual International Mathematical Modeling Challenge

International Contest of Greater China	Finalist	4E Chan Kwan Yu
		4I Zheng Kai
		4I Yiu Yeuk Wan
		3E Lo Chun Lam
The Regional Contest of Greater China	Finalist	4E Chan Kwan Yu
		4I Zheng Kai
		4I Yiu Yeuk Wan
		3E Lo Chun Lam

40th Hong Kong Mathematics Olympiad

	1st Runner-up	St. Paul's Co-educational College
		5A Lai Wai Lok
		5F Ng Hok Lai
		4E Chan Kwan Yu
		3A Qiao Lok Hei
		3F Leung Yat Hei
		1G Sze Long

True Light Girls' Invitational Mathematics Contest 2022

Group	1st Runner-up	St. Paul's Co-educational College
		4I Soo Pan Sum
		3F Lee Inna Belle
		3G Fu Kexin
		2D Poon Clarisse
Individual	Distinction	3F Lee Inna Belle
		3G Fu Kexin
		2D Poon Clarisse

The Competition on the Mathematics of Information 2022-2023

	Gold Award (2nd)	4E Chan Kwan Yu
	Silver Award	5H Tham Jenson Andrew
		2B Yan Ho Yeung Ronald
	Bronze Award	5H Kuan Yu Qian

Mathematics, Science and Humanities

2022-2023 Statistical Project Competition for Secondary School Students

Senior Section	Distinguished Prize	5A Lui Yiu Hong
		5A Wei Mei Wa
		5C Tang Hoi Wa Florence
		5D Kam Ching Lam
		5D Wong Tsz Tung
		5D Yenn Ho Ching
Junior Section	2nd Prize	2E Cheung Ka Cheung
		2E Lam Chun Hin

Mathematics Project Competition for Secondary Schools 2022-2023

Category A: Junior Secondary Project	2nd Runner-up	3C Chan Clinton Denzel Pak Hei
		3C Lim Hiu Kwan Anson
		3E Lo Chun Lam
		3E Wong Cheuk Lok
		3F Lee Inna Belle
		3G Huang Kui Lam Angus

13th Hong Kong Mathematics Creative Problem Solving Competition for Secondary Schools

	1st Runner-up	St. Paul's Co-educational College
		2B Yan Ho Yeung Ronald
		2B Yang Chun Chak
		1A Chan Wun Tung
		1E Yu Stephen

IB Mathematics Competition Using the TI-Nspire CX 2023

	Gold Award	5H Tham Jenson Andrew
		5I Yuen King To Jonathan
	Silver Award	5H Kuan Yu Qian
		5H Suen Ming To
		5I Mao Kaiqi Tiffany
	Bronze Award	5H Lo Tsz Ying
		5I Ngan Ching Yan

Mathematics, Science and Humanities

Hong Kong Physics Olympiad 2022

Team

Best School Award

St Paul's Co-educational College

Individual Award

1st Honour

5F Ng Hok Lai

5H Suen Ming To

4A Wong Ka Yeung

2nd Honour

5A Ng Shuk Hei

5E Au Yeung Cheung Wai

4C Chau Chun Yin

3rd Honour

5A Lau Pak Hei

5H Tham Jenson Andrew

Sing Yin Physics Olympiad 2022

1st Runner-up

5A Tai Chun Hei

2nd Runner-up

5H Suen Ming To

Sing Yin Physics Olympiad 2023

Champion

4C Chau Chun Yin

Hong Kong Physics Olympiad 2023

Team

Best School Award

St Paul's Co-educational College

Outstanding Student Performance Award

1st Runner-up

3A Qiao Lok Hei

2nd Runner-up

4C Chau Chun Yin

Best Junior Student

3A Qiao Lok Hei

Individual Award

1st Class Honour

4C Chau Chun Yin

4E Chan Kwan Yu

3A Qiao Lok Hei

2nd Class Honour

4C Xu Zhiqin

4I Yiu Yeuk Wan

3B Kong Yiu Wang Jayden

3F Leung Yat Hei

3rd Class Honour

4C Jung Yeon Jae

4D Kung Yan Long

Honourable Mention

4A Wong Joyce Sin Sze

3C Choi Shin Hang

Mathematics, Science and Humanities

Chemists Online Self-study Award Scheme 2022

Individual

Diamond Award

6I Yip Angela Shuting	5G Liu Ho Ming
5A Ng Tin Yau	5G Lai Ho Yuet Kristie
5A Tai Chun Hei	5G Yip Man Yui
5A Wong Shue Hei	5H Hui Yun Fung Raphael
5B Fung Lok Sum	5H Hui Sum Nam
5B Lau Tsoi Yu	5H Lam Sze Hang
5B Lo Wai Kiu	5H Lo Tsz Ying
5B Wang Peixuan	5I Chow Hiu Yin
5C Li Tin Wai	5I Yiu Jayden
5D Ma Hoi Laam Vanessa	4G Chu Ka Hin
5D Tang Kwan Kiu Valerie	4G Choy Shun Yan Bernice
5E Dong Sharon	4H Kwok Valerie Tin Wing
5E Yeung Ning Kiu	4H Wong Phillippa Samantha
5F Lai Hiu Yeung	

International Chemistry Quiz (ICQ) 2022

Senior Division (F.5 - Year 11)

HD Excellence

6B Chow Yuet	6D Tang Ngou Ching
6D Leung Nok Sze	6H Chan Jonathan
6A Dou Yui Hin Hermes	6B Chan Kwan Yi Christine
6I Yip Angela Shuting	

High Distinction

Intermediate Division 1 (F.4 - Year 10)

High Distinction

5A Tai Chun Hei	5E Yeung Ning Kiu
5A Tse Kin Long	5G Ho Hong Tat Adam
5A Wong Shue Hei	5G Liu Ho Ming
5A Yuen Ka Tung	5G Lai Ho Yuet Kristie
5A Chen Summer Jiyu	5H Tham Jenson Andrew
5D Li Hei Yi	5I Ngan Ching Yan
5D Wong Tsz Tung	

Junior Division 2 (F.3 - Year 8)

HD Excellence

High Distinction

4D Lai Ho Kong Bryan	4G Mak Wing Tung Gloria
4A Wong Joyce Sin Sze	4H Kwok Valerie Tin Wing
4I Au Ka Yui	

Mathematics, Science and Humanities

34th International Biology Olympiad

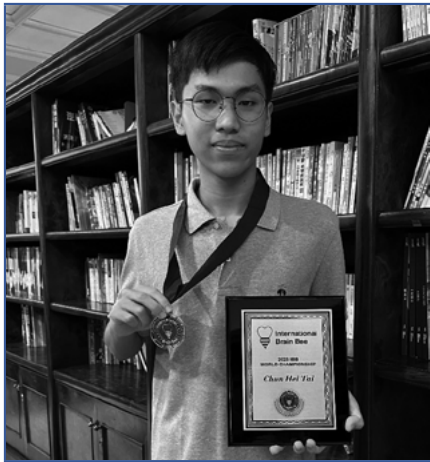
	Silver Medal	5A Tse Kin Long
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International Biology Olympiad – Hong Kong Contest 2022

	Silver Award	5A Ng Shuk Hei 5A Tai Chun Hei 5A Tse Kin Long 5I Mao Kaiqi Tiffany 4A Wong Ka Yeung
	Bronze Award	5C Li Tin Wai

2023 International Brain Bee Competition

	World Champion	5A Tai Chun Hei
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What is the science behind consciousness? This is simple question that has led me down the rabbit hole of neuroscience and kept me motivated to scrutinise a 600-page textbook in search of a non-existent answer. The effort was not in vain, however; it helped me prepare for the International Brain Bee, and most importantly, I learnt enough about neuroanatomy and neurophysiology to appreciate the recent developments in this rapidly growing field. Despite being crowned the world champion, I can confidently say that I have only scratched the tip of the iceberg. The enlightening lectures delivered by the keynote speakers on various topics, such as the neuroscience of creativity, showed us how much remains to be explored. Apart from lectures and academic discussions, the social and cultural exchange programme was amazing. I enjoyed my time with other extraordinary contestants, and I look forward to meeting some of them in person next year at the FENS Forum 2024.

5A Tai Chun Hei

Hong Kong Brain Bee Competition 2023

Team	2nd	St. Paul's Co-educational College
Individual	Champion	5A Tai Chun Hei
	1st Runner-up	5G Ho Hong Tat Adam
	2nd Runner-up	4G Mak Wing Tung Gloria

Mathematics, Science and Humanities

International Psychology Olympiad 2023

Gold Award	6G Chong Yi Nga
	6G Leung Lok Hei Charlotte
Silver Award	6G Chan Yan Lam
	6G Ho Cheryl Cheuk Yan
	6I Mok Sum Kiu

Hong Kong Biology Literacy Award 2022-2023

Written Test	1st Class Honours	5A Chan Man Fei Fiona
		5E Chan Tin Shut
	2nd Class Honours	5C Li Tin Wai
		4H Lo Man Yi Kristen

International Junior Science Olympiad 2023 (Hong Kong Screening)

Team	Champion	3A Qiao Lok Hei
		3B Chan Hubert
		3B Kong Yiu Wang Jayden
		3B Wong Yik Ka
		3E Wong Cheuk Lok
		3F Lee Inna Belle
Individual	1st Class Honour	3A Qiao Lok Hei
		3B Chan Hubert
		3B Kong Yiu Wang Jayden
		3B Wong Yik Ka
		3E Wong Cheuk Lok
	2nd Class Honour	3F Lee Inna Belle

Hong Kong Secondary School Health Exhibition Presentation Competition 2022

Team	1st Runner-up	5A Ng Tin Yau
		5A Tai Chun Hei
		5B So Chun Yin
		5B Cheng Zin Lai
		5B Cheung Ho Yan
		5B Lau Tsoi Yu

Mathematics, Science and Humanities

Healthy School Project Competition 2022-2023

Senior Team

1st Runner-up

4G Chen Kai Xin Tiffany
4G Cheng Shing Wai Joselyn
4G Chow Wing Tung
4G Choy Shun Yan Bernice
4G Mak Wing Tung Gloria

IEEE TENCON 2022 - Hong Kong Young Engineers@TENCON Conference

Group

Distinction

3A Qiao Lok Hei
3B Wong Yik Ka
3C Chan Clinton Denzel Pak Hei
3C Choi Shin Hang

Distinction

3B Chan Hubert
3B Lai Tin Yui
3B Lee Pui Wing Adeline
3B Tso Ka Yu

Best Project Award

2nd

3A Qiao Lok Hei
3B Wong Yik Ka
3C Chan Clinton Denzel Pak Hei
3C Choi Shin Hang

Best Poster Award

3rd

3A Qiao Lok Hei
3B Wong Yik Ka
3C Chan Clinton Denzel Pak Hei
3C Choi Shin Hang

Hong Kong Olympiad in Informatics 2022-2023

Junior Group

Gold Medal

5A Lai Wai Lok

Mathematics, Science and Humanities

JPC x BOC STEM-Up Innovation and Technology Competition 2022

Senior Secondary School Category

Excellence Award

5D Li Hei Yi
5H Suen Ming To
5I Zhang Yue Ning

Best Safety City Award
(Road Safety)

5D Li Hei Yi
5H Suen Ming To
5I Zhang Yue Ning

Junior Secondary School Category

Champion

2D Tang Wang Hin
2D Poon Clarisse

STEM+E Competition 2023

Entrepreneurship Track

Champion

4A Yue Yeuk Ngai Leo

2nd Runner-up

4G Lin Fong Yee

Most Valuable Player

4A Yue Yeuk Ngai Leo

Regional Track

Champion

3E Lei Sydney

23rd Millennium Entrepreneurship Programme

Outstanding Proposals Award

5C Tang Hoi Wa Florence
5D Kam Ching Lam
5D Yenn Ho Ching
5F Chong Hoi Yan

Junior Achievement Company Programme 2022-2023 (School-based Track)

Most Valuable Team Player

4G Choy Shun Yan Bernice

CP Achiever

4G Choy Shun Yan Bernice

Most Improved Team Player

4I Soo Pan Sum

Digi-Science Video Production Competition for Hong Kong Secondary Schools 2022-2023

Senior Secondary Division

Team

Merit Award

5H Suen Ming To
4G Chan Wing Yan Candy
4G Lin Fong Yee

Mathematics, Science and Humanities

Common Spatial Data Infrastructure (CSDI) Awards 2023

Senior Secondary Category	Champion	5D Kam Ching Lam
	Best Presentation Award	5D Kam Ching Lam
	Best Fit-to-Theme Award	5D Kam Ching Lam

2022 香港華羅庚金杯少年數學邀請賽 (決賽)

團體 (中學)	團體冠軍獎	聖保羅男女中學 二丁 吳卓謙 二丁 鄧宏軒 一庚 施 朗
個人 (中二組)	冠軍	二丁 鄧宏軒
	三等獎	二丁 吳卓謙
個人 (中一組)	一等獎	一庚 施 朗

2023 香港華羅庚金杯少年數學邀請賽 (決賽)

團體 (中學)	團體優異獎	聖保羅男女中學 二乙 楊春澤 二丁 伍恩孝 一丙 何家尚 一丁 林昊政
個人 (中二組)	銅牌獎	二乙 楊春澤
個人 (中一組)	亞軍	一丁 林昊政
	銀牌獎	一丙 何家尚

華夏盃全國數學奧林匹克邀請賽 2023 全國總決賽

中學三年級	三等獎	三己 李詠彤
中學二年級	二等獎	二乙 楊春澤
	三等獎	二戊 雷詠淇
中學一年級	一等獎	一丙 賴俊廷 一戊 劉楷瑞
	二等獎	一丙 王晴係
	三等獎	一乙 黃啟睿 一庚 許馨木

Mathematics, Science and Humanities

2022-2023 香港青少年數學精英選拔賽

	一等獎	三庚	黃鉅霖
	二等獎	三丙	陳柏熹

第十九屆泛珠三角及中華名校物理奧林匹克邀請賽

綜合試	二等獎	五辛	孫銘陶
		四甲	黃嘉揚
力學基礎試	三等獎	三甲	喬樂熙

第 39 屆全國中學生物理競賽

省級賽區	一等獎	六甲	藍仲宏
		五甲	戴雋曦
		五辛	孫銘陶
決賽	二等獎	六甲	藍仲宏
	三等獎	五甲	戴雋曦
		五辛	孫銘陶

粵港澳大灣區 STEM/AI 挑戰賽 2022

香港區	季軍	四丁	張靖澧
		四丁	李柏澄
		四庚	蔡淳欣
		四壬	蔡 樂

Mathematics, Science and Humanities

粵港澳大灣區 STEM/AI 挑戰賽 2023
決賽



香港區

「他」來自宇宙 – 太空種子種植體驗計劃
中學組種植報告比賽

一等獎

季軍

金獎

三戊 盧晉林
三戊 黃卓樂
三戊 胡柏謙
三戊 蕭穎晞
三庚 黃鉅霖
三庚 吳家喬

三戊 盧晉林
三戊 黃卓樂
三戊 胡柏謙
三戊 蕭穎晞
三庚 黃鉅霖
三庚 吳家喬

三丙 李柏譽
三丙 陳曉琳

We participated in the Greater Bay Area STEM/AI Challenge 2023 competition and were placed second overall.

The final competition consisted of multiple rounds. In each round, while the cars were picking up wooden blocks, my task was to monitor the AI-controlled car and make adjustments when necessary. It was not an easy job as the car often behaved unexpectedly, and we had to figure out what went wrong. When issues occurred, I helped come up with solutions - usually bug fixes. However, in the semi-final round, I devised a strategy to win without even using our AI-controlled car.

The competition taught me the importance of thinking on my feet. Each round of the competition was only 10 minutes, so any problems with the cars needed to be dealt with as quickly as possible. By being flexible, I could help solve the problems promptly, giving us more time to pick up wooden blocks and secure our victory.

3E Wong Cheuk Lok

Mathematics, Science and Humanities

	銀獎	三丙 古舒心 三丙 柯綽琳 四甲 余躍猷 四甲 歐陽樂兒 四乙 馮宇珽 四乙 黃昭然 四丁 李浚堯
第十一屆校際香港歷史文化專題研習比賽 高級組甲項 (文字報告)	冠軍	五丁 柯樂意 五丁 李卓秦 五丁 劉璟漪 五丁 潘 婧
「文史築跡•玩創歷情」VR 創作比賽	季軍	二丁 李文謙 二丁 伍恩孝
第一屆全港中學地質大搜查	全場總冠軍	聖保羅男女中學 – 白蘭花崗岩 五丙 張歷恆 五丙 趙海妍 五丙 袁怡臻
	金獎	聖保羅男女中學 – 白蘭花崗岩 五丙 張歷恆 五丙 趙海妍 五丙 袁怡臻
2023《憲法》及《基本法》全港校際問答比賽 中學組	季軍	五甲 沈 然 四甲 曾銘聰 四丙 鄭熾載
	十八區優秀學校獎 最佳打氣獎	聖保羅男女中學 聖保羅男女中學 五甲 陳俊廷

Mathematics, Science and Humanities

五乙 林溢懿
五乙 梁諾晴
五乙 王 榮
五乙 張皓欣
四乙 吳梓滔
四戊 李安穎
一乙 劉子菲
一乙 王愷喻

2023《憲法》及《基本法》全港校際演講比賽
初中組

最佳演講獎

二丁 潘浹淳

2023 國家安全網上問答比賽
中學組

亞軍
優異獎

四丁 周樂謙
四丁 李柏澄

Language and Culture

Trinity Drama and Speech Examinations

Communication Skills

Grade 8

Distinction

4G Chow Wing Tung
4G Mak Wing Tung Gloria
4H Qu Haomiao
4H Kwok Valerie Tin Wing
3C Chow Pak Kiu

Grade 7

Distinction

Cambridge Hong Kong and World Affairs Essay Competition

English Category

3rd

5B Lam Yat Yee

Cambridge Hong Kong and International Affairs Essay Competition

English Section

Honourable Mention

5G Pang Wing Sang Christine

Mediation Essay Competition 2022

Junior Division

2nd Runner-up

2D Poon Clarisse

5th Hong Kong Linguistics Olympiad

Bronze Medal

5G Chan Yan Lam

The Hong Kong Young Writers Awards 2023

Poetry Group 3

Highly Commended

2D Tang Yik Yan

3rd One Health COVID-19 Writing Competition

Open Stream (Personal Reflection)

Senior

Outstanding Writing Award

4G Mak Wing Tung Gloria

Junior

2nd

1D Yu Ming Wai Bernice

MI Young Writers Award 2023

Senior

4th Runner-up

4C Jung Yeon Jae

Harvard GlobalWE Essay Contest 2022-2023

Winner

5G Lai Ho Yuet Kristie

Language and Culture

Cambridge Asia British Parliamentary Championships 2022

6th Best Junior Speaker

5H Chong Cheuk Hei

Hong Kong Senior Schools Debating Championships 2022

Top 10 Speaker

5H Chong Cheuk Hei

World Schools Debating League Asia Spring 2023

Junior Division

Top 10 Speaker

3A Ma Tuen Hang Luann

SPARK 2023

Top 10 ESL Speaker

2B Chan Siu Yin

8th Linkbate Debating Championships

U16 Finalists

4H Kwok Valerie Tin Wing

4H Lo Man Yi Kristen

4th International Parliamentary Debating Competition

Lower Secondary Division, Open

Champion

3E Qi Tin Yu

3E Pang Hoi Wing Sophie

Best Speaker

2G Fong Charmaine

2nd Best Speaker

2G Yang Katelyn Sophie Ting Nga

Hong Kong Secondary Schools Debating Competition

2022-2023 Grand Finals Hong Kong Island Middle

Enhanced Format - Team

1st Runner-up

2E Liu Wai Kiu Eunice

2F Choi Yan Kiu Sabrina

2F Ng Lok Lam Allison

1st Runner-up

1A Chang Ho Yau

1B Choi Tsz Hei

1D Leung Tsz Ying Sophia

Hong Kong Economic Times TOPick English Writing Contest 2023

Secondary (S1-S3)

2nd Runner-up

3D Xiao Yu Ching

Language and Culture

SOW Campaign 2022-2023 - Motivational Talk Contest
Senior Secondary

Outstanding

4A Wong Joyce Sin Size

星島第三十八屆全港校際辯論比賽
中文組

冠軍

六甲 古冰心
五乙 黃鎧澄
五丁 麥鎮麟
四己 苗琪晞
四庚 麥穎琪
三丙 陳曉琳
三丙 古舒心
四己 苗琪晞

最佳辯論員



2023 年 5 月 12 日，是個特別的日子，是保羅中辯奪得星島冠軍的日子。

星島這趟旅程我們走了一遍又一遍，幾次初賽出局，過往最佳成績也只是兩度飲恨落敗獲得亞軍。今年我們放下包袱，在第三十八屆比賽中重新出發，懷著謙卑的心，希望能有多遠，走多遠，最終走過了六場賽事，成為了 152 支參賽隊伍中的最後兩強，在決賽中再次戰鬥。

在伊館這個如此耀眼的舞臺上被聚光燈包圍，享受著眾人的目光，我們將所堅信的內容由心而發地娓娓道來，一切都好像夢一般。但夢或許會成真，最後我們成功捧走冠軍寶座。冠軍於我們而言不只是一個獎項，更是保羅中辯在經歷了無數次落敗的沮喪後，獲得的回報與肯定。

感謝校方一直以來的支持；感謝各位老師在每次會議中提供協助；感謝師兄师姐和其他前來觀看賽事的同學；感謝這一年來各位隊員的共同付出和努力，亦感謝賽會和一路以來的對賽學校。

保羅中辯會好好享受辯論的感覺，繼續向前行。

六甲 古冰心、五乙 黃鎧澄、五丁 麥鎮麟
四己 苗琪晞、四庚 麥穎琪、三丙 陳曉琳、三丙 古舒心

Language and Culture

第二十一屆基本法多面體－全港中學生辯論賽	全港八強	聖保羅男女中學
第三屆港澳中學辯論錦標賽	總冠軍	五乙 黃鎧澄 五丁 麥鎮麟
	金獎	四己 苗琪晞 五乙 黃鎧澄 五丁 麥鎮麟
	最佳辯論員	四己 苗琪晞 五丁 麥鎮麟
第十九屆全港中學「兩文三語」菁英大比拼 初級組	冠軍	三甲 馬端行
中國語文菁英計劃 2022-2023 中學組	金獎	三戊 李燮柔
	銅獎	三甲 馬端行
第二十五屆全港中小學普通話演講比賽 全港初中組	季軍	三己 傅舜盈
第十二屆大學文學獎	少年作家獎	四庚 麥穎桐
第十四屆「春雨故事由我創」比賽 中學組	冠軍	二戊 張翹
學友社「第三十一屆全港中學生十大新聞選舉」新聞評述比賽 (中文組) 初中組	冠軍	二丁 潘浹淳
中國語文教育研究學會第九屆「我是書蟲」菁英組比賽	冠軍	一己 李嘉鴻

Language and Culture

第二十九屆聖經朗誦節

中一至中三組
廣東話獨誦
普通話

亞軍
亞軍

三己 胡曉彤
一丁 藍洛希

74th Hong Kong Schools Speech Festival

Solo Verse Speaking - Open

Champion
2nd Runner-up
Champion

3B Lee Pui Wing Adeline
1C Choy Tung Lam
3B Chan Hubert
3D Lam Nok Hei
3E Ip Chiu Tung
3F Leung Yat Hei
3F Woo Hiu Tung
3F Yip Sze Lui Clara
2C Chung Cheuk Lam
2C Fung Yu Yu
2F Chung Ashley
1B Szeto Yat Haru
1D Gao Zehan
1D Lee Wing Ka Alison
1E Lam Hou
1E Law Shun Yan
1F Wong Christian Jake
1G Mok Audrey See Kan

Solo Verse Speaking - Non-Open

1st Runner-up

5F Yiu Chun Hei Patrick
4C Xie Pui In Candy
4E Jung Ching Wai
4H Qu Haomiao
3C Cheuk Sum Yu
3E Leung Ya Xuan Joelle
2A Chan Wai Kiu
2A Wang Ching Ngar
2B Lin Sum Yuet Mary

Language and Culture

		2C Lam Tsz Ki
		2C Tse Hoi Ching Rachel
		2G Wong Chak Yan
		1B Chan Yik Long
		1C Wong Ching Hei
		1F Lau Cheuk Long
		1G Kwok Tsz Kwan Austin
	2nd Runner-up	3B Tso Ka Yu
		3C Lau Yan Hei
		3C Mok Si Kei
		3D Lee Pui Yan Beatrice
		3E Chung Hoi Ching Jobi
		2C Leung Trevor Ka Heng
		2C Yeung Yin Jun Gennie
		1A Kwok Tsz Chiu Brandon
		1A Poon Lok Ngo
		1D Ley Charlton Elvis
		1G Mok Audrey See Kan
		1B Szeto Yat Haru
		3B Chan Hubert
		3D Lee Pui Yan Beatrice
		2G Wong Chak Yan
		3B Au Chun Hei
		1F Yuen Shannon Wang Ching
		1G Mok Audrey See Kan
		5G Chong Yi Nga
		3C Or Cheuk Lam Cynthia
		5B Wong Kai
		3G Cho Joshua Chi Ho
		2D Poon Clarisse
		3B Tso Ka Yu
		5C Men Sze Yan
		2D Tang Yik Yan
Solo Prose Speaking - Open	Champion	
Solo Prose Reading - Non-Open	Champion	
	1st Runner-up	
	2nd Runner-up	
Public Speaking Solo	Champion	
	2nd Runner-up	
Shakespeare Monologue - Open	2nd Runner-up	
Shakespeare Monologue - Non-Open	1st Runner-up	
	2nd Runner-up	

Language and Culture

Dramatic Duologue		2nd Runner-up		4H Qu Haomiao	
News Feature Presentation		Champion		4H Seto Ching Grace	
				4I Yiu Yeuk Wan	
				1F Lau Cheuk Long	
第七十四屆香港學校朗誦節					
女子粵語詩詞獨誦	冠軍	四己	李綽怡		
	季軍	一戊	林彤薰	一己	袁泓澄
男子粵語詩詞獨誦	冠軍	二己	李宇心	一己	劉焯朗
	亞軍	五己	姚震熹		
女子普通話詩詞獨誦	季軍	三庚	黃鉅霖	二丁	伍恩孝
	冠軍	四辛	奚世霖	二甲	田樂童
		二丙	莊晞瑜	二丙	馮若渝
		二丙	林梓淇	二丁	潘浹淳
		一丁	藍洛希		
	亞軍	三己	李詠彤	二己	鍾宛汐
	季軍	四己	李綽怡	四庚	李愷翹
男子普通話詩詞獨誦	亞軍	三丙	古舒心	二庚	陳潔心
	冠軍	一乙	司徒洸		
女子粵語散文獨誦	冠軍	三乙	曹嘉瑜	二戊	尤敏瑜
		一丙	蕭洛婷		
	亞軍	一戊	林彤薰		
	季軍	三己	胡曉彤	二丁	潘浹淳
男子粵語散文獨誦	冠軍	二丁	鄧奕欣		
		二甲	徐達之	一乙	司徒洸
		一戊	羅淳恩		
	亞軍	一丁	利柏賢		
	季軍	二丁	伍恩孝	一己	劉焯朗
女子普通話散文獨誦	冠軍	四庚	李愷翹	三甲	馬端行
		三戊	陳可潼	二乙	陳旻禧
		一丁	藍洛希		
	亞軍	四己	袁彩盈	四辛	奚世霖
		四辛	瞿昊焱	三戊	梁雅鏹
		三戊	李燮柔	二甲	田樂童
		二丁	鄧奕欣		

Language and Culture

男子普通話散文獨誦	季軍	三丙	古舒心	三己	葉詩蕾
二人朗誦	季軍	三庚	黃鉅霖		
	冠軍	三戊	陳可潼	三戊	黃靖喬
	亞軍	三甲	馬端行	三乙	林雨祺
		三乙	甄朗晴	三丙	陳曉琳

Sports

Shine Tak Foundation Outstanding Junior Athlete Awards

6B	Chan Nok Sze Daphne
6D	Leung Ya Lei Janelle

A.S. Watson Group HK Student Sports Award 2022-2023

Scholarship Certificate	6B	Chan Nok Sze Daphne
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HKSSF Inter-school Fencing Competition

Team Women's Foil	1st Runner-up	6D	Leung Ya Lei Janelle
		5B	Cheng Zin Lai
		5H	Hui Sum Nam
		3E	Leung Ya Xuan Joelle
Girls			
A Grade			
Epee	2nd Runner-up	6G	Chen Haiying
Foil	Champion	5B	Cheng Zin Lai
	1st Runner-up	6D	Leung Ya Lei Janelle
	2nd Runner-up	5H	Hui Sum Nam

B Grade		
Foil	2nd Runner-up	3E Leung Ya Xuan Joelle
Sabre	2nd Runner-up	2C Li Yinle Alyssa
Boys		
A Grade		
Epee	Champion	6A Lee Kwan Hon Andrew
B Grade		
Epee	2nd Runner-up	2D Lee Kwan Yiu Adrian
Foil	1st Runner-up	3F Leung Yat Hei
<hr/>		
2022 Asian Under 23 Fencing Championships (Kuwait)		
Women's Foil		
Team	1st Runner-up	6D Leung Ya Lei Janelle
Individual	2nd Runner-up	6D Leung Ya Lei Janelle
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FIE Satellite Tournament (Singapore)		
Women's Foil	1st Runner-up	6B Chan Nok Sze Daphne
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FIE Junior World Cup 2022 (Bangkok)		
Women's Foil	Champion	6B Chan Nok Sze Daphne
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Asian Junior & Cadet Fencing Championships 2023 (Uzbekistan)		
Team Women's Epee Cadet	2nd Runner-up	3B Lon Chin Yau
Team Men's Sabre Cadet	1st Runner-up	5D Li Junyan Aaron
<hr/>		
Hong Kong Fencing Association Challenge Cups Fencing Championships		
Women's Foil	1st Runner-up	6B Chan Nok Sze Daphne
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Hong Kong Fencing Association Under 20 Fencing Championships 2023		
Junior Men's Sabre	2nd Runner-up	5D Li Junyan Aaron
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Hong Kong Fencing Association Under 14 Fencing Championships 2022		
Women's Epee	1st Runner-up	3B Lon Chin Yau

Hong Kong Junior Squash Ranking Tournament 2022

Girls Under 15	3rd Runner-up	3D Tse Chi Ting Anson
Hong Kong Junior Squash Challenge Competition 2022		
Girls Under 15	3rd Runner-up	3D Tse Chi Ting Anson
Celebration of the 25th Anniversary of the Establishment of the HKSAR Hong Kong Squash Cup 2022		
Women's A Grade	Champion	3D Tse Chi Ting Anson
Celebration of the 25th Anniversary of the Establishment of the HKSAR Hong Kong Junior Squash Championships 2022		
Girls Under 15	2nd Runner-up	3D Tse Chi Ting Anson
HKSSF Inter-school Swimming Competition (Division One)		
Boys B Grade		
100m Back Stroke	4th	3F Kwok Man To Cedric
HKSSF Inter-school Swimming Competition (Division Two)		
Girls Overall	Champion	St. Paul's Co-educational College
Girls B Grade	1st Runner-up	4F Yau Tsz Pui
		3A Ting Sin Heng Shannon
		3B Tso Ka Yu
		3C Ng Cho Wun
		3D Yang Caitlin Bing-Yi
		3E Fung Yuen Ki
		3F Lee Wing Tung
		2B Poon Andrea Sze Wing
		1G Tong Shek Yan Hailey
Girls C Grade	Champion	2A Qiu Caroline
		2D Poon Clarisse
		2F Liu Shannon Lai Yin
		1C Chan Wing Yan Abigail
		1C Fung Hei Yiu
		1D Lan Jasmine Lauren

Girls

A Grade

4x50m Medley Relay

4th

1D Yu Ming Wai Bernice
1E Wong Tsz Huen
1F Mak On Sun Caitlin

50m Back Stroke

Champion

5B Chan Hei
5B Ho Yui Ki Yoki
5E Tong Ki Ki
1E Hui Nok Shiloh

50m Breaststroke

4th

5B Chan Hei
5B Chan Hei

100m Breaststroke

2nd Runner-up

5B Ho Yui Ki Yoki

B Grade

4x50m Medley Relay

Champion

4F Yau Tsz Pui
3A Ting Sin Heng Shannon

50m Back Stroke

4th

3B Tso Ka Yu
3C Ng Cho Wun

50m Breaststroke

1st Runner-up

4F Yau Tsz Pui
3A Ting Sin Heng Shannon

50m Butterfly

2nd Runner-up

4F Yau Tsz Pui
3B Tso Ka Yu

100m Breaststroke

4th

3A Ting Sin Heng Shannon
3B Tso Ka Yu

200m Individual Medley

2nd Runner-up

4th

C Grade

4x50m Freestyle Relay

1st Runner-up

2A Qiu Caroline
2D Poon Clarisse
2F Liu Shannon Lai Yin
1C Fung Hei Yiu Hayley

4x50m Medley Relay

1st Runner-up

1C Chan Wing Yan Abigail
1D Lan Jasmine Lauren
1D Yu Ming Wai Bernice
1E Wong Tsz Huen

50m Breaststroke	1st Runner-up	1E Wong Tsz Huen
50m Butterfly	4th	1C Chan Wing Yan Abigail
50m Free Style	1st Runner-up	1D Lan Jasmine Lauren
100m Breaststroke	1st Runner-up	1D Lan Jasmine Lauren
	2nd Runner-up	1E Wong Tsz Huen
Hong Kong Age Group Long Course Swimming Championships 2022-2023		
Girls 11-12		
100m Breaststroke	1st Runner-up	1D Lan Jasmine Lauren
200m Breaststroke	2nd Runner-up	1D Lan Jasmine Lauren
Thailand Age Group Swimming Championships 2023		
50m Breaststroke	2nd Runner-up	1D Lan Jasmine Lauren
100m Breaststroke	1st Runner-up	1D Lan Jasmine Lauren
Age Group Short Course Time Trial 2022-2023		
Girls 11-12		
50m Breaststroke	2nd Runner-up	1D Lan Jasmine Lauren
100m Freestyle	2nd Runner-up	1D Lan Jasmine Lauren
Age Group Short Course Swimming Competition 2022-2023 (Division One)		
Girls 11-12 50m Breaststroke	1st Runner-up	1D Lan Jasmine Lauren
Age Group Short Course Swimming Competition 2022-2023 (Division Two)		
Girls 13-14 100 SC Meter IM	2nd Runner-up	1D Lan Jasmine Lauren
All HK Inter-secondary Schools Life Saving Competition		
Girls		
Team Overall	4th	St. Paul's Co-educational College
Junior Team Overall	4th	St. Paul's Co-educational College
		3A Ting Sin Heng Shannon
		3F Lee Wing Tung
		2A Qiu Caroline

- 2D Poon Clarisse
- 2F Liu Shannon Lai Yin
- 1C Chan Wing Yan Abigail
- 1C Fung Hei Yiu
- 1D Lan Jasmine Lauren
- 1D Yu Ming Wai Bernice
- 1E Wong Tsz Huen
- 1F Wang Sum Sui Helen
- 1G Tong Shek Yan Hailey

Senior Grade

100m Manikin Carry with Fins 4th

5B Chan Hei

Junior Grade

4x25m Manikin Relay 2nd Runner-up

3F Lee Wing Tung

2A Qiu Caroline

2D Poon Clarisse

1D Yu Ming Wai Bernice

100m Rescue Medley 2nd Runner-up

3A Ting Sin Heng Shannon

200m Obstacle Swim 4th

1D Lan Jasmine Lauren

200m Super Lifesaver 4th

3A Ting Sin Heng Shannon

Boys

Junior Grade

Line Throw 1st Runner-up

2B Chin Yi Heng

1st Runner-up

1D Zhang Yilin Linwood

100m Rescue Medley 4th

2F Sum Alfred Kyle

HKSSF Inter-school Athletics Competition (Division Three)

Girls Overall 2nd Runner-up

St. Paul's Co-educational College

Girls A Grade Overall 2nd Runner-up

St. Paul's Co-educational College

Girls C Grade Overall 2nd Runner-up

St. Paul's Co-educational College

Boys B Grade Overall 4th

St. Paul's Co-educational College

Girls

A Grade

4x100m Relay

1st Runner-up

6I Ng Huen Kiu

5G Chong Yi Nga

2E Lui Wing Ki

1B Wong Hoi Yu

1D Gan Ho Yan

1E Xie Susan

5G Chong Yi Nga

5D Yenn Ho Ching

6I Ng Huen Kiu

5G Chong Yi Nga

100m

1st Runner-up

400m

Champion

High Jump

Champion

Long Jump

Champion

B Grade

100m

4th

3A Law Tiana

Long Jump

1st Runner-up

2A Kwan Leanne Hei Yi

C Grade

4x100m Relay

Champion

2D Cheung Hau Tung Annabel

1A Cheung Cathy

1D Lan Jasmine Lauren

1F Chan Hong Yau

1F Sun Hiu Ching Alicia

1F Sun Hiu Ching Alicia

1F Sun Hiu Ching Alicia

2E Ku Cheuk Luciana

100m

1st Runner-up

200m

Champion

Shot Put

4th

Boys

B Grade

4x100m Relay

1st Runner-up

4D Li Chun Yiu

4G Chan Vernon

3G Ho Wang Ho

2G Cho Hin Man Hadden

1G Liang Xikun

4I Fung Leong Kwan

3A Poon Cyrus

4x400m Relay

4th

100m	2nd Runner-up	3C Leung Wing Chit
400m	Champion	2D Lee Kwan Yiu Adrian
Long Jump	4th	2D Yu Ka Long
C Grade		2G Cho Hin Man Hadden
200m	4th	3C Leung Wing Chit
1500m	1st Runner-up	3G Ho Wang Ho
Long Jump	1st Runner-up	
	2nd Runner-up	1G Lau Cheung Sing Jaren
		1F Lau Cheuk Long
		2E Zhu Zixi
		2F Lee Ho Kai

Central & Western District Age Group Athletic Meet 2022

Girls (Age 16-18)

100m	Champion	5G Chong Yi Nga
200m	Champion	5G Chong Yi Nga
400m	Champion	5D Yenn Ho Ching
800m	Champion	5D Yenn Ho Ching
1500m	Champion	5A Chen Summer Jiyu
Long Jump	Champion	5G Chong Yi Nga
	1st Runner-up	5D Yenn Ho Ching

Girls (Age 13-15)

200m	1st Runner-up	2A Kwan Leanne Hei Yi
800m	1st Runner-up	3C Yeung Tsz Kiu Evana
	2nd Runner-up	4C Zhao Chung Yan
1500m	Champion	4C Zhao Chung Yan
	1st Runner-up	3D Chan Lok Yung Beryl
Long Jump	Champion	2A Kwan Leanne Hei Yi

Girls (Age 10-12)

4x100m	Champion	1D Gan Ho Yan
		1E Xie Susan
		1F Chan Hong Yau
		1G Mok Audrey See Kan
4x400m	Champion	1A Ng Hang Yu

100m	1st Runner-up	1C Yuen Ella Riley
200m	Champion	1D Lan Jasmine Lauren
400m	2nd Runner-up	1F Sun Hiu Ching Alicia
Boys (Age 16-18)		1F Chan Hong Yau
200m	1st Runner-up	1F Sun Hiu Ching Alicia
400m	Champion	1D Lan Jasmine Lauren
800m	Champion	
1500m	1st Runner-up	5A Tse Kin Long
Long Jump	Champion	5A Tse Kin Long
Boys (Age 13-15)	1st Runner-up	6C Ng Ka Chai
4x100m	Champion	5H Mark Chi Hang
	2nd Runner-up	5H Mark Chi Hang
		5A Tse Kin Long
4x400m	1st Runner-up	4C Law Wai Ho
		3G Ho Wang Ho
		2G Cho Hin Man Hadden
		1G Liang Xikun
	Champion	4I Fung Leong Kwan
		3C Leung Wing Chit
		3C Pong Pak Heng Kirklan
		2D Lee Kwan Yiu Adrian
		2D Yu Ka Long
100m	2nd Runner-up	2G Cho Hin Man Hadden
200m	2nd Runner-up	2G Cho Hin Man Hadden
800m	Champion	3C Leung Wing Chit
	1st Runner-up	2D Yu Ka Long
	2nd Runner-up	4I Fung Leong Kwan
1500m	Champion	3C Leung Wing Chit
	1st Runner-up	2D Yu Ka Long
	2nd Runner-up	4I Fung Leong Kwan
High Jump	1st Runner-up	3G Ho Wang Ho

Long Jump	1st Runner-up	3G Ho Wang Ho
Shot Put	2nd Runner-up	2F Lee Ho Kai
Boys (Age 10-12)	Champion	4H Chiu Kin Hei Ethan
4x100m	Champion	1C Lee Sze Long Ronald
		1E Yu Ching Nok
		1G Lau Cheung Sing Jaren
		1G Wong Pak Yiu
4x400m	Champion	1A Tsui Chung Yuen
		1E Chow Wai Kiu
		1E Wong Edison
		1F Lau Cheuk Long
		1F Yip Sin Pok
100m	2nd Runner-up	1C Lee Sze Long Ronald
200m	1st Runner-up	1C Lee Sze Long Ronald
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Police Athletics Championships 2023		
Women 4x100m Relay	4th	5G Chong Yi Nga
		3A Law Tiana
		1F Chan Hong Yau
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HKSSF Inter-school Cross Country Competition (Division Three)		
Boys		
Team Overall	4th	St. Paul's Co-educational College
C Grade Team Overall	Champion	2D Chow Pok Ngo
		1E Wong Edison
		1E Yu Stephen
		1F Lau Cheuk Long
A Grade	6th	5H Tham Jenson Andrew
B Grade	9th	3C Leung Wing Chit

C Grade	1st Runner-up 4th	1F Lau Cheuk Long 2D Chow Pok Ngo
All Hong Kong Schools Jing Ying Table Tennis Tournament		
Girls Double	Merit	4H Wong Philippa Samantha 3F Chan Yin Lam
Girls Single	2nd Runner-up	5D Yenn Ho Ching
HKSSF Inter-School Table Tennis Competition (Division One)		
Girls A Grade	5th	5D Yenn Ho Ching 5H Suen Ming To 4H Wong Philippa Samantha 2G Deng Sin Ki 1E Cheung Hei Ching
HKSSF Inter-school Table Tennis Competition (Division Two)		
Boys Overall	Champion	St. Paul's Co-educational College
Boys A Grade	Champion	6A Chu Cheuk Hei 5C Chan Tze Him 5H Hui Yun Fung Raphael 4C Mak Hoi Fung Felix 3F Yuen Pak Lok
Boys B Grade	1st Runner-up	4C Fong Yeuk Louie 4D Cheung Ching Lai 2A Fan Jit Ho Evan 2C Luk Cheuk Him 2D Chan Waylen
HKSSF Inter-school Badminton Competition (Division One)		
Girls Overall	Champion	St. Paul's Co-educational College
Boys Overall	2nd Runner-up	St. Paul's Co-educational College
Girls A Grade	4th	6C Li Hin Yau 6G Ma Helen

Girls B Grade	Champion	6H Wong Lai Yue Annette
		6H Yiu Sze Heng Jasmine
		6I Yip Yui Kwan Kennis
		5B Wang Peixuan
		5E Chan Ying Hei
		4D Lau Oi Tik
		4A Lai Tik Avril
		4B Fong Fong
		4E Lam Choi Sze
		4G Lin Fong Yee
Girls C Grade	1st Runner-up	3G Wong Yeuk Fei
		3G Yan Sze Ting Charmaine
		2E Yip Hau Chee
		2F Mak Yi Yin Hosea
		2D Chiu Sophia Yin Ting
		2E Miu Hoi Ching Megan
		2F Cheung Tsz Yui
		2G Luk Wing Nam
		1A Wu Chi Ying
		1B Wong Hui Yi Hilarie
Boys A Grade	2nd Runner-up	1E Lam Cheuk Lei Charlene
		1E Wong Ching Ting
		1F Wang Sum Sui Helen
		1G Xu Xinmu
		6B Wan Pok Man
		6E Wong Yi Long
		6F Fan Ka Kiu
		5A Wang Jinghang
		5H Chong Cheuk Hei
		4B Wang Bowen
		4C Law Wai Ho
		4H Chiu Kin Hei Ethan

Boys B Grade	2nd Runner-up	4C Lee Ka Cheung Michael 4E Ongvises Harry 4F Yeung Chung Hong 4I Hui Ho Long Issac 4I Yuen Chung Lam Ivan 3C Wong Kin Hin 2A Chan Shue Nam 2A Tian Yu Yang Timothy 2B Pan Yan Pei 2F Lee Ho Kai 2F Xu Shing Ho 1B Wong Kwan Kiu 1B Wong Zi Chuen Xaco 1C Lau Kai Yam 1C Ma Jason 1E Law Shun Yan 1E Lo Ka Nam Ian 1F Chak Chun Lok
Boys C Grade	4th	
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HKFC & Torq Sports Ladder Series 2023		
Men's Doubles	2nd Runner-up	2F Xu Shing Ho
Men's Singles	2nd Runner-up	2F Xu Shing Ho
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59th Hong Kong Schools Dance Festival		
Modern - Group		
Highly Commended Award	5B Wong Tessa 5E Lam Yuen Ying 5H Yeung Sophie Zi Yan 4H Cheuk Tsz Ching 3E Fung Yuen Ki 3G Chan Hoi Yin 2A Chung Pui In Noelle 2F Chau Siu Kiu	5D Kwok Lok Hang Laraine 5H Chow Man Hei 4B Fong Fong 4I Cheng Hoi Tung Matilda 3E Ng Hei Man 3G Lau Yin Yau 2F Chan Tin Yan Tanya 1B Au Pui Sze

Choreography Award

1C Siew Lok Ting	1D Ho Sze Nga
1E Lau Tsz Yan	1E Yip Ching Lam
1F Sun Hiu Ching Alicia	1F Yim Tsz Tung
5B Wong Tessa	5D Kwok Lok Hang Laraine
5E Lam Yuen Ying	5H Chow Man Hei
5H Yeung Sophie Zi Yan	4B Fong Fong
4H Cheuk Tsz Ching	4I Cheng Hoi Tung Matilda
3E Fung Yuen Ki	3E Ng Hei Man
3G Chan Hoi Yin	3G Lau Yin Yau
2A Chung Pui In Noelle	2F Chan Tin Yan Tanya
2F Chau Siu Kiu	1B Au Pui Sze
1C Siew Lok Ting	1D Ho Sze Nga
1E Lau Tsz Yan	1E Yip Ching Lam
1F Sun Hiu Ching Alicia	1F Yim Tsz Tung

Modern - Solo

Highly Commended Award

Jazz & Street Dance

Overall Champion

3G Chan Hoi Yin

St. Paul's Co-educational College

Jazz & Street Dance - Group (Hip Hop A)

Honours Award

5G Yip Man Yui	2B Hui Jolly
5I Chow Hiu Yin	2C Chung Cheuk Lam
5I Fung Ching Beatrice	2C Lam Tsz Ki
4B Lai Cheuk Kiu	2C Tse Hoi Ching Rachel
4E Cheung Tsz Ching	2E Ho Promise
4E Jung Ching Wai	2E Yau Bernice Man Yu
4G Chow Wing Tung	2F Chau Siu Kiu
4G Lin Wei Xin	1B Lau Tin Lam
3C Chan Yuen Yin	1B Liu Zifei
3E Chung Hoi Ching Jobi	1C Siew Lok Ting
3F Hui Yan Kiu	1D Chan Lok Ching
2A Cheung Yan Kiu Yuki	1F Chen Qiuyi
2A Sia Yan Jit Hannah	

Jazz & Street Dance - Group (Hip Hop B)
Honours Award

5C Chan Man Kay	3G Chan Sin Sze
4C Leung Chi Wun	3G Tam Nga Yu
4D Cheung Sin Yu	2B Woo Yat Chin
4F Choi Ho Ching Gwyneth	2D Tsang Cecilia Hoi Nam
4F Miu Ki Hei	2E Leung Ching Yau
3A Chou Yong Lun	2F Tsang Yuen Ching Hazel
3A Lam Tsz Yan Bethy	2G Mak Hannah Chin Men
3A Lee Ying Tung	1A Chang Ho Yau
3C Wong Hei Man Carrie	1B Chan Cheuk Yee
3D Chan Yik Tung	1D Chan Ho Yee Kaitlyn
3D Kwok Sum Yan Kayley	1D Lee Wing Ka Alison
3D Yau Tin Yau	1E Chan Lok Yan
3E Fung Yuen Ki	1G Xu Xinmu
3E Leung Sheryl	

Jazz & Street Dance - Duet
Highly Commended Award

3E Chung Hoi Ching Jobi	2E Yau Bernice Man Yu
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Jazz & Street Dance - Solo
Highly Commended Award

3E Fung Yuen Ki

HKSSF Inter-school Basketball Competition (Division Two)

Boys B Grade

4th

4B On Yat Ming	4I Fung Leong Kwan
4B Yiu Ting Hong	3A Chu Kalem Lok Hang
4D Cheung Ching Lai	3A Shek Ryan King Chi
4D Kung Yan Long	3A So Nathan Chung Yui
4D Li Chun Yiu	3A Wong Tsz Hei
4G Chan Vernon	3E Qi Tin Yu
4G Ng King Hei	2C Ng Yat San Owen

HKSSF Inter-school Volleyball Competition (Division Two)		
Girls C Grade	2nd Runner-up	2A Lung Tsz Ying Cerise 2C Cao Catherine 2D Ng Tin Yui 2F Ng Lok Lam Allison 2G Cheung Hui Yu Cynthia 1B Chan Serene 1D Hui Wing Yan Melanie 1F Chue Cathy Wai Ching 1F Mak On Sun Caitlin
Inter-secondary Schools Golf Competition 2023 (Division C)		
Nett Stableford	3rd Runner-up	1A Kwok Tsz Chiu Brandon 1F Kwok Chun Hei Archie 1G Kwok Tsz Kwan Austin
Nett Stableford	2nd Runner-up	1G Kwok Tsz Kwan Austin
中國銀行（香港）呈獻：保良局慈善劍擊比賽		
14 歲以下男子重劍	第七名	二丁 李鈞耀
全港公開青少年乒乓球錦標賽 2022		
19 歲以下女子單打	季軍	五丁 嚴浩晴
全港公開青少年乒乓球錦標賽 2023		
19 歲以下女子雙打	冠軍	五丁 嚴浩晴
全港公開乒乓球團體錦標賽 2022		
女子甲組團體賽	亞軍	五丁 嚴浩晴
第十三屆「福建盃」乒乓女子單打錦標賽		
女子單打	冠軍	五丁 嚴浩晴
香港乒乓球總會迎春杯團體對抗賽		
	冠軍	五丁 嚴浩晴

全港公開乒乓球排名錦標賽 2023

女子單打甲組	冠軍	五丁 嚴浩晴
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恒生學界盃 2023

中學女子單打	冠軍	五丁 嚴浩晴
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12 years of table tennis; 10 years of training in the Hong Kong Youth Table Tennis Team as the youngest player to have been selected. Never would I have imagined all my efforts these years would pay off in 2023 – the year with my studies being the most rigorous and my other commitments packed to the brim. This year, I was the Champion in the Women’s Singles of both the 2023 Ranking Championships and the 2023 Hang Seng All Schools Championships.

Behind the success were millions of ‘rallies’. I lost count of how many times I had doubted myself, tried to give up, or felt like I had let down those who supported me. But my relentlessness and resilience had pulled me through each time I tried to put away my racket for good. If I had not kept going until this day, winning gold in the most prestigious table tennis championships in Hong Kong as well as the inter-school would not have been possible.

Thank you to the College for shaping me into the person I am today – a person who not only ignited others’ passion with mine but also sought to give back to society with my founding of Breakspark in which I put together talents to collectively transcend barriers.

Today, my flame for the 2028 Olympics is burning stronger than ever.

5D Yenn Ho Ching

東區分齡乒乓球比賽 2022

女子青少年 FXD 組 雙打	冠軍	四辛 黃樂恒
女子青少年組 (14-15 歲) 單打	殿軍	三己 陳彥霖

油尖旺區分齡乒乓球比賽 2022

女子青少年 H 組	亞軍	一甲 吳幸洵
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葵青區分齡乒乓球比賽 2022

女子青少年 FH 組 (單打)	亞軍	一甲 吳幸洵
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全港羽毛球雙打聯賽

女子組	冠軍	二戊 葉巧至
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中西區分齡羽毛球比賽 女子青少年組雙打	冠軍	二戊	葉巧至
南區分齡羽毛球比賽 女子青少年組單打	亞軍	一戊	林卓莉
東區分齡羽毛球比賽 女子青少年組雙打	冠軍	二戊 一戊	葉巧至 林卓莉
深水埗區分齡羽毛球比賽 女子青少年組雙打	亞軍	二戊	葉巧至
揮動元朗羽毛球比賽	季軍	一戊	林卓莉
大埔區分齡羽毛球比賽 女子青少年組雙打	季軍	二戊	葉巧至
屯門區分齡羽毛球比賽 女子青少年組雙打	亞軍	二戊	葉巧至
赤子全港公開三人籃球挑戰賽 2022 G14 組別	季軍	一乙 一丁 一己 一庚	李曉澄 毛靄妍 蕭恩晞 施清然
投籃賽 G14 組別	冠軍	一乙	李曉澄

「50 週年地利亞百老匯盃」男子排球邀請賽

季軍	五丁	麥鎮麟
	五戊	陳天戌
	五辛	麥知行
	四庚	陳宏量
	三甲	潘卓軒
	三甲	董子瞻
	三丙	李柏譽
	三丙	黃健軒
	二丙	郭展塘
	二丁	傅政楠
MVP 最有價值球員	三甲	董子瞻

校際獨木舟比賽 2022

男子 (11 至 12 歲)		
T1- 200M	冠軍	一戊 羅淳恩
T1- 500M	冠軍	一戊 羅淳恩

大美督獨木舟長途賽 (5 公里) 2022

男子少年組	冠軍	一戊 羅淳恩
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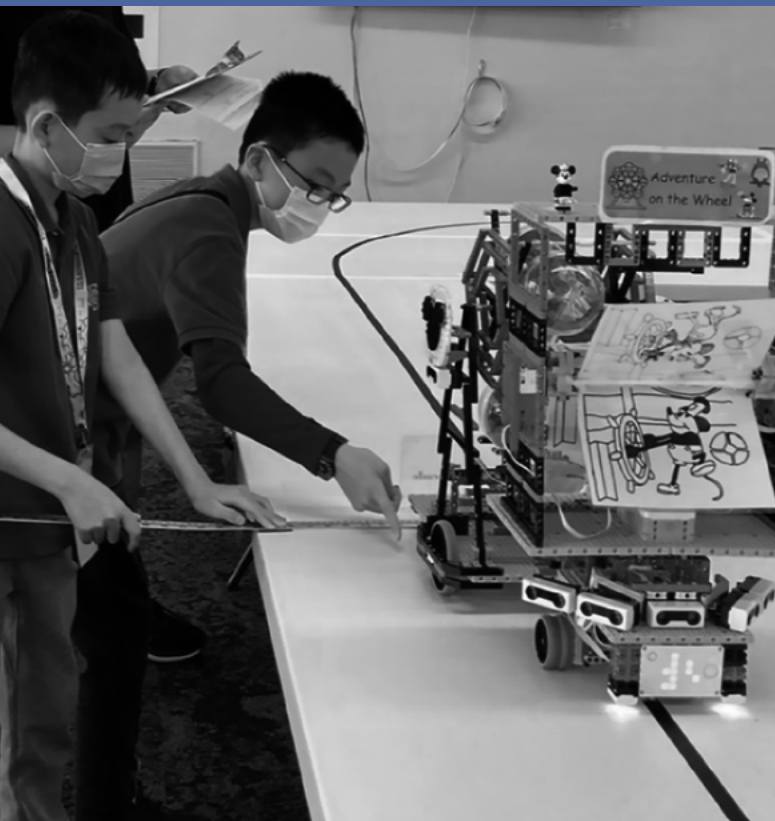
第 36 屆全港獨木舟定向錦標賽

男子單人少年 A 組 (11-13 歲)	亞軍	一戊 羅淳恩
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2023 學校體育推廣計劃外展獨木舟比賽

男子單人 (11-12 歲)		
K1-200m	冠軍	一戊 羅淳恩
T1-200m	冠軍	一戊 羅淳恩

St. Paul's Co-educational College Primary School



Leadership and Community Service

2023 年度兒童飛龍大使選舉 暨 第 35 屆亞太兒童交流大會
(香港區選拔)

兒童飛龍大使

五戊 藍旼希



今年夏天，我有幸獲學校推薦，經過多輪考核後當選為兒童飛龍大使，代表香港到日本福岡出席亞太兒童交流大會。這次旅程對我的個人成長有著巨大的影響。

由於兒童飛龍大使來自世界各地，擁有著不同的文化背景和語言，因此大家之間的相處和溝通充滿了挑戰。然而，我不僅學會了包容差異和互相尊重，還體會到差異能促進學習，而深入交流更能豐富我的知識，拓寬我的視野。

在這十一天的旅程中，我們一起生活及參與各種活動，互相支持及鼓勵，共度了寶貴的時光，並建立了深厚的友誼。這段經歷將永遠留在我的記憶中，成為我畢生難忘的回憶。

五戊 藍旼希

Aesthetics and Creativity

第七十五屆音樂節

團隊項目

高級組敲擊樂隊 - 敲擊樂團 - 小學 - 13 歲或以下

銀獎

初級組敲擊樂隊 - 敲擊樂團 - 小學 - 9 歲或以下

銅獎

個人項目

長笛獨奏 - 小學 - 高級組

亞軍

4A 陳昊

高音直笛獨奏 - 小學 - 8 歲或以下

季軍

1A 譚聲雅

小提琴獨奏 - 六級

亞軍

6B 梁峰

小提琴獨奏 - 六級

亞軍

5A 王爾騰

小提琴獨奏 - 五級

季軍

4A 楊熙柔

Aesthetics and Creativity

小提琴獨奏 - 四級
小提琴獨奏 - 三級
小提琴獨奏 - 二級
小提琴獨奏 - 一級
小提琴獨奏 - 一級
大提琴獨奏 - 初級組
大提琴獨奏 - 初級組
分級鋼琴獨奏 - 七級
分級鋼琴獨奏 - 七級
分級鋼琴獨奏 - 六級
分級鋼琴獨奏 - 五級
分級鋼琴獨奏 - 五級
分級鋼琴獨奏 - 五級
分級鋼琴獨奏 - 五級
分級鋼琴獨奏 - 四級
分級鋼琴獨奏 - 四級
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分級鋼琴獨奏 - 四級
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分級鋼琴獨奏 - 四級
分級鋼琴獨奏 - 三級
分級鋼琴獨奏 - 三級
分級鋼琴獨奏 - 三級
分級鋼琴獨奏 - 二級
分級鋼琴獨奏 - 二級
分級鋼琴獨奏 - 二級
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分級鋼琴獨奏 - 二級
分級鋼琴獨奏 - 一級
分級鋼琴獨奏 - 一級
分級鋼琴獨奏 - 一級
鋼琴獨奏 - 中國作曲家 - 初級組

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季軍
季軍
冠軍
亞軍
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季軍
亞軍

6D 邱孝然
3C 周采然
1D 楊思澄
1B 黎懿晴
1E 譚愷鍵
2A 張凌蒼
2A 雷穎悠
5A 王爾騰
5E 代熙正
5C 達芷欣
3D 林文茵
5D 林啟熙
1B 黎懿晴
4A 王卓彥
3B 鍾卓蕎
3C 陳智樑
3A 廖牧雲
3C 葉馨蕾
3C 陳梓愉
2A 王敬恩
4A 邵祉霖
4C 李聿陶
1C 李逸
1D 衛奕喬
3A 周貝凝
1A 劉熙信
1D 楊思澄
5E 文日希
2B 畢詩文
2C 李睿熹
1D 洪宛柔
2A 曹悅芝
2E 劉圓
1B 陳昕伶
3C 黃聖清

Aesthetics and Creativity

鋼琴獨奏 - 中國作曲家 - 中級組

聲樂獨唱 - 中文 - 男童聲或女童聲 - 小學 - 13 歲或以下

聲樂獨唱 - 中文 - 男童聲或女童聲 - 小學 - 13 歲或以下

聲樂獨唱 - 中文 - 男童聲或女童聲 - 小學 - 13 歲或以下

聲樂獨唱 - 中文 - 男童聲或女童聲 - 小學 - 10 歲或以下

聲樂獨唱 - 中文 - 男童聲或女童聲 - 小學 - 10 歲或以下

聲樂獨唱 - 中文 - 男童聲或女童聲 - 小學 - 10 歲或以下

聲樂獨唱 - 外文歌曲 - 男童聲或女童聲 - 小學 - 13 歲或以下

聲樂獨唱 - 外文歌曲 - 男童聲或女童聲 - 小學 - 10 歲或以下

聲樂獨唱 - 外文歌曲 - 男童聲或女童聲 - 小學 - 10 歲或以下

聲樂獨唱 - 外文歌曲 - 男童聲或女童聲 - 小學 - 10 歲或以下

聲樂獨唱 - 外文歌曲 - 男童聲或女童聲 - 小學 - 10 歲或以下

聲樂獨唱 - 外文歌曲 - 男童聲或女童聲 - 小學 - 7 至 8 歲

聲樂獨唱 - 外文歌曲 - 男童聲或女童聲 - 小學 - 7 至 8 歲

聲樂獨唱 - 外文歌曲 - 男童聲或女童聲 - 小學 - 7 至 8 歲

聲樂獨唱 - 外文歌曲 - 男童聲或女童聲 - 小學 - 7 至 8 歲

季軍

冠軍

亞軍

季軍

冠軍

亞軍

季軍

季軍

冠軍

亞軍

季軍

季軍

冠軍

亞軍

季軍

季軍

5D 李善嘉

6C 賀珈韻

6E 湯允怡

6C 郭彥彤

5D 李善嘉

4D 湯允鐸

3C 陳端頤

5B 江禕喬

5A 陳彥淇

4A 關樂天

5D 李善嘉

4D 湯允鐸

2B 陳橋霏

3A 鄭建婷

2A 曹悅芝

2B 劉幸然

第 25 屆香港青少年科技創新大賽

小學組科學幻想畫

二等獎

二等獎

三等獎

專項獎

專項獎

六乙 黃晞懿

一乙 吳天芯

三戊 楊彥曦

四乙 譚旨堯

五丙 王昱妍

職安健 WhatsApp Sticker 設計比賽 (小學組)

亞軍

五戊 文日希

第 9 屆細味人生 - 漫畫填色創作比賽

冠軍

五戊 文日希

全民國家安全教育日南區學生繪畫比賽

季軍

五丙 梁顯正

Mathematics, Science and Humanities

2022 年香港華羅庚金杯少年數學邀請賽 (決賽)

個人冠軍	四乙	丘蕊嘉	
個人季軍	五戊	代熙正	四乙 趙宇鏗
個人二等獎	六丁	陳泓逸	
團體冠軍	六丁	陳泓逸	五戊 代熙正
	四乙	趙宇鏗	四乙 丘蕊嘉

第九屆全港小學數學挑戰賽決賽

金獎	六甲 郭溱	六乙 蘇懿衡	六乙 徐天昊
	五乙 陳縉軒	五乙 倪浩峻	五戊 代熙正
	五戊 文日希		
銀獎	六甲 陳皓哲	六甲 林諾怡	六甲 聶皓哲
	六丁 陳泓逸	五甲 陳皆攸	五甲 鄭皓仁
	五甲 林承睿	五乙 莊梓麟	五丁 李善嘉
銅獎	六乙 曹悅山	六丁 林在心	六丁 譚仁傑
	五乙 陳靖翹	五丙 葉采藍	五戊 陳卓廷
	五戊 李卓文		

聖公會小學第 26 屆數學奧林匹克比賽

金獎	六甲 郭溱		
銀獎	六甲 荒城健	六甲 聶皓哲	六乙 曹悅山

全港小學數學比賽 (南區及中西區) (全場)

冠軍	六甲 聶皓哲	六甲 郭溱	六甲 陳皓哲
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全港小學數學比賽 (南區及中西區) (數學急轉彎)

冠軍	六甲 聶皓哲	六甲 郭溱	六甲 陳皓哲
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全港小學數學比賽 (南區及中西區) (解難智多星)

冠軍	六甲 聶皓哲	六甲 郭溱	六甲 陳皓哲
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香港小學數學創意解難比賽

銀獎	六甲 聶皓哲	六甲 郭溱	六甲 荒城健
	五戊 代熙正		

Mathematics, Science and Humanities

第三十屆香港小學數學奧林匹克比賽

金獎

六甲 荒城健
六丁 譚仁傑
五丙 葉采藍
四甲 陳 昊
四乙 丘蕊嘉
三甲 陳弘銳
三丁 余宛知
二乙 張恩悅
二戊 張俊羲
一丙 周一帆
一戊 譚愷鍵

六乙 黃晞懿
五甲 林承睿
五戊 文日希
四乙 趙宇鏗
四丙 周怡彤
三甲 陳知言
二甲 張凌蒼
二乙 畢詩文
一甲 張峰睿
一丁 楊思澄

六丁 陳泓逸
五甲 鄭皓仁
五戊 代熙正
四乙 文禮雍祈
四戊 甘卓為
三乙 李悅情
二甲 楊皓翔
二丙 林君誠
一甲 陳鐸靈
一戊 謝康尚

銀獎

六乙 梁 峰
五乙 柯紫澄
五戊 李卓文
三丁 鍾智樂
二乙 吳宗橋
一甲 唐卓瑜
一乙 鍾智仁
一丁 周律言
一戊 林卓兒

六丙 莊翰華
五乙 陳靖翹
四丙 李聿陶
二甲 蔡幸頤
二丙 李睿熹
一甲 蔣智雅
一丙 鄒緯杰
一丁 黃可晴
一戊 溫湣鋌

五甲 嚴海亮
五戊 司徒淳禮
四戊 余彥霖
二甲 鄭旻樂
二戊 何悅熙
一乙 張奕行
一丁 余尚軒
一丁 黃思焯

銅獎

六丙 郭彥彤
四丙 何柏曦
二乙 黃希晨
一乙 林 鷗
一丙 伍世津

四乙 李彥希
三丁 李希柔
二丁 鄭旨樂
一乙 楊穎恩
一戊 陳鼎元

四乙 譚旨堯
二乙 簡瑋霖
一乙 張卓謙
一丙 趙晏嶠

2023 香港小學數學精英選拔賽 (個人總成績)

二等獎

六甲 郭 溱
六丙 莊翰華

六甲 聶皓哲
六丁 陳泓逸

六乙 黃晞懿
六丁 林在心

三等獎

六甲 陳皓哲

六乙 梁 峰

六乙 香梓豐

Mathematics, Science and Humanities

2023 香港小學數學精英選拔賽 (數學競賽)

二等獎	六甲	郭 溱	六甲	聶皓哲	六乙	黃晞懿
	六丙	莊翰華	六丁	陳泓逸	六丁	林在心
	六乙	梁 峰				
三等獎	六甲	陳皓哲	六乙	香梓豐		

2023 香港小學數學精英選拔賽 (計算競賽)

二等獎	六丁	陳泓逸				
三等獎	六甲	郭 溱	六甲	聶皓哲	六甲	陳皓哲
	六丁	林在心	六丙	莊翰華		

2023 年香港華羅庚金杯少年數學邀請賽 (決賽)

個人銀牌獎	四乙	丘蕊嘉	四乙	趙宇鏗
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2023 亞洲國際數學奧林匹克公開賽決賽 (一年級組)

金獎	一乙	林 鵬	一丙	黃齊治	一丙	周一帆
	一丁	黃梓曦	一丁	陳弈衡		
銀獎	一甲	張峰睿	一甲	劉熙信	一乙	張奕行
	一乙	陳晞彤	一丁	黃可晴	一丁	楊思澄
	一戊	謝康尚	一戊	譚愷鍵		
銅獎	一甲	唐卓瑜	一甲	鄭亦涵	一甲	梁文彥
	一甲	許睿澄	一乙	鍾智仁	一乙	吳天芯
	一乙	楊穎恩	一丙	李 逸	一丙	郭宏羿
	一丙	伍世津	一丁	周律言	一戊	陳鼎元
	一戊	梁植森	一戊	李梓曦	一戊	馬博弦
	一戊	黃皓軒				

Mathematics, Science and Humanities

2023 亞洲國際數學奧林匹克公開賽總決賽 (二至六年級組)

金獎

五戊 文日希



數學是我十分喜愛的科目，平時我也很喜歡挑戰不同類型的數學題目，參加各項的奧數比賽。今年的亞洲國際數學奧林匹克公開賽總決賽和世界數學遊戲公開賽在馬來西亞舉行，參加者來自許多不同的國家，包括中國、印度、巴西、保加利亞、新加坡、馬來西亞、哈薩克斯坦等。暑假裏，我認真做相關練習，遇到不懂的題目，我會向媽媽請教。我十分感謝愛我的爸爸媽媽和學校老師對我的支持和鼓勵，樂意陪伴我預備比賽，並常常為我打氣。今次能在兩項比賽中同時獲得金獎，我真的十分高興！我會繼續努力學習，提升自己的數學能力。

五戊 文日希

金獎

四戊 甘卓為

銀獎

五甲 梁愷敏

銅獎

六丙 郭彥彤

四戊 余彥霖

四甲 周朗皓

五乙 黃尚謙

二戊 張俊羲

五戊 司徒淳禮

第九屆香港國際學生創新發明大賽

仁濟個人創意盃 (高小) 及金獎

六乙 曹悅山

仁濟個人創意盃 (初小) 及金獎

三丁 蔡錡浚

金獎

五丙 楊嘉恒

銀獎

三戊 陸弘曦

銅獎

四丙 洪靈駿

第二十五屆香港青少年科技創新大賽

優秀組織獎

聖保羅男女中學附屬小學

2023 美國萬通小太空人訓練計劃

五甲 王爾騰

五丙 達芷欣

Mathematics, Science and Humanities

第十六屆科學青苗獎

冠軍、最佳匯報獎、科學家專訪獎 五甲 陳皆攸

五乙 莊梓麟

五丁 張智南

四丙 何沐珈

四丁 田澤沛



本屆比賽主題是「運動科學」，我們決定從馬拉松比賽這方面進行探究。我們發現馬拉松比賽會提供許多即棄水杯供選手飲用，這個做法會產生大量被丟棄的水杯，極不環保。比賽後又要浪費很多人力物力清理賽場上遺留的棄置水杯。因此，我們定下「吃得到的水球」作為探究題目，嘗試把乳酸鈣和海藻酸鈉混合，製成符合食用安全的可食用水球，希望能代替即棄水杯。

我們在陳老師和黃老師的帶領下，一起訂立研究方向、進行實驗；一起採訪科學家、撰寫科學家專訪報告；一起為決賽的報告和專家答辯做準備。當中不但讓我們增長了有關科學的知識，還令我們看到了團結合作的力量。

四丙 何沐珈、四丁 田澤沛、五甲 陳皆攸

五乙 莊梓麟、五丁 張智南

Language and Culture

Robofest 2023 World Championship

RoboParade 亞軍

6A 張善僊
6D 朱熾菲
5C 劉知熹



Our school's Robot Programming A (RPA) cultivates students' interest in robot programming and encourages participation in competitions to showcase their skills. Our team achieved championship and first runner-up in the Robofest HK – RoboParade 2022 and 2023 respectively. We also represented Hong Kong at the Robofest World Championship in Detroit, USA in 2023 and captured the first runner-up title. These achievements highlight our students' strong proficiency in STEM. We aim to inspire more students to explore STEM and robotics through training and activities.

Throughout the journey, students have experienced both joy and setbacks. They would like to express their gratitude to their parents, teachers and teammates for their support. Through this experience, they have also strengthened their collaboration skills and resilience capacity. They treasure the invaluable opportunity of participating in competitions and international exchanges. After flying back to Hong Kong, the team reflected on their precious experience of combining artistic elements with robotics as well as interacting with contestants from different countries. They shared their sincere appreciation of the creative freedom provided in RPA lessons and the memorable journey of participating in the Robofest World Championship.

Most important of all, the team has learnt the significance of growth and perseverance. This experience has further sparked their passion for coding and explorations in robotics. Their immense success and personal growth will surely inspire other students at school to pursue their interest in robotics.

2023 Robofest Plus 機械人大賽 BottleSumo 機械人相撲比賽

亞軍

6A 曾皓楠
6D 林在心
6E 陳旻澤

創意編程設計大賽 22-23 裝置模型設計

銀獎

5D 歐倬倫
5D 許萬澄

Language and Culture

作品設計公開賽最切合主題大獎
Scratch 創意挑戰賽銅獎

- 5D 石嘉穎
- 5D 陳緯賢
- 5C 周奕樂
- 3A 何泓岳
- 3C 黃聖清

第 2 屆學習與生活短片比賽

一等獎

- 5A 王爾騰
- 5C 馮曦樂
- 5D 區倬綸

2022-2023 資訊科技挑戰獎勵計劃金章校外評審

金章

- 4A 張日嵐
- 4A 邵祉霖
- 4C 司徒卓知
- 4D 陳梓瑤
- 4E 余令軒

World Book Day Creative Competition

Outstanding Award

5D Ip Spencer Ngo Ying



Winning the Outstanding Award of World Book Day Creative Competition 2023 for my book report on “Food - Human Rights” was such a great honour and achievement for me. This recognition not only validated my hard work, it also showed me the importance of writing as a powerful tool to raise social awareness.

The highlight of this whole experience was being interviewed by an editor of a local newspaper. It was a once in a lifetime opportunity that I will always cherish. To have my voice heard by a wider audience and to potentially inspire others to take action on the social issues was truly amazing.

I am grateful to my school for giving me the chance to showcase my writing skills. Winning this award has not only boosted my confidence in writing but has also reinforced my belief in the power of words to inspire the others.

5D Ip Spencer Ngo Ying

Sayings of Wisdom (SOW) Motivational Talk Contest

Outstanding Award

- 3B Wong Man Bok Hadriel
- 3D Kwok Sofie

Language and Culture

74th Hong Kong Schools Speech Festival

Solo Verse Speaking (Non-Open)

Champion

6A Chan Ho Chit Hollis	3A Leung Raymond Zachary
6B Chan Lauren You Zhen	3A Fung Keira Jinglin
6B Yao Wing Tung Kate	3A Cheng Tze Wai Alexandra
6B Wong Tsz Yin Carson	3A Chan Sin Chi
6E Law James Cheuk-hei	2A Yeung Ho Cheung
6E Mok Archie See Kim	2B Cheung Yan Yuet
5A Chiu Sung Hei	2B Koo Giselle Wing Yan
5A Chang Ho Yan	2E Chen Pui Yin Hannah
5B Chan Athena	2E Lauw Yuen
5B Kwong Aliana	2E Pong Lung Sin
5C Kwok Yi Tak Amber	2E Leung Chun Ning
5D Tsang Ashlee Victoria	1A Chan Cyrus Junqiao
5D Lung Tin-wan Ambrose	1A Hong Ji Yin Cayden
4A Kwan Lok Tin	1A Leung Man Yin
4A Yeung Andrea Hei Yau	1B Lin Yui Hong Hayden
4A Lu Hannah Ming Xi	1D Pau Gisele
4B Pang Long Yan	1D Wong Ho Ching
4B Milas Trevor John	1E Ma Pok Yin Nathan
4B Yeung Nicholas Zachary	1E Cheng Tze Yu Celina
4C Chan Yu Si	

1st Runner-up

6A Cheung Sin Hei	2B Wong Hay Sen
6A Cheung Oi Ting Arlene	2C Wong Abby Wan Ching
6D Tam Yan Kit Wilson	2C Lau Yee Lok Nicole
5E Chong Chi Chai Charlotte	2D Law Shun Ting Shandon
4A Chiu Jayden Kin Ho	2D Leung Nok Shun
4C Tam Cheree Aleydis	2D Tam Adriel Cathan
4D Law Michael Cheuk-yin	2D Yiu Yat Him
4E Yu Ling Hin Rafael	2D Cheung Ching Hei
3B Or Jun Ho	2E Wan Yeuk Lai
3C Yip Hing Lui Chloe	1A Chan Tsz Kiu Ona

Language and Culture

2nd Runner-up

3D Lau Ka Ching Karina
 3E Lam Yat Long Jeffrey
 2A Tso Yuet Gi Amelia
 6A Nip Shawn Ho Chit
 5B Yam Tze Ching Emma
 5B Leung Lok Man
 5D Tsang Sze Kiu
 5E Hung Wai Kiu
 4C Ho Pak Hei Kayden
 4D Kwan Ziyang Byron
 4D Ng Ian Tsz Long
 3A Chan Sing Yu
 3A Liu Muk Wan
 3A Yuen Yui Hei
 3B Li Lok Yin Abby
 3B Ip Ho Lam Christopher

1D Wai Yik Kiu
 1D Or Michaela Audrey
 1E Sheh Hong Sheung
 3C Leung Yui Ching
 3C Chow Yan Tung Sonia
 3C Ng Jodan
 3E Leung Miann Ming Yan
 2A Lau Chung Yin
 2B Chan Liam Albert
 2C Li Yui Hei
 1C Wong Yeung Hei Haydn
 1D Chau Lut Yin
 1E Tse Charlotte Mackenzie
 1E Lam Cheuk Yee
 1E Tam Hoi Kin Paschal

Solo Verse Speaking (Open)

Champion

1st Runner-up

2nd Runner-up

2E Lauw Yuen
 5C Todd Tasha Nora
 6E Mok Archie See Kim

2D Cheung Ching Hei
 1D Chau Lut Yin

Solo Prose Reading (Non-Open)

Champion

5B Lee Ho Chit Dexter
 3A Leung Raymond Zachary
 3A Fung Keira Jinglin
 3C Clark Stephanie Tin Yan

3E Hui Jaime Hannah Sheen Tung
 2B Bi Shiwen
 2E Leung Chun Ning
 1D Chau Lut Yin

1st Runner-up

6A Nip Shawn Ho Chit
 5B Chan Lok Yan Liana
 4B Yeung Nicholas Zachary

3C Yao Wing Hei Keira
 3D Kwok Sofie
 2C Lui Ina

2nd Runner-up

6E Tong Wan Yi Rafaella
 2A Lai Sau Yin

2A Lam Alicia Louise
 1D Or Michaela Audrey

Language and Culture

Solo Prose Speaking (Open)

Champion

1st Runner-up

2nd Runner-up

Solo Dramatic Performance Ages 7 and 8

1st Runner-up

Solo Dramatic Performance Ages 9 and 10

2nd Runner-up

Dramatic Solo Prose Reading (Non-Open)

Champion

5D Hui Man Ching Colin

6E Mok Archie See Kim

1D Chau Lut Yin

3B Wong Aerin Grace

3A Fung Keira Jinglin

5B Kwok Sze Ching Elise Sylvia

1E Tsang Siu Wang

階梯閱讀空間

第6屆商務·教圖小學生寫照比賽

全港最傑出學生獎

二丁 鄭善瞳

初小組冠軍

一丁 吳蘊慈



「蘊慈，你很喜歡寫作，不如試試參加這個中文作文比賽吧！」某天中文課的時候，洪老師面帶笑容對我說。從未參與中文作文比賽的我，興奮莫名。可是，當我看到題目「中華文化」的時候，卻搔了搔頭，毫無頭緒。

回家後，看到書櫃中《團圓》這本書，我忽然靈機一閃，想起去年與外祖母一起搓湯圓的情景，結果寫下了這篇文章。

這次得獎令我喜出望外，也加深了我對中文寫作的興趣。我希望以後能夠繼續愛閱讀和愛學習，寫出更多作品和大家分享！

一丁 吳蘊慈

Language and Culture

全國青少年語言知識大賽菁英盃現場作文總決賽 2022-2023

	特等獎	二乙 簡瑋霖
「舫遊·珍寶」全港原子筆中文書法比賽	亞軍	一戊 謝懿澄

第七十四屆香港學校朗誦節中文朗誦比賽

粵語組 詩詞獨誦					
冠軍	六甲	吳湘襄	六丁	梁天恩	五丁 叶傲迎
	五戊	藍旼希	三丁	蔡錡浚	三戊 張立揚
	二乙	陳卓翹	二乙	陳思雅	二乙 張恩悅
	二丙	林君誠	二丁	葉芊穎	二戊 梁津寧
	一甲	蔡子恩	一甲	張約希	一乙 連睿康
	一乙	黎懿晴	一丙	郭宏羿	一丁 陳尚灋
	一丁	吳蘊慈	一丁	柯睿芝	一戊 何俐臻
	一戊	馬博弦			
亞軍	六乙	黃梓賢	五戊	賴尚一	三丙 黃聖清
	三丁	郭紋綺	三丁	李希柔	二戊 陳沛言
	一乙	陳穎兒	一戊	譚愷鍵	
季軍	六丙	郭彥彤	六丁	梁逸晴	五戊 鄧聿山
	四丁	湯允鏗	三甲	梁善同	三丁 劉嘉晴
	二甲	黎守言	二甲	楊皓翔	二甲 曹悅芝
	二丙	王依菲	二丁	莫旻叡	二戊 黎柏希
	二戊	莊凱琪	二戊	饒天琳	一甲 盧國欣
	一丁	黃希樂			
粵語組 散文獨誦					
冠軍	六乙	陳 悅	六丁	梁天恩	六戊 古哲睿
	五丙	王昱妍	三乙	龔 正	二甲 黎守言
	二丙	林君誠	二丙	李睿熹	二戊 陳沛言
	一丁	洪宛柔	一戊	何俐臻	一戊 馬博弦
亞軍	六乙	曹悅山	六丙	陳彥心	六丙 郭彥彤
	五戊	藍旼希	五戊	文日希	四丁 湯允鏗
	三丙	禰明德	三戊	張立揚	二戊 饒天琳
	一甲	張約希	一丙	黃睿咨	一丁 吳蘊慈
	一丁	柯睿芝			

Language and Culture

季軍	五乙 江禕喬	三丙 黃聖清	二乙 張恩悅
	二丙 王依菲	一丙 何伊諾	一丁 周律言
	一戊 溫濤鋌		
粵語組 基督教經文朗誦			
冠軍	二甲 曹悅芝		
亞軍	三甲 陳善姿	三戊 張立揚	
季軍	五戊 藍旼希	四丙 譚琛予	
粵語組 說故事			
冠軍	一丁 周律言		
季軍	五戊 劉晏瑜		
普通話組 詩詞獨誦			
冠軍	六丙 郭彥彤	六戊 羅卓熙	四丙 李聿陶
	三甲 周思暘	三甲 馮靖霖	三丙 葉馨蕾
	二乙 簡瑋霖	二乙 陳思雅	二乙 張恩悅
	二丙 黃允晴	二丁 梁子儒	一乙 溫樂恩
	一丁 周律言	一戊 譚愷鍵	
亞軍	五甲 張梓喬	五乙 郭思晴	五丙 王昱妍
	五戊 劉晏瑜	三乙 鄧早苗	三丙 陳梓愉
	二乙 梁鎧昕	二丙 李姿瑤	二戊 梁津寧
	二戊 饒天琳	一甲 史聖瀾	一乙 張奕行
	一乙 何幸蓓	一乙 林 鵬	一丁 余尚軒
	一丁 蒙卓鋸		
季軍	六甲 伍世勳	五甲 嚴海亮	五甲 李卓蔚
	五戊 藍旼希	四甲 陳 昊	四戊 賴采揚
	三甲 簡嘉祐	三乙 梁縉宇	三丙 禰明德
	三戊 朱曉辰	二甲 梁鋌漳	二丙 陳希睿
	一甲 姚昭璇	一丙 何卓妍	一丁 黃梓曦
	一丁 國亦琳	一丁 鮑嘉恩	一戊 謝懿澄
普通話組 散文獨誦			
冠軍	六丙 郭彥彤	二乙 張恩悅	一丁 袁浩天
亞軍	五戊 藍旼希	五戊 劉晏瑜	四甲 陳 昊
	三甲 周思暘	三甲 馮靖霖	三丙 陳端頤
	二丁 鄭澤熙	二戊 饒天琳	一丁 周律言

Language and Culture

季軍	六丙 陳博宇	六丁 梁天恩	五甲 鄭皓仁
	四丙 陳榛湑	四戊 陳希妍	二丁 鄧善勤
	二戊 劉圓	一丁 洪宛柔	

第二十五屆全港中小學普通話演講比賽 初小組

全港總亞軍 二丙 李姿瑤



非常感謝學校給予我這個寶貴的機會，讓我能夠有機會參加這個比賽，同時也看到了高年級的哥哥姐姐們現場精彩演講，讓我受益匪淺。這次比賽對我來說不僅僅是一份榮譽，更是一次寶貴的經歷和成長的機會。我們每個人都有自己的故事和聲音，通過演講，我們可以用自己的聲音去改變世界，去影響他人。我希望每一個人都能堅持自己的夢想，勇敢地發表自己的觀點。

二丙 李姿瑤

第二十九屆聖經朗誦節 獨誦

冠軍	6D 梁天恩	5E 藍旼希	3C 陳端頤
	3D 郭紋綺	3E 張立揚	2B 張恩悅
	2C 張鎰驍	1C 郭宏羿	1D 周律言
	1D 鮑嘉恩		
亞軍	2A 曹悅芝	2C 葉修誠	2E 饒天琳
	1C 周一帆	1C 黃曉山	1D 陳尚灋
	1D 蒙卓鏢	1D 柯睿芝	1E 曾紹閣
季軍	3B 曹穎潼	3D 蔡綺浚	3D 余宛知
	2A 姚可嵐	2C 黃允晴	1A 張約希
	1B 林 鸞	1C 陳天心	1D 李湑瑜
	1E 謝康尚		

港島西區小學校際 游泳比賽

個人項目		
女子甲組 50 米背泳	亞軍	六乙 譚培慧
男子甲組 50 米蛙泳	冠軍	六戊 李雨佑
女子甲組 50 米蛙泳	季軍	五甲 陳思全
女子乙組 100 米蛙泳	季軍	五乙 郭思晴
女子乙組 50 米蛙泳	冠軍	五戊 藍旼希
男子乙組 50 米蝶泳	冠軍	四甲 鍾汶橋
男子乙組 50 米蛙泳	季軍	四乙 余躬而
女子丙組 50 米蛙泳	冠軍	四戊 陳希妍
男子丙組 50 米背泳	冠軍	三丙 江俊毅
團體總名次		
男子甲組團體	季軍	聖保羅男女中學附屬小學
男子丙組團體	季軍	聖保羅男女中學附屬小學
女子甲組團體	季軍	聖保羅男女中學附屬小學
女子丙組團體	季軍	聖保羅男女中學附屬小學

港島西區小學校際田徑比賽

個人項目		
男子甲組 60 米	亞軍	六丙 孔祥翰
女子甲組 200 米	冠軍	六丙 古穎晴
男子甲組擲壘球	亞軍	六丙 施德信
女子甲組推鉛球	季軍	六丁 陳盈希
女子甲組 100 米	季軍	五甲 李卓蔚
女子乙組 200 米	季軍	五戊 藍旼希
男子乙組跳高	亞軍	四乙 趙宇鏗
女子乙組 60 米	亞軍	四乙 孫敏澄
女子丙組 100 米	冠軍	四丁 容思蔚
女子丙組 60 米	季軍	三丙 王樂兒
團體總名次		
女丙團體	亞軍	聖保羅男女中學附屬小學

屈臣氏集團香港學生運動員獎	六丙 古穎晴
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港島西區小學校際乒乓球比賽

男子甲組	亞軍	六丁 蘇以晨 六丁 蔡正言 五丙 劉知熹 四甲 周朗皓 四戊 王梓彥
	傑出運動員	六丁 蘇以晨 六丁 蔡正言
男子乙組	季軍	五丁 林啟熙 五戊 招在謙 四甲 陳 昊 二戊 劉家禧 二戊 梁 晉
	傑出運動員	五戊 招在謙
女子甲組	季軍	六甲 邱文懿 六丙 古穎晴 六丙 鮑明心 五甲 李卓蔚 五丙 何 維
	傑出運動員	五甲 李卓蔚
女子乙組	冠軍	五戊 陳政妤 五戊 馮晞桐 四乙 丘蕊嘉 四丙 李聿陶 四丙 司徒卓知
	傑出運動員	四乙 丘蕊嘉 四丙 李聿陶

香港學校舞蹈節	甲級獎	聖保羅男女中學附屬小學
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全港小學校際劍擊比賽

個人項目

女子丙組花劍個人賽

女子丙組花劍個人賽

季軍

亞軍

四甲 趙玥晴

四丁 周恩丞



二零二三年四月十六日是全港小學校際劍擊比賽，也是我人生中第一次和同學們並肩出戰的重要日子。我、妹妹和認識了四年的同學兼好友——玥晴，代表學校參加了女子丙組花劍的項目。在比賽前，教練特別訓勉我們：「只要全情投入比賽，便能發揮自己的水準，必能取得出色的成績！」

比賽隨即展開，我興奮地踏上戰場。當我知道自己成為其中一位小組賽中全勝的劍手時，無比的喜悅湧上心頭。然而，一想到淘汰賽時只要輸掉一場的賽事，我就喪失晉級的機會，壓力隨之而來，我只能謹慎、小心地應對每一場賽事。經過一輪激戰，終於成功擠身十六強，對手是我經常對賽的劍手。比賽開始了，我們兩人毫不退讓，原本落後的我，頂住壓力追平了比數 4：4，我知道場外的教練、家人都跟我一樣屏息以待，準備決勝一劍。5：4……是我得分了！我當場愣住，聽著隊友們的尖叫聲，教練向我飛奔而來，我的心情難以言喻，因為……近半年的比賽中，我也未曾戰勝她！

經過一整天的比賽，我的體力逐漸下降，所以在冠軍賽中無法發揮應有水平，最終只能獲得第二名。但是，我仍然感到無比的快樂，因為我能與妹妹和好友一同為學校爭光，在團體賽中獲得第一名，這是一次多麼難得的經驗。賽事中，我們仨沉浸其中並全力以赴，最終贏得團體賽冠軍，這令我想起在互聯網上曾看到的說話：「努力只能達標，惟有拚命，才會變得優秀。」我必須繼續努力，絕不鬆懈，鍛煉體能、磨練意志，才可更上一層樓，繼續為學校爭光！

五丁 周恩丞

團體總名次 女子丙組團體賽	冠軍	四甲 趙玥晴 四丁 周恩丞 二丙 周恩在
港島西區小學校際籃球比賽		
	亞軍 女子傑出運動員	聖保羅男女中學附屬小學 六丙 趙思澄 六丁 陳盈希
港島西區小學校際乒乓球比賽		
男子組	亞軍	五丁 許萬澄 五丁 利柏德 四甲 招健皓 四乙 李彥希 四丙 吳卓楠
	男子傑出運動員	五丁 利柏德 四甲 招健皓
女子組	亞軍	六乙 李欣霖 六丙 賀珈韻 六丁 陳知行 五丙 郭懿德 三戊 盧茗暄
	女子傑出運動員	六丙 賀珈韻 五丙 郭懿德
「全港小學體育獎勵計劃」港島西區		
男子組	銀獎	聖保羅男女中學附屬小學
女子組	銀獎	聖保羅男女中學附屬小學

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