

The RED BRICKS

No. 41 SEPTEMBER 2026



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MESSAGE FROM THE PRINCIPAL



It is my great pleasure to welcome everyone back to the start of a new academic year. After a refreshing summer break, our students and teachers have returned to the College with renewed energy, purpose, and enthusiasm. I would also like to extend a particularly warm welcome

to our Form 1 students as they begin this important new chapter in their educational journey.

Each year, our school community focuses on two core values that guide the way we learn, serve, and relate to one another. This year, we will place special emphasis on a “*Sense of Right and Wrong*” and “*Gratitude*”. A sense of right and wrong is not simply about observing rules; it calls on us to act with integrity, exercise sound judgment, and have the courage to stand up for what is fair and just. Gratitude, meanwhile, reminds us to appreciate the people, opportunities, and support that enrich our lives. Through these values, we can build a caring and respectful community in which every individual is recognised and appreciated.

As technology continues to develop at an unprecedented pace, artificial intelligence is becoming an increasingly important part of education and daily life. While it may raise questions and concerns for some, it also represents valuable opportunities for learning and innovation when used responsibly. In line with the Government’s digitalisation strategy, the College will continue to strengthen digital education, with a

particular attention to AI literacy and the thoughtful application of emerging technologies.

Last year, our 110th Anniversary celebrations brought together generations of St. Paulians in a memorable display of fellowship, talent, and school spirit. The Leadership Forums on Sports and Music encouraged our students to pursue excellence, while the Anniversary Homecoming Concert celebrated the remarkable musical gifts within our community. As we look ahead to our 111th Anniversary, we eagerly anticipate welcoming alumni, parents, students, and friends of the College to our Anniversary Alumni Homecoming Day on 5 December 2026 and the Gala Dinner on 20 March 2027.

May this academic year be one of growth, discovery, and shared achievement. Let us continue to support and inspire one another as we nurture young people of virtue and talent, guided always by our College motto: “Faith, Hope and Love.”

Mr Poon Siu Chi
Principal, St. Paul’s Co-educational College

校長的話



回顧過去一學年，感謝天父以豐盛的恩典帶領學校，讓師生在校園生活中不斷學習、成長，並留下許多美好回憶。經過暑假休息後，大家重返校園，攜手展開新學年，迎接新的學習體驗與挑戰。

今年是學校三年發展週期（2024—2027）的最後一年，學校將繼續以「分享愛・常感恩・正向樂學展創意」為發展主題。在培育工作方面，我們會持續鞏固學生正確的價值觀，鼓勵他們發揮性格強項，學會自愛、自重，實踐愛人如己的精神，關心身邊的人和世界，建立和諧共融的社

群。在學與教方面，學校將重點推動數字教育。面對人工智能迅速發展的時代，我們期望學生能以智慧善用科技，加強資訊科技素養；並透過跨學科、跨領域的學習經歷，培養創意、探究精神和自主學習能力，成為具備未來視野的學習者。

過去一年，學校慶祝創校 110 周年，並以「愛己、愛人、愛世界」為主題，舉辦一連串別具意義的慶祝活動。其中，小學部於二月圓滿舉行一連兩天的開放日，獲得各界熱烈支持。校園內設有精彩有趣的遊戲攤位、內容豐富的學科展覽，以及學生精心預備的表演節目，為到訪的嘉賓、家長、親友、校友及社會人士留下深刻而美好的回憶。同學在活動中各司其職，以熱誠接待來賓、盡責參與服務及全情投入演出，表現備受讚賞。衷心感謝全體教職員的辛勞付出，以及家長教師會委員和家長義工的大力支持與協助，使開放日得以順利舉行，成為全校共同珍惜的經歷。

除校慶活動外，學校於上學年下學期舉辦了多元化的學習活動，包括文化詩詞比賽、普通話故事比賽、STEM 科研活動；校外則有英文辯論比賽、ROBOT 比賽、各項校際體育賽事，以及首次舉辦的小學春季音樂會，讓學生在不同範疇中發掘潛能、建立自信，獲得全人發展的機會。學校亦持續優化跨學科學習安排，逢星期五設立 INTERACT 時段，推行 MASTER 2.0 課程、世界公民課及「心靈加油站」活動，藉以擴闊學生的世界視野，提

升創新探究精神，同時關顧他們的身心健康需要。

此外，學校積極安排交流活動，加深學生對祖國文化與歷史的認識。一月，四年級全體學生到新結締的姊妹學校——廣州市南沙區南沙小學交流，並參觀非遺文化園，體驗傳統文化。四月，六年級學生參加為期五天的西安畢業學習之旅，透過走訪古都遺蹟認識祖國歷史文化，並與陝西師範大學陸港小學交流。六月，學校帶領三十多位師生到北京參觀藝術博物館，並與姊妹學校——北京市東城區史家胡同小學進行文化藝術交流，增進兩校情誼。

學校同樣重視教師的專業發展，各科組均安排科本培訓活動，並邀請澳洲正向教育專家訪校，與教師進行專業交流，從不同層面提升教師的專業能力，讓他們能更有效地回應學生的學習和成長需要。在家長教育方面，學校舉辦多個講座和課程，六月更舉行以「家・充電站」為主題的親子福音晚會，期望與家長同行，為孩子建立充滿關愛、支持和安全感的家庭。

「要常常喜樂，不住地禱告，凡事謝恩。」願我們懷着感恩、喜樂和禱告的心，迎接新學年的每一天。祝願全體師生和家長常常經歷上主豐盛的恩典與慈愛，在學習與生活中不斷成長，發光發亮！

張慧純女士
聖保羅男女中學附屬小學校長

Anniversary Homecoming Concert

Where Memories Echo and a Legacy Unites

The Anniversary Homecoming Concert was a deeply meaningful milestone for our community. Bringing the celebration back to our own campus this year offered something truly precious – the intimacy of a true homecoming. Gathering under our own roof, the event became a living bridge across time, drawing different generations of St. Paulians back to the familiar walls of the school hall, where the unchanging spirit of our musical family could be felt by all.



This powerful sense of reunion took center stage as a spectacular lineup of ensembles delivered standout standalone performances. The audience enjoyed exceptional sets by the Wind Band, Harmonica Orchestra, and Symphony Orchestra, alongside brilliant vocal showcases from the Primary School Senior Choir, Treble Choir, Senior Mixed Voice Choir, and our returning Alumni Choir. Seeing our youngest students share the stage with alumni who walked these corridors decades ago beautifully illustrated the enduring continuity of our community.

The evening reached its emotional peak as all four choirs joined forces

with the Symphony Orchestra for a breathtaking performance of *Why We Sing*. In a thoughtful spatial arrangement, choristers stood both on stage and throughout the hall, enveloping the audience in a seamless, immersive wave of sound. Finally, the boundaries between past and present faded entirely as the orchestra, the combined choirs, and the entire audience rose together as one to sing the School Hymn, concluding the anniversary festivities in a powerful moment of absolute unity and pride.

Ms Synthia Ko



Anniversary Leadership Forum



The Anniversary Leadership Forum, with themes on Sports and Music, was held on 17 March and 24 June, respectively, at the College. These forums were created to bring together students, alumni, and invited voices to encourage meaningful conversation around leadership.

Designed to foster thoughtful dialogue, the forums provided a platform for the exchange of ideas and perspectives. Through structured discussions and shared experiences, panelists were able to reflect on leadership in real-world contexts, highlighting how skills such as discipline, teamwork, creativity, and resilience can drive personal and collective growth.



Three former and existing Hong Kong Team athletes, Ms Fung Ying (2nd left), Mr Hugo Poon (middle) and Ms Ng Wing Lam (2nd right), exchanged ideas on sports with Mr Kenneth Lam (left), the moderator, and Mr Kenneth Fok (right), Legislative Council member of Sports sector.



The panelists of the Music Forum (from right) Ms Joyce Cheung, Mr Elliot Leung and Professor Sharon Choa, alongside moderator, Mr Patrick Yeung, shared their real-world experiences with the audiences.

More than just events, the forums also offered students and alumni valuable exposure to different leadership viewpoints. By learning from practical experiences and guided conversations, attendees gained inspiration and fresh perspectives, supporting growth, transformation, and continued development in their leadership journeys.

STAFF DEVELOPMENT

Staff Development Day

On 30 January, teachers gathered at the modern facilities of Go Park in Sai Sha for a day of teacher development that promoted something we can all use more of, physical well-being. The event was designed to encourage movement, spark new interests, and strengthen connections among colleagues through shared challenge and fun.



Participants took part in a lively mix of lacrosse, padel, pickleball, and golf. For many, it was their first time experiencing these sports. Coaches stepped in to guide the group through the basics—introducing key rules, essential skills, and simple strategies—before letting teachers put learning into practice through quick, friendly matches against one another. The result was an energetic atmosphere filled with smiles, cheers, and plenty of laughter, as everyone learned and improved together.

After the morning activities, teachers enjoyed a lunch break during which they were able to tour Go Park's

facilities and appreciate its organic architecture. In the afternoon, the group took a short ferry ride to Sham Shung, a restored Hakka village with lush mangroves and fields. Here, teachers could slow down and enjoy the natural surroundings, while taking part in a guided tour, where they learned more about the area's history.

It was an activity-packed, energising and engaging day that helped colleagues recharge, connect, and grow.

Mr De Brackinghe Julian

Joint Development Day for Church, Schools, and Social Services

On 15 May 2026, teachers from our school joined 8,000 educators, clergy, and social workers at the Hong Kong Convention and Exhibition Centre for the 5th Joint Development Day for Church, Schools, and Social Services. Organised by the Hong Kong Sheng Kung Hui (HKSKH), this major triennial event focused on a significant theme for our entire school community: "Wellness for All."

The conference provided invaluable insights into supporting youth mental health and managing stress. Among the highlights were two inspiring keynote speeches. Dr Lam Ching-choi, Chairman of the Advisory Committee on Mental Health,

emphasised the importance of preventative care, showing how schools and communities can work together to support students before emotional distress escalates. Renowned psychiatrist Dr Sylvia Chen Chia-lu shared practical strategies for handling stress and anxiety, reminding us all of the power of empathy, healthy emotional outlets, and self-care.

The day was also a time of celebration, featuring Long-Service Awards that honored dedicated educators who have served our

school network for an extended period of time.

Our staff returned from the event inspired by Archbishop Andrew Chan's closing reminder to prioritise well-being. We look forward to bringing these renewed insights, strategies, and positive energy back into our classrooms to continue fostering a healthy, supportive, and resilient environment for our students.

Ms Gigi Wong



EXPERIENTIAL LEARNING

Rites of Passage

As the multicoloured sunset faded over the horizon, giving way to the crescent moon hanging just over the ranch, I wondered how exhausting and difficult these four weeks would be. Little did I know that this RoP would be a life-changing experience, an epiphany that reshaped the way I knew the world.

Constantly hounded by an array of academic assignments and commitments, we often succumb to excessive pressure and negative self-talk, especially in a hectic concrete jungle like Hong Kong. The lush landscapes and serene waters of the Sunshine Coast, which we were immersed in, were an unexpected yet welcome retreat from

the hustle and bustle of daily life, while the absence of digital distractions allowed us to reconnect with nature and achieve mindfulness. Spending time with my groupmates through card games and even moments such as scrubbing the wok together created cherished memories, transporting us back to a more carefree time where all worries were momentarily forgotten.

Canoeing in the pitch-blackness along a meandering river back to our campsite with only the stars to illuminate the way was a surreal experience. Lying back on our boats to rest, we were dazzled by the Australian night sky, with the Southern Cross prominently displayed and shooting stars

occasionally streaking across the sky. It was just another reminder of how small we were compared to nature, encouraging us to notice and appreciate every detail around us.

Before we knew it, the moon had waxed and waned back to a crescent again, and our four-week odyssey down under had come to a close. Life perhaps would return to its usual rhythm with unprecedented challenges ahead, yet the profound takeaways from the Rites of Passage would remain with us, reminding us of the truly important values in life.

3E Chan Lai Man



I stepped into Kenilworth Homestead with a sense of anticipation and curiosity, and left with a triumphant sensation washing over my body.

It was definitely a great challenge to my mind and body — and this gave me newfound strength, resilience and friendships. On our expeditions, the hikes were physically demanding, with heavy breathing, determined footsteps and lively comments filling the air. For someone who was not used to regular exercise, trudging through mountainous terrain for over seven hours felt like a true test of endurance. A wave of uncertainty ran down my spine as my vision became less clear in the middle of the hike. Thankfully, my kind groupmates helped me carry some of my gear and encouraged me warmly. Our

bustling chatter and chuckles soon lifted my spirits. Not long after, stunning scenery emerged — sunlight slipped through the cracks between the lush trees; vibrant hues of blue and orange mingled amongst the clouds. Standing at the peak of Mount Allan, I felt a refreshing sense of calmness, tranquility and glee.

As night fell, we gathered around the blazing campfire. Amidst the dark sky and cool wind, a flame crackled. As our bodies warmed up, we filled the silence with games, funny stories and hearty laughter. Away from the hustle and bustle of daily life, the absence of digital distractions allowed us to reconnect with nature and achieve mindfulness. Spending time with my groupmates through card games and even moments such as scrubbing the wok together created cherished memories, transporting us back to a more carefree time where all worries were momentarily set aside.

Canoeing under the night sky along a meandering river back to our campsite with only the stars to illuminate the way was a surreal experience. Lying back on our boats

to rest, we were dazzled by the Australian night sky, with the Southern Cross prominently displayed and shooting stars occasionally streaking across the sky. It was just another reminder of how small we were compared to nature, encouraging us to notice and appreciate every detail around us.

Before we knew it, the moon had waxed and waned back to a crescent again, and our four-week odyssey down under had come to a close. Life perhaps would return to its usual rhythm with new experiences and challenges ahead, yet the profound takeaways from the Rites of Passage would remain with us, reminding us of the truly important values in life.

On the whole, it was undoubtedly an unforgettable and delightful experience — whether because of the scenery and food, the new people I've met, or the memories I've created.

3E Ng Sheung Sheung





“Not just survive, but thrive.” That was what our instructors told us throughout the whole RoP programme. Having to stay in the wild for nights without the use of your phone or internet, I completed many challenges that can only be achieved through RoP. RoP truly serves as a meaningful and fulfilling experience that I will never forget.

‘Coreen’, the name of my group, means ‘mountain,’ representing our unwavering determination and strong team spirit. Together, my groupmates and I have built an unbreakable bond that will last a lifetime. Throughout the 28 days of adventures, our group accomplished a lot. From hiking to the top of different mountains to

canoeing with heavy packs from one campsite to the next, these could never have been done without the help of each and every member in the group.

Other than the wonderful memories created, RoP has taught me soft and practical skills that can never be learned in lessons and classrooms. The 28-day programme gave me opportunities to talk to people I wasn’t close to, as well as to camp overnight in the wild. These experiences have improved my communication skills and enhanced my independence. Being given the chance to put down my phone, I have also learned a valuable lesson about appreciating nature and enjoying the moment.

This transformative journey has undoubtedly changed my life and led me to realise the importance of enjoying the process and trying my best in everything.

3G Wong Tin Lok

LEADERSHIP & COMMUNITY SERVICE

Asia Society Gala Dinner

I had the privilege of attending the Asia Society Hong Kong 35th Anniversary Gala Dinner alongside other Prefect Board and Student Union representatives. I am incredibly grateful to our school for providing us with this invaluable opportunity, allowing us to engage with global perspectives outside the classroom.

The panel discussion offered profound and diverse insights into geopolitics. Focusing on increasing global fragmentation and uncertainty, the panelists offered a compelling exploration of contemporary geopolitical dynamics. Dr Rudd’s concept of “managed strategic competition” highlighted the need for structured engagement between

major powers to mitigate conflict while acknowledging strategic rivalry.

What struck me most was not just the content of the conversation, but the wealth of perspectives it offered. The evening allowed me to witness how experienced leaders approach complex global challenges with nuance and open-mindedness. Rather than presenting fixed opinions, the panelists explored differing viewpoints, acknowledged disagreements, and emphasised the importance of dialogue.

Beyond geopolitical insights, the experience reshaped how I view my role as a student representative. It reinforced the idea that leadership is

not only about representing others, but also about listening to and engaging with diverse opinions. Seeing how influential figures navigate disagreement made me reflect on how I can bring a similar level of thoughtfulness and responsibility into my own role at school.

Being among leaders and professionals also served as a reminder that as students, we are not mere bystanders to these globally significant conversations, but the next generation that should actively engage with global issues.

5G Tsang Yik Ching



Along with seven other student leaders from the Prefect Board and Student Union, I had the privilege of attending the Asia Society Hong Kong 35th Anniversary Gala Dinner in late April. The event brought together a distinguished assembly of guests, including former Australian Prime Minister, the Honourable Dr Kevin Rudd; Japanese diplomat, Mr Taro Kono; and the core members of the Asia Society Hong Kong, alongside industry professionals and student leaders from various schools.

The gala dinner was a valuable platform for connection. The highlight of the event was the panel discussion featuring the Honourable Dr Rudd,

Mr Kono, and Mr Ronnie Chan, who discussed the current and foreseeable geopolitical landscape in Asia, as well as evolving relations between leading powers. Aside from the exchange of insights on stage, student leaders from schools across Hong Kong had the chance to converse and share experiences. We exchanged thoughts on different curricula and shared takeaways from leading our respective student bodies.

Personally, participating in this event has reminded me of the importance of embracing a diversity of opinions. While open-mindedness is undoubtedly

key concerning multi-stakeholder global politics, it is equally essential in the running of the Prefect Board. Often there are different, or even conflicting, ideas when making decisions, prompting further discussion to attain a compromise—a process requiring reception and respect for alternative viewpoints.

I am incredibly grateful to have had the opportunity to attend such a prestigious event, which has broadened my horizons and enriched my perspective as a student leader.

5H Wong Yi Sarah

Student Union Local Exchange with St. Stephen's College

In April, ten of us had the privilege of participating in an exchange programme with St. Stephen's College. We spent three days at their expansive campus, experiencing their approach to teaching, immersing ourselves in their daily school life, and meeting some truly wonderful people along the way. We went on tours to get a feel for the place and headed into Stanley for lunch one afternoon, a welcome chance to explore the area and get to know our buddies a little better outside of the classroom.

What stood out most was how naturally we all got along. We arrived not quite knowing what to expect, but conversations flowed easily from the start. We quickly discovered we had far more in common than anticipated, shared interests, shared frustrations over academics, and plenty of aligned opinions. St. Stephen's College boasts an impressive range of ECAs, and swapping stories about our respective pursuits outside of class made for some genuinely engaging conversations.



When our buddies came to us for three days, that same warmth carried over. Showing them around our campus and sharing our routines made the exchange feel far less formal than expected, less like a programme, and more like catching up with them and introducing them to our daily lives.

The joint performance at the Student Union Talent Quest was a fitting conclusion, a collaborative effort that both schools could take pride in. We

leave with friendships we intend to keep, and sincerely hope this exchange becomes a tradition that continues in the years to come.

5I Wong Chak Yan Aiden

In April, along with nine other students from Forms 4 and 5, I had the pleasure of participating in a local exchange programme with St. Stephen's College. While our schools share many similarities, such as our curriculum and academic rigour, I was struck by the many differences between them. During our three-day stay at St. Stephen's College, we were amazed by the school's extensive campus, featuring a fusion of modern architecture and historic buildings.

Furthermore, the campus overlooks a serene beach and is surrounded by nature, providing a restful and refreshing atmosphere for learning, in contrast to the busy urban environment here at St. Paul's. Another thing that particularly struck



me was the emphasis on art and history at the school. As art plays a significant role there, students' artwork is displayed throughout the campus, acting as a colourful and playful addition to it. On our school tour, we were introduced to the

College's long history and were surprised by the school's crucial role as an emergency military hospital during World War II.

Beyond the school's culture, the exchange provided a great opportunity to build lasting friendships, not only with our exchange buddies but also with other Form 5 students there. We bonded over our shared academic stress and extracurricular activities.

Overall, St. Stephen's College is a traditional yet fun school that provided us with a fruitful and unforgettable experience, and I hope this exchange tradition continues to strengthen our bond.



5I Chung Pui In Noelle

Exchange Programme to United World College, Singapore

My exchange with United World College (UWC) in Singapore was definitely a highlight in my secondary school life.

Hosting the exchange program really made me realise how important communication was to give my exchange student Emily the best experience in Hong Kong.

While in UWC, I was especially in awe of the rich diversity of the school, where people with different ethnicities and backgrounds came together to learn in such a healthy environment. In the short two weeks I spent there, I



always felt welcomed by both the staff and the students, who were extremely friendly and outgoing. I was able to fully immerse myself in UWC's many classes and activities, including an annual Day of Swim.

I am especially grateful for my exchange host family, who cooked delicious food, planned amazing activities and introduced me to Singapore.

In this exchange programme, I got to experience a totally different teaching method which included frequent group discussions and group projects. Moreover, I established many long-lasting friendships and created lifelong memories, such as

going to Universal Studios with friends and watching a special fireworks show in Marina Bay Sands with my host family.

2B Lam Chi Yan Isabel



Exchange Programme with Presbyterian Ladies' College, Sydney, Australia

No words can fully encapsulate the sheer volume of memories my exchange buddy Libby and I managed to make in a few short weeks. Right from the moment when I signed up for the exchange programme with our sister school Presbyterian Ladies' College, Sydney, I was eagerly anticipating the arrival of my buddy.

And truth be told, the reality of the entire experience far exceeded even my high expectations, as we dove straight into shared jokes, chaotic debate on the best local food, and

ceaseless laughter from attempting to learn local slang.

Yet, the most rewarding aspect of the exchange was the stepping into the role of her amateur tour guide. Despite my busy schedule, I took the time to plan activities and introduce Libby to different local places, which ultimately taught me many precious lessons on communication. Navigating the city with her also allowed me to temporarily step away from the frantic pace of my school routine, slowing down to appreciate my surroundings.

4G Sofie Chan



Serving as Katrina's exchange buddy for a month this April was unexpectedly meaningful. Unlike a typical tourist, Katrina had visited Hong Kong before, so I chose to take her beyond the usual attractions. Instead of the Peak or the Big Buddha, we explored quieter neighbourhoods like Sham Shui Po's fabric markets, wandered through Mongkok and Prince Edward's bustling side streets, and visited a local wet market early in the morning. Seeing Hong Kong through her curious eyes made me rediscover my own home, its hidden textures, sounds, and rhythms that daily routines often make me

ignore. I realised that even a familiar city feels new when you slow down and share it with someone eager to understand it.

More than just showing her places, this experience built an unexpected friendship. Over bowls of noodles and long MTR rides, Katrina and I moved past simple small talk into real conversations. She told me about growing up in Sydney, and I shared my childhood stories set in Hong Kong housing estates. We laughed over getting lost in big shopping malls and celebrated when we successfully

ordered off-menu items. By the end of April, she no longer felt like a visitor I was assisting, but a friend I genuinely looked forward to seeing. This exchange reminded me that meaningful connections often begin with small acts of showing up. As I prepare for my own exchange to Australia this summer, I hope I can be as open and appreciative a visitor as Katrina was here.

4B Yuen Hiu Sin Tayla



Exchange Programme with St. Philip's College, Australia

This May, I had the privilege of hosting Ella Schwer from St. Philip's College in Alice Springs, Australia, for a three-week exchange programme. The experience was both enriching and transformative.

As Ella's host and guide, I introduced her to Hong Kong's diverse cultural landscape. We visited landmarks such as Man Mo Temple, the Big Buddha on Lantau Island, Disneyland, The Peak, Tai O, the Hong Kong History Museum and M+ Museum. We also travelled to Shenzhen, marking Ella's first visit to Mainland China. Each outing created meaningful opportunities for cultural exchange, allowing her to experience both Hong Kong's modern energy and its historical heritage.

Balancing my academic responsibilities with hosting duties during exam season required strong time management. I



had to juggle studies, extracurricular activities, and my role as a guide. I also learned to communicate with patience and clarity, especially when cultural differences required careful explanation. Presenting familiar sights and customs to someone new helped me see my home from a fresh perspective.



Viewing Hong Kong through Ella's eyes deepened my appreciation for the city. Her observations about our dense urban setting and busy public transport system offered insights I had previously taken for granted.

This programme not only fostered a lasting friendship between Ella and me, but also contributed greatly to my personal growth. I look forward to more exchange opportunities and encourage others to embrace similar experiences.

4H Siew Lok Ting Tania

Exchange Programme with Christ's College, New Zealand

I had the opportunity to participate in an exchange programme with Christ's College, a Round Square school located in Christchurch, on the South Island of New Zealand. Over the course of four weeks, my buddy, Alex, visited Hong Kong, and we explored the city in the limited time we had after school and over weekends.

I learned valuable skills during the experience, most notably time

management, as I balanced schoolwork, revision for exams, visits to different parts of Hong Kong, and interacting with someone from a foreign country whose way of life differed so much from mine.

Throughout the exchange, we both had to adjust our lifestyles to accommodate each other's habits and make the most of this precious opportunity.

We visited attractions such as Ocean Park, Cheung Chau, and Sai Kung. We also had the opportunity to visit Shenzhen for a day. This was a particularly unique experience for Alex because of the contrast between the bustling streets of Shenzhen and Hong Kong and the peaceful atmosphere of Christchurch.

It is a great honour to represent the school through participation in



international activities, and I look forward to visiting Christchurch during the summer holidays.

4E Zhang Yilin Linwood

2025-26 國內姊妹學校交流團

上海復旦大學附屬中學

與學伴家庭初見，上海人的熱情淳樸立刻消解了我的陌生感。房間整潔，飯菜周到，種種細節讓我並無「獨在異鄉為異客」的孤寂，反而真切地融入了他們的日常生活。

進入復旦附中總部課堂隨班聽講，其校訓「博學而篤志，切問而近思」，恰如其分地概括了他們廣博求知、堅守志向的學風。坐在教室後排，看著同學們在課上追問不止，課後仍圍著老師探討的場景，我深受觸動——這種對於學問刨根問底的執著，正是我極需補足的功課。

四甲 李嘉鴻

北京清華大學附屬中學

在清華附上上課的三天裡，我像是一塊海綿，吸收著這裡獨有的學習氛圍。我發現內地的老師和同學更喜歡「知其然，更知其所以然」，每當遇到一個新的定理、概念，或是題型，大家總喜歡抓著知識背後的原理深入探討。務求打好基礎，步步為營，持續進步；而相反地，我們香港的課堂，則更看重知識的靈活變通與實際應用。這兩種風格，一求其本，一務其用，雖截然不同，卻在是各有千秋、相得益彰。

二庚 張倬寧



這次行程讓我真正體會到，文化交流的核心不在於形式或林林總總的活動，而在於人與人之間真誠的理解與共鳴。到了夥伴家，他父母非常熱情地招待我，爸爸煮了傳統的上海菜，媽媽還教了我幾句上海話。週末，交流生一家帶我走訪了上海迪士尼和野生動物園。在創極速光輪的尖叫聲中，我們緊緊抓住扶手，風聲呼嘯而

過，那一刻沒有來自哪裡、說著什麼語言的區別，只有並肩挑戰恐懼的暢快。臨走時，伙伴天躍送給我一本書寫註解的城市地圖，說：「這是我眼中的上海，希望你帶回家。」我也回贈了家鄉的相冊，交換的不僅是禮物，更是彼此生活的一部分。

四戊 何思源



同學之間，沒有排斥，沒有孤立，課堂中總是充滿了歡聲笑語。但同時，我也感受到內地學習壓力之大，老師每節課都發下來印著密密麻麻的文字功課，我聽得最多的便是紙筆摩擦的沙沙聲。而在這種環境下，他們居然能夠營造出不用老師管紀律，大家一起往上走的學習氛圍。我發現，所謂的交流，不是單向的學習研究，也不是走馬觀花地看個新鮮，而是坐進他們的課堂，一起想問題，說觀點，然後發現，我們身處兩地如此不同，但又如此相似。

三庚 江正程



天津南開中學

剛走進南開校園，就被這裏的氛圍打動了。「允公允能，日新月異」這八個字校訓，沒有刻意的張揚，卻在校園裏隨處可見，字字都透着南開的底氣。校園裡還有《容止格言》的提醒，看着南開學子們整潔的儀表、謙遜有禮的樣子，才真正明白，這種良好的素養，從來都不是刻意要求出來的，而是融入日常的習慣。

二丁 管淳珏

最讓我念念不忘，還是南開中學的課堂與那些熱情的夥伴。體選課時，他們爭相邀請我加入不同的活動；下課時，拉著我一起玩三國殺、聊八卦，甚至悄悄放了一張小紙條在我的文具盒裡，上面寫的叮嚀裡提到一定要再來天津。海河的晚風、街角的煙火、南開的歡聲笑語，還有那些熱氣騰騰的美食與真誠熾熱的人，都成了我此行最珍貴、最難忘的收藏。

五甲 朱子熙

High Table Lunch for Student Leaders

It was a great honour to attend the High Table Lunch along with other student leaders, and even to serve as the MC of the event. The High Table Lunch was a great opportunity for us to connect and share our experiences with other student leaders.

The sharing by our alumnus Mr Jeremy Young on the topic of leadership and service was very engaging and inspiring. He told us the story of how he became part of the Legislative Council in the Central and Western District. This felt particularly relatable when he told us about his role in making the 12A a double decker bus despite the height restriction on Kennedy Road.

Mr Young also shared that leadership is about being prepared for the worst while hoping for the best, being humble, and taking with us the values of Faith, Hope and Love when facing failures in life. He emphasised how failure doesn't define us and that there is always a positive aspect in



every challenge, a perspective we should embrace. Most importantly, he urged us never to lose faith when facing setbacks, especially as leaders. His words resonated with me deeply and inspired me to reflect on how we, as student leaders, can continue to grow—not only by strengthening our mental resilience and mindset but also by seizing every opportunity, whether large or small, to broaden our horizons.

I am truly grateful to have attended the High Table Lunch for student leaders, as it allowed us to exchange insights, as well as reflect on our journey as leaders over the past year.

5A Tanya Chan



What is the purpose of a High Table Lunch? This was a question I kept returning to in the weeks leading up to the event. To an outsider, it might appear to be a formal meal shaped by time-honoured traditions. However, the moment I stepped through the doors of Zetland Hall, I knew that it would be a unique and meaningful experience.

After the introductions, the formal atmosphere soon became warm and

lively as everyone began talking with one another. Sitting alongside students from different Forms, I was amazed by how easily we found common ground. The tables soon filled with laughter and stories, bringing together people with different experiences of school life.

When the keynote speaker, Mr Jeremy Young, shared his own experiences, his message was both

practical and inspiring. He reminded us that leadership is not necessarily about possessing natural authority; rather, it is about having the willingness to recognise and seize opportunities when they arise.

Looking back, I now understand the purpose of a High Table Lunch. It is not simply about the formalities of the meal or the traditions that surround it. Rather, it offers us an opportunity to step beyond our initial hesitation, engage with peers from different Forms, participate actively, and discover genuine value in shared experiences.

It was this gradual shift from formality to meaningful connection that made the afternoon at Zetland Hall so memorable.

5E Tsui Ho Lai Harley

Xinjiang Study Trip 2025

This past 18 to 25 July, I set off on a trip to Xinjiang along with fifteen of my fellow schoolmates and two of our teachers. This journey brought us face-to-face with an amazing mix of natural wonders, rich history and culinary traditions shaped by the Silk Road.

From the fiery sunset hues at Jiaohe Ancient Ruins to the tranquil blues of Tianshan Heavenly Lake, each spot we went to seemed straight out of a postcard. We then marvelled at the

Karez Well System, Earth's largest underground irrigation system, and understood how it enabled generations of settlers to survive in the desert. The intense heat of the Flaming Mountains felt almost like standing in front of a furnace. Not far away, riding dune buggies at Kumtag Desert gave us sweeping views of the local town and endless towering dunes. No trip to Xinjiang would be complete without savouring the cumin-spiced lamb skewers, sweet melons and lamb pilaf (zhuaflan) - and savour we did!

Beyond the breathtaking vistas, the most memorable part of this trip was certainly our volunteering experience at a local school in Turpan. The initial shyness of the children quickly gave way to bright smiles and enthusiastic hands raised in the air. I realized that



despite our different cultural backgrounds, our shared passion for learning naturally bridged the gap between us. Seeing their eyes light up when they finally understood tough English phrases, listening to them sing "A Million Dreams" with so much passion, and witnessing their spectacular performances made me appreciate how much talent and warmth they had to share. Those two short days left a far deeper impression on me than any tourist spot could.

Travelling through Xinjiang brought together breathtaking scenery, incredible food, and indelible experiences with the locals, leaving me with memories I will carry for years to come.

4G Wong Tin Yat



SCIENCE, MATHEMATICS & HUMANITIES

International Student Science Conference 2026

From exploring the bustling night markets of Taichung, to standing before a panel of international delegates, our journey at the International Student Science Conference 2026 (ISSC) was an unforgettable week of discovery and friendship. This April, eight of us gathered at Stella Matutina Girls' High School alongside delegates from Italy, India, and Australia.

We were privileged to present our projects - Freshguard, a mobile app



designed to reduce food waste, and Retina, a pair of smart glasses for enhancing accessibility. The research presentations from other schools, such as SMGHS's project on biodegradable spoons and the Doon School's research on fan blade design, were equally inspiring.

Beyond the lecture halls, we were immersed in diverse cultures through presentations that introduced local traditions and delicacies, alongside performances such as Indian songs and shadow play. These activities deepened our understanding of how culture shapes identity and communication. The bonfire night was another memorable highlight. As we sat around the fire, we formed lasting bonds that transcended differences in language and nationality.

Besides cultural exchanges, ISSC balanced scientific learning with sightseeing. From experiencing a level 6 tremor simulation at the 921 Earthquake Museum and wandering around Sun Moon Lake, to visiting Taipei 101 and feasting on street food at Shilin Night Market, every moment left us with lifelong memories.

We are forever grateful for this experience, and we would like to express our gratitude to the Retina team, Ms Lau, Mr Lau, and all SMGHS staff. May the next ISSC be another huge success!

3B Huang Ling Yuet,
Kong Ho Yan Alisha,
Lam Yin Tung Katie,
and 3C Leung Suet Ching

By listening to presentations from different groups of students, we realised that the scientific method can be used to address a range of challenges, including sustainability.

The keynote speeches throughout the conference were relevant and entertaining. At the opening ceremony, we were astonished to learn that AI can help mitigate the impacts of climate change by providing optimisation frameworks, but that it may also contribute to the problem, as AI data centres consume large volumes of water.

We also learned about research conducted by the winners of the 2025 Nobel Prize in Chemistry on metal-organic frameworks (MOFs). These crystalline materials can be designed to absorb gases such as carbon dioxide, thereby helping to reduce emissions from power plants.

This reminded us that new scientific discoveries can have numerous potential applications and may benefit humanity in unexpected ways.

5A Lam Chun Hin and Zhu Zixi,
5I Chan Siu Yin and Sze Chun Hei Brian



The International Student Science Conference 2026 was one of the most memorable journeys we have ever embarked on. That eventful week in Taichung not only enriched our knowledge of various scientific disciplines but also allowed us to foster long-lasting friendships with like-minded students who share our passion for science.

The student presentations were a major highlight, as representatives

from each school shared the scientific research they had conducted. We were amazed by the variety and depth of the investigations. For example, delegates from Italy proposed environmentally friendly solutions for generating tidal energy from canals in Venice, while delegates from India presented a report on the oil-sorption capacity of natural fibres. Their work was scientifically rigorous and supported by thorough analysis.

The 26th Asian Physics Olympiad



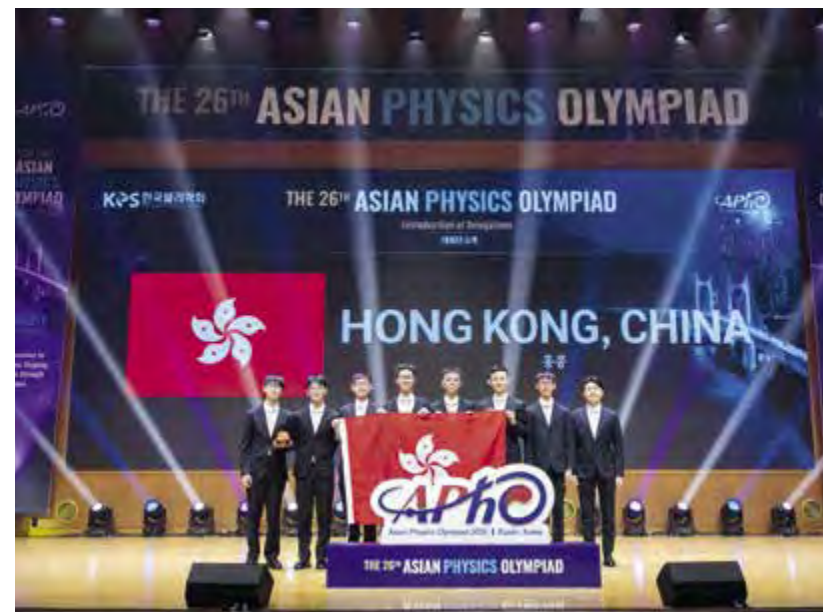
In May, I was honoured to represent Hong Kong at the 26th Asian Physics Olympiad, held in Busan, Korea. As it was my first international physics

competition, it offered me an excellent opportunity to demonstrate my problem-solving skills and interact with young physicists from various countries.

In the theoretical examination, we were required to solve three challenging physics problems within five hours, without any external assistance or hints. In the experimental examination, we were tasked with designing and conducting experiments to investigate fluid flow rates and component resistance.

The practical examination was a valuable experience for me. Under time pressure, I made a few minor yet costly mistakes, which caused me to lose many marks. Although I failed to perform at my best, I learned an important lesson. I came to understand the importance of maintaining composure under stressful conditions, as even a moment of nervousness can lead to significant errors.

5A Tian Yu Yang Timothy



Representing Hong Kong in the 26th Asian Physics Olympiad (APhO) held in Busan, South Korea was a great honour and experience for the three of us. The prestigious event allowed us to interact with like-minded young physicists across Asia, sharing knowledge, passion and fostering friendships.

The Olympiad consisted of two exams, a theoretical and experimental exam, each lasting 5 hours. In the

theoretical exam, we were tasked to investigate the physics behind weighing scales, the diffraction of X-rays by electrons and evolving thin films, and the phenomenon of magnetic resonance due to precession of the magnetic dipole moment. Although these may sound unfamiliar, they are the physical principles that allow us to weigh ourselves, pass our bags through X-ray scanners in airports, and enable MRI imaging in hospitals.

One of the most valuable aspects of the experience was the opportunity to socialise with like-minded young physicists from across Asia and Oceania. Before the examinations, we discussed physics problems with fellow enthusiasts from Australia and the Mainland Chinese team, facilitating an exchange of knowledge among curious minds. During the competition, all our electronic devices were collected, which encouraged us to make the most of this opportunity for cultural exchange and the sharing of ideas among young physicists.

We sang Cantonese songs on the coach with other participants and even taught Australian participants how to play traditional Chinese games. We cherished these moments of bonding and friendship, and these memories will stay with us forever.

For the experimental exam, we were investigating the mechanics of a water clock and how analog-digital conversions may cause errors in measurement. We had to perform a series of small tasks, such as measuring the volume flow rate of water and the linearity of the analog-digital conversion scale. For other tasks, designing and performing our own experiments are also required. We did our best and were awarded 3 bronze medals.

The Olympiad also allowed us to have various interactions with the other delegates, including the Australian, Canadian, Indian, Israeli, Japanese and Chinese teams. I still vividly remember the nighttime karaoke sessions, playing each other's local board games and exchanging each other's currencies. As we joked about the cliché adage, "Maybe the real treasure was the friends we made along the way", participating in APhO was definitely an eye-opening and enriching experience.

5E Liu Sung Yat Kasper

The Olympiad was a fruitful experience that offered much more than solving problems on paper. We also had the opportunity to immerse ourselves in Korea's vibrant culture and experience its inspiring scientific spirit.

Our Busan field trip began on Day 4 at Haedong Yonggungsa Temple, a beautiful temple set along the coastline. We took the opportunity to learn about Korea's rich Buddhist tradition. Later that day, we visited the Busan National Science Museum, where we explored a variety of exhibition halls featuring automobiles, aerospace, medicine, and more, learning various scientific principles along the way.

The following day, after finishing the experimental exam, we took a relaxing

break at Haeundae Beach beside the open sea. We then strolled to the Nurimaru APEC House, the site of the 2005 APEC Summit. The idyllic coastal scenery, combined with the landmark's historical importance, left an indelible impression on us.

Days 6 and 7 marked two in-depth excursions into Korea's scientific community. On Day 6, we visited the Ulsan National Institute of Science and Technology (UNIST) and were deeply impressed by the innovative spirit of the researchers, who demonstrated their latest work, such as methods for efficiently extracting energy from seawater. In the afternoon, we headed to Hyundai Motor's Ulsan factories and got a glimpse of Korea's cutting-edge industrial prowess, with each

stage of production demonstrating exceptional technological expertise.

On our final day of excursions, we visited POSTECH, an illustrious research university near Busan. We attended a highly instructive lecture by Harvard Professor Taekjip Ha on the intersection of physics and biology. This was followed by a tour of POSTECH's state-of-the-art laboratories and facilities, including a large-scale particle accelerator. These experiences deepened our desire to pursue research and explore new frontiers in science in the future.

5I Chen Siguo

Form 2 STEM Learning Trip to Singapore



Our journey began as we touched down at Jewel Changi Airport, where we were immediately greeted by the iconic Rain Vortex — the world's tallest indoor waterfall. After that, we stopped to admire the Merlion statues along the waterfront. Later that evening, we explored a completely different side of Gardens by the Bay. It was truly and unforgettable experience gazing up at the Supertree Grove, illuminated by vibrant fluorescent lights.

Aside from sightseeing, our itinerary

was packed with numerous STEM-related activities that enriched our knowledge and sharpened our critical thinking. Singapore's approach to sustainability and urban planning was one of the central themes of our trip. We had the honour of visiting the Marina Barrage, which gave us better insight into Singapore's flood control systems and complex water management. We also learnt how the city actively promotes cycling and eco-friendly transportation to reduce carbon emissions.



One of the major highlights of the trip was visiting the National University of Singapore. Beyond touring the enormous campus, we also took part in interactive lessons where we learnt how to build robotic cranes, laying the foundation for our understanding of robots and automation. Over the course of six days, we savoured delicious local staples like laksa and Bak Kut Teh. We also delved into the rich cultural heritage by exploring historical streets and local shops. In the end, we returned home with not only souvenirs, but also a profound respect for Singapore's culture and passion for science and innovation.

2A Cheung Sin Yi Melissa



Looking back at the trip, I would have never thought that the Form 2 STEM Trip to Singapore has become a core memory in my SPCC journey.

The itinerary began with our arrival, we engaged in various STEM-related workshops including a drone workshop, which we were able to compete against each other in achieving the fastest single lap through an obstacle course, the hands-on experience in the forensic science workshop, an AI & robotics course at the National University of Singapore and also a school exchange at VictoryLife Christian School (VLCS). One of my most memorable experiences was undoubtedly visiting the APSN Centre for Adults, a social service agency dedicated to help individuals with mild

intellectual disabilities. Interacting with them had left a warm and genuine joyful impression on me.

Beyond the classroom, we discovered Singapore's diverse heritage, such as the iconic landmarks like the Jewel Changi, the Merlion Park, the Gardens by the Bay Supertrees, also the

2B Wong Tsz Hong



Asian Science Camp 2026

From 2 to 8 August 2026, we were privileged to participate in the Asian Science Camp at the University of Hong Kong.

We attended lectures delivered by eight esteemed speakers, including four Nobel laureates and a Fields Medalist. Beyond acquiring cutting-edge knowledge, we drew inspiration from their research journeys. The most memorable account was Professor Dennis Lo's perseverance in his research on Non-Invasive Prenatal Testing (NIPT) technology despite multiple halts.

We also engaged in dialogues with several speakers, allowing us to ask questions up close during a possibly once-in-a-lifetime experience. I distinctly recall a professor's advice that scientific research is a lifelong journey requiring a solid foundation before venturing into new interdisciplinary fields.

One challenge was the poster presentation. We researched problems related to selected UN Sustainable Development Goals (SDGs) and proposed science and technology-based solutions. As it was my first time working on something like a science fair project, the amount of preparation required within a limited timeframe was surprising. Amazingly, this activity created a strong bond among our group, making it a valuable experience despite our final product's flaws.

Voluntarily leading a tour of Hong Kong on the final day for foreign students was eye-opening, as it allowed me to view Hong Kong from a fresh tourist perspective.

One key takeaway from the Camp was that science knows no national boundaries — the Camp brought together young scientists from 28 countries and regions. Despite cultural differences, all of us worked harmoniously together and shared a fruitful experience, forming everlasting friendships.

Finally, I am extremely grateful to the school for offering this unique opportunity to participate in this event.

4A Lam Ho Ching



Participating in the Asian Science Camp has been a truly transformative experience. The camp kicked off with a series of enriching lectures from Nobel Prize Winners and world-leading researchers. Interacting with elite scientists and exploring their cutting-edge research was an invaluable opportunity that deeply inspired our passion for science.

A major highlight of the camp was the group innovation project, which challenged us to brainstorm and pitch a novel scientific idea. While we were conceptualising our project, Professor Sir Andre Geim's lecture on isolating graphene inspired us to make use of the special properties of graphene. We realised that graphene would be a highly suitable filter to be used in the magnetic

tunnel junction to increase accuracy in analog computation, replacing the commonly used MgO nowadays.

Developing this conceptual idea into a presentable project was no easy task. Our whole group stayed up till 2 a.m. together, huddled over our notes, debating how it could be implemented. It was seeing the dedication of all the young scientists around me that made me more passionate. We were honoured to win the Gold Award, and seeing our project recognised by world-class scientists has truly encouraged us to venture further into science.

Not only did we get to exchange our ideas with elite students from all around the world, but we also fostered friendships through vibrant cultural exchange. We shared our hometown cultures, told funny stories, and even taught each other to count in our own native languages, such as Cantonese, Korean and Japanese. I will forever cherish these wonderful memories and meaningful discussions we had at the Asian Science Camp.

4H Fan Cheuk Man

The Asian Science Camp has been a fulfilling and rewarding experience that not only granted us incredible opportunities to learn from world-class scholars, but also valuable friendships that would last.

The lectures from the distinguished plenary speakers, which included 4 Nobel laureates, gave us insights into fascinating domains of science. From attosecond physics to multi-cancer early detection, these lectures showed us the ingenuity and power of science and innovation. More importantly, attending the speakers' sharing in person meant that we could learn about their research journeys as well-established scientists, giving us insights on the thought process, attitude and mindset needed to make a groundbreaking discovery worthy of a Nobel Prize.

Apart from these precious learning opportunities, we find the friendships we developed along the way to be potentially worth even more. During the

camp, we were surrounded by 300 participants from 28 countries across Asia, giving us the rare opportunity to mingle with like-minded international students. We were able to discuss and exchange ideas with delegates from Vietnam, Bangladesh, Sri Lanka, and more. These fellow students range from high schoolers to undergraduate students, and everyone comes from strikingly different academic backgrounds. By engaging in collaborative projects and group activities together, we were able to

exchange our ideas on common interests, and gain insights into each other's fields of scientific investigation. The cultural and academic exchanges broadened our global perspective, and we were more aware of societal issues among different countries after sharing personal experiences. These friendships have also lasted well beyond the duration of the camp, and we foresee them to last for years to come.

5E Fu Luigi Ching Nam,
5I Sze Chun Hei Brian



China Adolescents Science and Technology Innovation Contest

China Adolescents Science and Technology Innovation Contest (CASTIC) is a national competition focused on advanced, undergraduate-level engineering knowledge. In its second year following a reform, CASTIC changed from a project-focused exhibition to an on-site, offline problem-solving tournament. Having never participated in such a competition, I found the experience demanding and motivating, and it encouraged me to delve deeper into engineering.

The competition included two consecutive two-hour individual tasks

and one nine-hour group task, with teams randomly formed among students across China and abroad.

The most memorable experience was the first individual task, in which we were challenged to detect a simulated gravitational wave chirp buried in loud, colored noise. I first used Welch's method to whiten the data, then applied matched filtering to isolate the signal. When the signal finally appeared with a high signal-to-noise ratio, I couldn't have felt more accomplished. This task was empowering as it let us realise that, even as high school students, we are capable of understanding and applying professional methodologies, bringing us closer to the frontiers of modern technology.

Another invaluable experience was the group task, which required us to build a fluorescence measurement system. The task spanned from integrating optical components, like dichroic beamsplitters and excitation filters, to programming an ESP32 to process photodiode inputs. However, what tested us was designing

and building an amplifier circuit. This was beyond what any of us had previously learned, so we spent hours studying the provided documentation and debating approaches before finally working out how to construct it. These in-depth discussions brought together the strengths of students with different academic backgrounds, allowing us to learn from each other and making the competition an enlightening experience.

4H Fan Cheuk Man



Hang Lung Mathematics Awards 2025

Our team wrote a mathematics research paper for the biennial Hang Lung Mathematics Awards where we investigated incenter-based triangle subdivision processes; what happens when a triangle is repeatedly divided along its angle bisectors and proved several new results.

Our journey began in March 2025, when we conceived our research topic and read existing literature to familiarise ourselves with the relevant mathematical concepts. Then, over the span of a few months, we developed our ideas into theorems and formalised our proofs. We submitted our paper in August 2025 and were invited to an oral defence in December, where we presented our findings to a panel of judges.

Through this experience, we learned valuable research skills, such as reading and analysing academic papers. Unlike exam problems, for which answers come quickly, we had to immerse ourselves in a single problem for months, exploring different approaches and refining our ideas step by step. It was challenging, but the sense of discovery made every effort worthwhile.

Another highlight was collaboration. Working closely with our teammates, we shared ideas, debated approaches, and supported each other whenever we encountered difficulties. Whenever

we made significant progress, we celebrated by having lunch together as a treat. It was rewarding to put our minds together, and to share our joy whenever we made progress.

Finally, we would like to thank Mr Cheung, our teacher-in-charge, for his unwavering guidance and support. We are also grateful to our school and the Hang Lung Mathematics Awards for this invaluable opportunity to explore mathematical research beyond the classroom.

6D Lee Inna Belle
6I Wong Cheuk Lok



Mathematical Modelling Competition for Secondary Students 2025/26

In late February to March, our team joined the Mathematical Modelling Competition for Secondary Students (MMCSS). For six intensive days, we immersed ourselves in a challenging yet rewarding modelling task, competing with over sixty teams across Hong Kong.

The competition challenged us to design a purpose for drones in Hong Kong and model the drones' flight paths and delivery plans. Our chosen topic, food delivery, allowed us to venture beyond our mathematical comfort zone as we mastered and applied advanced algorithms to boost our model's accuracy and applicability. We implemented algorithms such as Dijkstra's algorithm and DBSCAN to allocate drone stations and map out routes, all within strict time constraints. The process of acquiring



new knowledge under time pressure was demanding yet extremely rewarding, culminating in our model setting over a hundred drone stations across Hong Kong.

Our experience was a profound lesson in collaboration and growth. We refined our teamwork, integrating diverse ideas and strengths across our six-member team, including logical reasoning, data analysis, cohesive writing and coding. We also observed the other innovative approaches in other teams during the oral defence, including medicine delivery and parcel delivery, which broadened our perspective in

problem solving.

Ultimately, this competition gave us valuable insight on how mathematics can be applied in various contexts to positively impact the world around us. We are deeply grateful for the support from our school and workshops organised by the Chinese University of Hong Kong that encouraged us to pursue this achievement and further our passion in mathematics.

5A Lam Chun Hin, 5C Chung Ching Hei, 5I Chan Wing Yan, Fok Ning Yan, Lam Pui Kei and Lee Yat Yin Beatrice



中一國民教育常識問答比賽

在這次的班際國民教育常識問答比賽中，我和另外幾位同學有幸參與，與其他同學較量。

儘管我們幾位同學中文基礎不差，對歷史的認識也很豐富，但面對當日第一輪的問答環節時，仍然有我們不懂的題目。當問到「象徵富貴和繁榮的花是什麼」時，我們一頭霧水，猜了兩次也沒答中，導致我們班這一環節的得分較其他班落後，讓心急如焚的我們壓力倍增。

在第二輪的搶答環節前，我們有一次調換隊員的機會。安排好出戰人選

書頁藏千載，問答見山河。那場班際國民教育常識問答比賽，如一冊輕薄書卷，為我打開中華文脈之窗，帶領我走進國情萬象。

比賽前，我和何沐珈經常在小息互相提問，交流學習。從山川地理、歷史典故，到國家發展、人文風貌，一道道題目讓我們跳出課本的局限，慢慢拼湊出泱泱華夏的完整面貌。

比賽當天，所有人都蓄勢待發，氣氛安靜而緊張。必答題環節中，我們抽到的題目相對其他班較難，我們雖心



後，我們下定決心要好好作答、反敗為勝。在開始前我們先安排好分工：誰負責按鍵搶答、誰負責審題、誰負責回答……我們各司其職、互相配合，多次最快按下搶答鍵，正確地回答了問題，不論對錯依然互相鼓勵。最終，我們班後來居上，並奪得了問答比賽的冠軍。

從這次的問答比賽中，我們得到的不僅是國家文化等各方面和領域的知識，更從中學會隨機應變和群策群力的智慧。團隊的成功不只靠天分和努力，更需要團隊間的協作和默契，才能達到真正的成功。

一丙 趙宇鏗

有志志，但沒有焦躁慌亂，反而沉下心應對每一道題，同時我們也在過程中不斷鞏固舊知識、接納新知識，最終在必答環節中暫列第二。

來到搶答題環節，一開始我們穩扎穩打，可發現分差被拉得越來越開，於是當我聽到「中國最大的盆地是什麼」的這道問題時，心中雖不是很確定答案，但還是搶答了，雖然答案錯誤，但是這使我們在接下來的題目中不再遲疑，把握每一個機會，一步步追回分差。隨著一道道题目的解答，我們對國情常識的理解愈發透

徹，知識儲備也變得更加全面扎實，而也正是日復一日的知識積累，讓我們得以實現逆轉，順利奪魁。

於我而言，這場比賽是一場沉浸式的國情文化學習之旅，帶我領略山河壯闊、溯源千年文脈、見證時代變遷。在這場比賽中，相比勝利的喜悅，更為珍貴的是我們在題目中知曉山河壯闊，在比賽中讀懂文化底蘊，讓每一份努力都化為扎實的知識積澱，伴隨我們不斷成長。

一丙 禱卜一



2025-2026 Citizenship and Social Development Mainland Study Tour

Foshan: Cohesion and Harmony between Culture and History

The trip to Foshan was a valuable opportunity that deepened my understanding of Foshan and helped me build a sense of community and pride for the country's development.

I visited Hung Sing Kuen where Choy Li Fut Kungfu training originated. What caught my eye the most was the lion dance demonstration. Before the visit, I



did not know that the different colours and patterns of the lions represented historical figures like Liu Bei and Guan Yu. I thought that the lions had aesthetic values only. Seeing the lions dance vividly truly connects me to ancient Chinese legends.

I particularly enjoyed strolling through the market of Lingnan Xintiandi. There were hundreds and thousands of handicrafts and cultural products which reflected the meticulous craftsmanship

of the sellers. There were not only traditional Chinese knots serving as decorations for bags, but also modern designs like tie-dye accessories and tiny marbles.

Another highlight was the Cantonese Opera Grand View Garden. The serene landmark integrates antique-style architectural complexes with tranquil lakeside environment, transforming the landmark into a cultural hub for Cantonese opera. The beautifully-preserved garden serves as a cultural symbol and offers a glimpse into the rich heritage of Cantonese opera.

The demonstrations of lion dance and Choy Li Fut Kungfu were eye-opening and places such as the Cantonese Opera Grand View Garden displayed the natural beauty of Foshan. This cultural experience is unforgettable.

5B Chan Wai Kiu



The study trip to Foshan was not only a cultural excursion but a transformative experience that deepened our understanding of China's national development. Throughout this trip, our Citizenship and Social Development learning was enriched, and the trip aided us in acknowledging our country's cultural and economic success. Foshan, a historical city in the Pearl River Delta, reflected China's diverse identity as both a cradle for intangible cultural heritage and a modern hub of industrial and technological innovation.

Firstly, I learned how our country balances cultural preservation and

modernization. Cantonese opera, a UNESCO-listed intangible cultural heritage and cornerstone of Lingnan culture, is safeguarded through dedicated policies, ensuring this 500-year-old art form is passed down through generations. This investment in heritage acts as a source of China's soft power and national pride.

Secondly, Lion Dance, another iconic Foshan heritage rooted in martial arts, further illustrates this balance. Young artists showcase their talents worldwide, promoting Chinese culture abroad and keeping the art form alive. This reflects China's cultural globalization and soft power, reinforcing

5F Yu Ching Hei

2025-2026 Model Legislative Council

Since primary school, I have learned about the Basic Law and the Legislative Council. The Model Legislative Council programme offered me the chance to delve deeper into these familiar topics. I had the opportunity to visit the Chamber of the Legislative Council Complex and speak face-to-face with serving Members of the Legislative Council. These new experiences gave me an entirely new perspective.

The most memorable activity was undoubtedly the Model Legislative Council meetings. Working in groups, my groupmates and I assumed the roles of Legislative Council Members and were tasked with drafting bills on issues such as the Wang Fuk Court Post-Disaster Redevelopment. We participated in debates and voted on proposed bills through the three-reading procedure.



2D Wan Yunhan

Collaborating with senior-form students from other schools, we spent many nights in online meetings refining our bill and devising strategies to garner support from other model Legislative Council members. The process was demanding and full of obstacles. However, it was gratifying to see our bill pass.

Overall, this activity transformed the plain words in textbooks into a tangible, real-world experience. It greatly deepened my understanding of the Basic Law and the Legislative Council and aroused my interest in participating in social affairs. It was a fantastic opportunity for me to apply what I had learned in school to tackle real-life problems.

LANGUAGE & CULTURE

World Individual Debating and Public Speaking Championships



Representing Hong Kong at WIDPSC in Bristol challenged my understanding of what it means to speak well. It taught me that speaking is not just a performance built on countless hours of memorisation, but an act of trust: trust that people will understand the message you want to convey, and trust in yourself to continue even when you stumble. It also showed me that pauses between words in a speech,

albeit often seen as a sign of nervousness or underpreparation, can be powerful in their own right.

Throughout the competition, I was surrounded by speakers who had different ways of bringing their ideas to life. Listening to them reminded me that sometimes, the most compelling speakers were those who truly believed in what they were talking

about. That realisation changed the way I viewed my own performances. Of course, there was still the thrill of realising that I had moved further in a category than I had expected, but I stopped seeing each round as something to win and as a chance to learn and grow.

Yet the greatest part of WIDPSC was the connections I formed along the way. My teammates and coaches were the key highlight of the experience. They were there in the anxious minutes before rounds, the honest feedback afterwards, and in the laughter that took away any disappointment. I also found new friendships with the other competitors. Whether through small conversations between rounds or hangouts in the common rooms, they made the competition feel far more meaningful.

Looking back, WIDPSC taught me that public speaking is not about creating a new persona on stage, but about becoming brave enough to sound like yourself. It showed me the importance of support from teammates, even in an individual competition. I am forever grateful for this opportunity, and it will remain one of my most cherished memories.

4G Hui Nok Shiloh

Ten days in Bristol felt fleeting, but the applause that followed after my 13-minute long persuasive speech, the nights when Hong Kong team members stargazed together on the grass of Clifton College, and the bittersweet tears that rolled down my cheeks when I received my ballots, will forever remain.

This year, I had the privilege of participating in the World Individual Debate and Public Speaking Championships as part of the Hong Kong team after being selected through the Hong Kong team trials back in November 2025.

Being able to compete against the most eloquent and decorated speakers in the world was truly an enlightening experience that redefined my outlook towards public speaking. Over the past five months of preparing for WIDPSC, I was fixated on hitting every rubric on the persuasive speaking ballot, aligning my impromptu speech with a certain structure, or performing my interpretive reading in an exaggerated manner. Yet, during WIDPSC, I listened to an improvised spoken word poetry filled with raw passion



for music that touched me deeply, immersed myself in a reading that moved me to tears, all of which made me realise that the best speeches, regardless of whether they make it to grand finals or whether they tick all the boxes on the ballot, are the ones that carry the most authentic voice.

What made the journey more unforgettable, though, was the collaborative spirit of team Hong Kong – the moments when all members sat in a full circle to reflect on their performance during rounds, when we helped annotate each

other's interpretive readings and offer suggestions on pacing, when my roommate and I did impromptu drills at 3am and beyond. WIDPSC may be an individual competition, but the team spirit was what carried us through the arduous journey.

Looking back, I am extremely grateful for this opportunity to polish my public speaking skills, meet talented competitors from around the world, and discover what it truly means to speak and to connect.

5G Poon Clarisse

Inter-School Scrabble Championship

Love meeting people? Craving a brain puzzle? Or looking for a way to unwind from your stressful academic life? If so, Scrabble is perfect for you.

In this classic board game, players score points by forming and connecting words from lettered tiles with different values. Easy to learn but hard to master, Scrabble is both a fun pastime and a competitive mind sport.

On the competitive front, a few members from Scrabble Enthusiasts' Circle participated in Division B of the Hong Kong Scrabble Championship on 2 May 2026 and ranked third as a team. Individually, I was awarded the Second Runner-Up and Best Player from a School, which was a pleasant surprise for someone relatively new to the game like me.

While success comes from hard work, the 'hard' part of Scrabble—

memorising words—is not as dry as it sounds. In fact, I find it extremely interesting to learn quirky vocabulary like "ZOEAEA" and "OTITIS"!

The Scrabble Championship was particularly memorable to me because it was a 'roller coaster' match. I lost the first game to a primary school student because of overconfidence. It was a huge blow but also a humbling experience. I soon gathered myself and staged a comeback. The turning point came in the fourth game, where I played a bingo using all seven tiles from my rack in a single turn with the word "INQUIRES", scoring an impressive 101 points in one move.

Interested? Come join the Scrabble EC and have fun with words!

2A Shek Ka Wing Seraphina



Young Readers Festival-visiting author

Immersive Storytelling in Video Games

What makes a video game more than just pressing buttons? According to video game localisation editor Adan Jimenez, it's storytelling. Through this 60-minute talk, Adan introduced five major narrative structures: linear plots that follow a set path, branching narratives that are shaped by player choices, modular tales built from interchangeable segments, emergent stories that arise purely from gameplay and mixed approaches that blend all of the above.

Beyond narrative structures, the lecture also explored how games tell stories through diverse methods. Text and dialogue remain central storytelling devices, but cut scenes, collectibles and even maps all contribute to world building.

There is No Such Thing as a Bad Idea

In March, we had the opportunity to attend a Young Readers Festival workshop by A.J. Low, the authors of the *Sherlock Sam* series, who taught us a lot about writing detective stories.

A.J. Low showed us many types of detectives — they can be kids, 1920s private eyes, mature ladies, Victorian detectives or even comic book heroes. What matters is their appearance, personality and background, which defines who the characters are. As for suspects, every good mystery needs a motive — be it greed, revenge, or the desire for fame. After learning about how to create the characters, we got to create our own and share them.

The most memorable moment of the workshop for me was when the writers stressed that "there is no such thing as a bad idea". I often scrap "silly" and "illogical" ideas because I want everything to be perfect, but



Examples from well-known titles also helped illustrate these ideas. From the branching choices of *Detroit: Become Human* to the lore-embedded game mechanics of *Undertale*, the lecture showed us how diverse games can be in their narrative approaches.

What struck me most was how the lecture made me feel. I left with a sense of excitement, realising that games I've played hold layers of meaning I had not fully appreciated. It was inspiring to see storytelling framed not just as background

decoration, but as the heart of the gaming experience. I reflected on how a game's narrative stayed with me after I stopped playing, and how those emotions were tied to my own choices within the game. The talk gave me a deeper appreciation for video games as a creative art form—one that does not just entertain, but invites us to step inside a story and make it our own.

1A Pang Wing Yan

A.J. Low showed us a different way. They told us to type all our ideas on a document and look at it whenever we get writer's block. They said they had an idea when they were writing Book 1 of the *Sherlock Sam* series but ended up including it in Book 15! This has completely changed how I think about writing.

I'd like to thank the school for organizing this workshop and giving us this opportunity to learn so much about writing detective stories. It gave me a new angle on idea development, and now I'm already planning to write a detective story of my own!

1F Fan Hoi Tong Victoria



Form 1 English Enhancement Programme



As the coach swerved past the iron-wrought gates of Epsom College for the first time, the sun shone on twenty curious students leaning against the bus window, craning our heads to try and get our first glimpse of what would be our home for the next two weeks. Little did we know, this journey would teach us things far beyond our wildest expectations.

We had plenty of chances to be creative and have fun, from heartfelt love monologues to dancing to musical hits. Daily lessons included thrilling fantasy novels and classic stories like *Romeo and Juliet*, with writing and speaking tasks from the characters' perspectives. We also built public speaking skills through a mini debate, a Shark Tank-style product pitch, and even hosting our own chat show. These opportunities

boosted our confidence and resilience. In our final show, we combined *Romeo and Juliet*, *Macbeth*'s "Witches' Chant," and songs such as "One Short Day" and "For Good" from *Wicked*.

Outside the classroom, we went on cultural excursions to places like St Paul's Cathedral, University of Cambridge, Hampton Court Palace and Westminster. We explored famous historical sites and learned about the legendary stories buried in the stones. The feeling of wonder and amazement followed us into all the iconic places we visited, from Shakespeare's Globe Theatre all the way to the cobblestone streets of Covent Garden. These trips brought us extensive knowledge and the opportunity to experience the rich culture of England.

We also participated in many team games and activities that bonded us with a sense of community and connection. From playing Rounders and football on the beaten grass fields, all the way to arguing over foosball, playing musical chairs and singing karaoke in the cozy common room, we spent days filled with unmeasurable laughter and chaos as we experienced our transformable learning journey across the globe, together.

Over the last two weeks, we enhanced our teamwork, resilience, confidence and independence. Most importantly, we were able to form enduring bonds of friendship and make lifelong memories.

1A Hazel Chan



From the moment Epsom College came into view bathed in the golden light of the British sun, our two-week journey in the UK officially began, and it was filled with excitement and eye-opening experiences.

We started our programme with daily lessons packed with activities covering poetry, creative writing, novel analysis, and debate. The lessons were designed specifically to sharpen our writing and speaking skills. As for our assessments, they ranged from pitching survival items for a deserted island to writing a diary entry as Romeo or Juliet. Not only were we fully engrossed in these creative roles, but we also benefited greatly from our tutors' constructive feedback, which improved our public speaking and presentation skills.

Apart from our regular lessons, our daily routine included workshops in

dance, choral speaking, poetry, and singing. Under the guidance of our tutors, we rehearsed pieces for our final performance. The preparation demanded hard work, but seeing the audience's enthusiastic applause when the curtains fell made every effort worthwhile.

Coming to the UK meant exploring beyond Epsom. We did so by embarking on excursions to iconic landmarks and heritage sites to experience British history firsthand. We thoroughly enjoyed every trip—from watching the magical musical *Wicked* in the West End and taking in a bird's-eye view of London from the top of St Paul's Cathedral to exploring Cambridge, whose medieval charm offered a peaceful and serene contrast to the hustle and bustle of London. My favourite was the trip to the British Museum as it offered a fascinating glimpse into world history.



Every piece of artifact simply left me in awe.

Our time in the UK flew by, and departure day arrived too soon. We built strong friendships, toured famous sites, improved our English, and immersed ourselves in rich history and culture. With gratitude to our Epsom tutors, we said farewell and flew home. The memories and lessons will last forever.

1F Lo Chun Him, Matthew

Decoding Korea Through the Dining Table

On 24 March 2026, Form 3 students attended a talk titled "Decoding Korea Through the Dining Table" as part of their Enrichment Programme Day. This session offered a valuable introduction to traditional Korean cuisine, or *Hansik*, and explored several intriguing aspects of it.

Korean cuisine is defined by three major characteristics: freshness, fermentation, and an inventive approach to cooking. Freshness is crucial. Located in a temperate zone with four distinct seasons, Koreans value the connection between food consumption and the environment. To maximise flavour, ingredients are prepared while they are fresh to preserve their original taste. Therefore, ingredients are sourced locally, including seafood such as squid, shrimp, and crabs, which are readily available nearby.

Fermentation is equally essential. Almost all Korean sauces are traditionally prepared using *onggi*—earthenware jars that utilise differences between daytime and night-time temperatures for fermentation. This natural method allows for longer preservation and develops richer layers of flavour. Key examples include *doenjang* (soybean paste), the main ingredient in *doenjang-jjigae*, and *gochujang* (chilli paste), a carefully balanced blend of sweetness, spiciness, and saltiness.

Finally, the "Five Tastes and Five Colours" framework has shaped the

peninsula's culinary traditions. Influenced by the Age of Discovery, Koreans believed that food should encompass five tastes—sour, sweet, bitter, spicy, and salty—and five colours—red, yellow, white, green, and black. Different techniques, such as spicy pickling and stir-frying, are also used to support physical well-being.

Through this talk, we gained fascinating insights into the East Asian mastery of balancing flavours.

3B Cheung Ka Hei



The Mills Tour



The Mills in Hong Kong is a compelling example of Hong Kong's "retelling" of its history. Initially built in the 1950s as a textile factory, it has now been revitalised into a contemporary, pet-centred mall and community centre. The most impressive part was its conscious design – rather than erasing its past, the factory's history was embraced through urban upcycling and restoration.

I really appreciated the creative reuse of old materials. For instance, wooden planks from the original doors were

transformed into benches and signages. This not only makes the design more sustainable, but also allows visitors to physically engage with a fragment of history.

The artwork throughout the Mills also reflects a strong sense of community and creativity, making it a melting pot of people across all generations. This concept is especially shown in the rooftop artwork, which depicts three women from different generations. It illustrates how the hard work of past generations of women has led to the

greater freedom and "peace" that we experience today.

Overall, this visit helped me rethink Hong Kong's history. It gave me a deeper appreciation for the contributions of past generations, especially women, whose efforts are often overlooked but deeply significant.

4G Mak On Sun Caitlin

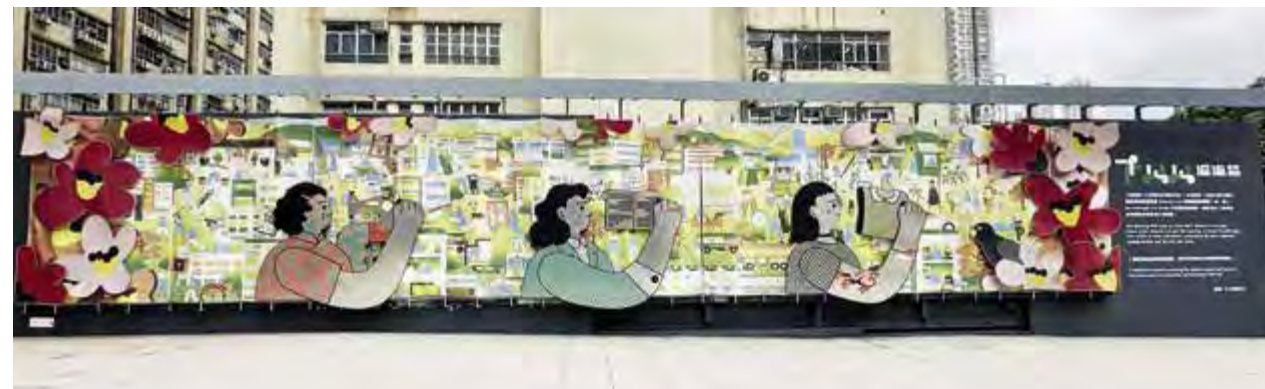
在南豐紗廠拾級而上，經過的不僅是一部部滿佈歲月痕跡的機器，更是橫跨百年的香港紡織業興衰史。語言與文化小組於暑假前舉辦的南豐紗廠導賞團及工作坊，讓我們得以利用考試後的空暇，沉浸式認識香港紡織業，拓闊視野。

我們參觀了編織牆、紗廠耕地以及棉線工作坊。回想天台那橫跨二十多米的《編織牆》，的確令我非常震撼。五顏六色的紗線交織在一起，美妙絕倫。透過細緻的編織工藝，我彷彿看見了昔日紗廠的歷史。藝術家將文學與工藝完美融合，加上社區大眾的親

手參與，呈現了三代香港女性與本地紡織業的變遷故事。編織牆讓鬧市充滿了溫暖的人情味，更成為連接過去與未來的時光紐帶。

位於四樓的紗廠耕地，簡直是石屎森林中的一片綠色淨土。天台農圃上種植了不少植物，例如茄子以及其他用於染色材料的花卉，讓我感受到都市農耕與社區活化的完美結合。這裡不但將昔日工業大廈轉化為綠色的休閒空間，更利用收成的植物，作為紗布的染料，實踐了自給自足、無污染的環保理念，讓人重新反思人類與自然的共生關係。

四王 蘇巧琳



茶藝體驗工作坊



茶，是流淌千年的非遺文脈，更是華夏文明必不可少的風雅底色。

舉辦茶藝體驗工作坊，讓我對於茶文化有更深入的了解。當日，導師先從茶的起源及其他基本知識說起，然後給我們每組倒上一壺茶，讓我們品茶。我緩緩拿起茶杯，一縷淡淡的茶香瞬間縈繞鼻尖，淺嘗一口，清潤回甘的感覺在口中遲遲不肯散去，一下子就撫平了心底的浮躁，使人心曠神怡，神清氣爽。

千絲萬旅華服展覽

本年，語言及文化小組的文化沙龍主題為「時裝」。四月下旬，小組邀請了本地華服品牌「新裝如初」的設計師林春菊小姐到校主講早會，並舉辦了為期兩星期、名為「千絲萬旅」的時裝展覽。

林女士在早會中分享了各式各樣的特色旗袍，更詳細講述華服歷史，介紹本校女生校服的文化意義。同時，她與團隊分享了多款旗袍與長衫的設計藍圖，為學校三樓的竹月堂展覽廳帶來一場別具意義的華服盛宴。

「千絲萬旅」展覽中琳瑯滿目的旗袍與長衫設計，讓我們見識到中式時裝的美麗與優雅。林女士身為時裝設計師，其創作精神不單只有創意，更帶有一份熱誠與堅持。同時，學生作品中一絲不苟的細節、一針一線、以至每一個圖案、每一種顏色，都是精心挑選，讓我們體會到時裝世界的淵深廣博。對時裝的見識與學問並非一朝一夕可達到，而是經過長久的磨練與堅持。這份精益求精的熱誠，正是我們求學與待人處事應有的態度。

接著，導師示範了傳統茶藝的每一道工序。溫杯、置茶、注水、出湯，動作從容優雅，一氣呵成。沸水注入茶具，熱氣徐徐升起，茶葉在水中緩緩舒展、悠然飄蕩，構成了一幅清雅靈動的水墨畫卷。我學著導師的模樣靜心實操，放茶、倒水……耐心體會著泡茶的節奏與心境。而這時的我才終於懂得，原來茶藝從來不止於飲茶，更是修身養性的雅行。

今次的這場茶藝體驗，讓我讀懂了非遺茶文化的深厚底蘊，再次感受到了中華傳統文化的獨特魅力，也明白了茶藝這份風雅，需要我們靜心品味，代代傳承，才能使這份文化瑰寶千年不朽。

一丙 糕卜一



此外，旗袍及長衫作為中國傳統服飾，有著源遠流長的歷史，包括在剪裁、衣袖等方面的特色。這些展品令同學們認識中國傳統服飾精粹，加深對中國文化的了解，從而培養對中華文化的興趣。加上我校女生校服亦為長衫，展覽讓我們更了解身上所穿的校服，可謂獲益良多。

是次展覽讓我們有機會近距離欣賞中華傳統服飾之美，更深刻體會到文化傳承的重要與可貴。願這份對傳統的珍視，能在同學們心中生根發芽。

四王 蘇巧琳、五己 鍾卓霖



AESTHETICS & CREATIVITY

Harmonizing Excellence: 2025-2026 Music Team Achievements



The 2025–2026 academic year has been a period of profound musical growth and exceptional accomplishment for our student musicians. Through rigorous rehearsals and a shared commitment to artistic integrity, our music teams have once again demonstrated the spirit of excellence that defines St. Paul's Co-educational College—delivering a landmark season of triumph on both local and international stages.

Our choral department achieved monumental success at the 78th Hong Kong Schools Music Festival. The Senior Mixed Voice Choir led the way, earning the titles of Most Outstanding Secondary School Choir of the Year and Best Secondary School Mixed Voice Choir in the First Division, alongside top

honors in Chinese Mixed Voice and A cappella. The Treble Choir further solidified this legacy with multiple podium finishes across Junior divisions.

Building on this momentum, the Senior Mixed Voice Choir represented our school on the world stage at the 14th World Choir Games in Sweden in the summer. The choir delivered a magnificent performance, winning Championships in both the Sacred Choral Music a cappella and Contemporary Music categories. Most notably, their breathtaking delivery in Contemporary Music earned the highest score across the entire 14th edition of the Games.

Instrumental ensembles matched this brilliant trajectory. The Wind Band



earned a Gold Award at the 2025 Hong Kong Youth Music Interflows, while the Harmonica Orchestra and Woodwind Ensemble captured First-Place titles at the Schools Music Festival, alongside strong performances from our Brass Ensemble.

These extraordinary milestones reflect the untiring dedication of our students, conductors, teachers, and parents, whose unwavering support nurtures our music community. As we look ahead, we proudly celebrate a year defined by artistic passion, unity, and unforgettable musical achievements.



Ms Synthia Ko

Odyssey of the Mind World Finals 2026

Our team had the once-in-a-lifetime opportunity to represent Hong Kong at the Odyssey of the Mind World Finals 2026, held at Iowa State University from 24 May to 1 June 2026. It was not only a competition that challenged and encouraged us to come up with creative solutions to problems, but also an unforgettable adventure that broadened our horizons in ways we had never imagined.

The highlight of our experience was the Long-Term Problem – an 8-minute drama performance judged based on humour, creativity and aesthetic quality. In our play, a thief accidentally travels back in time, unintentionally putting an end to a plague with the help of a bizarre weather effect—“raining cats and dogs”. For months, we poured our creativity into designing our



props, writing the dialogue, and choreographing our movements. The audience's laughter and applause made every rehearsal worthwhile.

In another part of the competition, we had only a few minutes to come up with solutions to an open-ended problem as a team. The training we

went through equipped us to embrace constraints rather than being discouraged by them. After completing this final task, we were greeted by other participants in the World Finals, including our “buddy team” from Florida.

Overall, taking part in the Odyssey of the Mind World Finals was a fascinating and rewarding journey. Our experience as OMers strengthened our creativity, expanded our perspective, and reminded us that even constraints can spark new possibilities.



4B Cheung Hei Ching
4C Chan Yuen Lam
4G Yim Tsz Tung
4H Man Yuet Ching
4I Cai Yutong



The 8th Grantham Visual Arts Awards 2024/2025



Winning the Grantham Visual Arts Award 2024/25 has truly been an unforgettable milestone in my art journey. Having to incorporate my ideas into four separate artworks sounded like a daunting task at first, but it turned out to be an exceptionally unique and fun experience.

My first artwork is made mainly from clay and recyclable materials, creating

a 3D landscape that explores the relationship between humans and the ocean. My second piece features three sketches of me, my sister, and my grandma, celebrating the warmth and support my family has always given me. My other two pieces revolve around my own identity, capturing the messy yet beautiful process of growing up. Bringing these ideas together and presenting



Participating in the Grantham Visual Arts Awards 2024/2025 was both demanding and deeply rewarding. The preparation process pushed me far beyond my comfort zone, as I spent long hours working intensely to complete a collage of artworks within only a few months. Since oil painting and sculpture-making were still relatively unfamiliar mediums to me, the process involved constant experimentation, mistakes and refinement. At

times, it was exhausting, but each adjustment helped me understand my work more clearly.

This was also the first time I approached art with a deeper conceptual purpose beyond aesthetic beauty. I explored how visual elements could respond to real-world issues such as war while expressing more abstract ideas related to human conscience, vulnerability, and awakening. Through symbolism, imagery, and subtle forms, I tried to create meanings that were not immediately obvious, allowing viewers to interpret the work in their own way.

The shortlisted exhibition in July 2025 was especially inspiring. Seeing the works of



them on a blank canvas required weeks of planning, sketching, and experimenting with new mediums to step out of my comfort zone.

Another highlight of this journey was the curation process for the shortlisted exhibition held in July 2025. Seeing my pieces transition from my home to a professional gallery transformed how I view my own work and made me feel like all the hard work was completely worth it.

However, none of this could have been achieved without the support of Ms Chan, Ms Liu, and my family and friends. Their guidance and encouragement throughout the process were the biggest fuels that kept me motivated and helped me believe in myself.

4C Cheung Sherine

other students made me realise how powerful artistic expression can be. Each artist communicated ideas through a unique style, material, and perspective, reminding me that art is diverse and can connect people.

Overall, through this competition, I learned to trust the process of struggle, as every challenge helped shape both my artwork and my perspective as an artist. Moving forward, I hope to continue creating art that carries meaning, invites reflection, and leaves a lasting echo in the viewer's mind.

4G Wong Yang Vania



F1 EPD – Chinese Cultural Intangible Heritage Craft Workshops



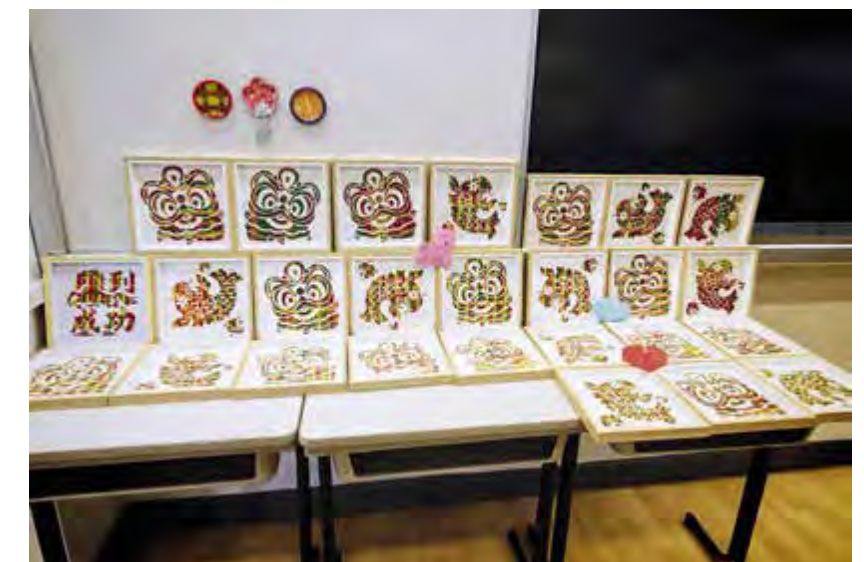
On 24 March, the school organised a series of EPD workshops on Chinese intangible cultural heritage crafts. Form 1 classes had to choose from seven different art workshops, each offering a unique glimpse into traditional practices. Among them, I chose to join the cloisonné workshop,

which proved to be both challenging and inspiring.

The process began with tracing a delicate pattern provided by the teacher onto a smooth, circular wooden plate. I then twisted a thin metal wire to follow the outline. Slowly, the design emerged.

In March, I joined a bamboo weaving art workshop that turned out to be more than a normal craft lesson—it felt like a true virtue-learning experience. When I first walked into the classroom, I assumed we would do something like drawing. But when the teacher began explaining, I understood immediately that the Chinese name includes the word “painting” only because the thin bamboo strips would be stacked to “paint” the design. That comparison reminded me of bamboo baskets I often see, and it sparked my curiosity from the very start.

Then the hands-on part began. We were given a photo frame, a paper-cut artwork, and strips of colored bamboo. The colors were simple and slightly dull—green, yellow, orange, and red—yet the process was never boring. I worried the strips would snap when I pushed them through



the narrow gaps. Surprisingly, they were strong; I did not break any. It made me realise how people built durable structures in the past without modern technology. Even if the edges were sharp and difficult, the method

Once complete, I filled the enclosed compartments with a paste made from water and powder. Cloisonné is traditionally associated with shades of blue, but I deliberately chose red, yellow, green, and blue to create contrast.

This step required great attention to detail; otherwise, the paste might overflow and the colours could run together. The final step was to leave the plate to dry.

I was amazed by the sense of achievement and satisfaction I found in creating the artwork. Cloisonné is an example of intangible cultural heritage. Participating in this workshop made me feel that I had contributed to preserving and passing on this precious craft. I hope that more people can appreciate this exceptional way of expressing the beauty of the world.

1A Liu Chung Yan





vertical strips at once. I had to keep checking whether my pattern stayed correct while also managing the tight gaps and the need not to let go.

When I finished my art piece, I noticed the emphasis seemed to be on the cut paper above the bamboo weaving, not on the bamboo itself. That made me reflect: nowadays, people mainly focus on technology improvement but forget to preserve older wisdom. And many people

hesitate to change, so they stick to familiar rules like machine-cut paper patterns. I hope my life will not only be green, yellow, orange, and red—but full of many other enjoyable colors.

1E Yuen Yi Shun

SPORTS

Igniting the Flame: SPCC Table Tennis-athletes

During this school year, we took part in numerous training sessions and competitions. We were deeply honoured to have the opportunity to represent our school in the HKSSP Inter-school Table Tennis Competition Division II. Through many intensive training sessions and the valuable guidance of our coaches, we successfully won the Championship in C Grade category. Moreover, we competed in other competitions such as the Hang Seng All Schools Table Tennis Championships 2026 and the All Hong Kong Youth Table Tennis Championship 2026, and achieved second place in both competitions. Our most memorable experience was definitely the Inter-Class Table Tennis Competition. Although it was our first time for playing doubles, we found out that we were actually quite compatible. Maybe we used to play against each other a lot, we were quite familiar with each other's style and we could easily think of the strategies. Through this competition, we learnt more about each other and also on how to work together, showcasing our team spirit. Last but not least, we would like to express our gratitude to Mr Poon and our teachers for providing us with countless opportunities to showcase our abilities. We look forward to continuing to serve our school and participating in even more competitions in the future.

1F Lau Yan Ching and Li Yue To Cheryll



CHRISTIAN EDUCATION

家・充電站： 聽黃仁龍先生 談父母的使命

「工作繁重時，我也會把壓力和不快帶回家……」黃仁龍先生在台上的坦誠自白，瞬間拉近了與台下每位家長的距離。6月26日晚上，小學的禮堂坐了七百多位家長和親友，以「家・充電站」為主題信息的親子福音晚會，正悄然觸動著每個心靈。黃先生不談大道理，而是以一位父親的心腸，用他深刻的生命體驗，帶領我們重新思考「家」的真正意義。

他引述了牧師 Alexander MacLaren 的雋語：幸福的生活，至少需要安全、生活所需，以及自由的空間。而家，理應是承載這三樣珍貴元素的所在。

這席話，成了台下每位父母的一面鏡子：我們努力為孩子提供富足的物質與保護，但我們給了他們靈魂呼吸的「自由空間」嗎？

「每個人都有上帝所安排的獨特跑道，不必擠在別人的賽道上。」



黃先生以自身家庭為例，分享三個女兒各自展現出不同的成長方向。父母需要尊重並支持這些差異，讓家成為孩子情緒能安全表達的地方。然而，自由並不代表毫無界限。他特別提醒，父母仍需為孩子設立合宜的界線，讓他們明白凡事皆有後果，從而培養責任感。這正呼應《聖經》的教導：「教養孩童，使他走當行的道，就是到老他也不偏離。」（箴言 22 章 6 節）

更令人動容的，是黃先生作為父親的謙卑。他透露自己的工作桌上，至今仍貼著妻子和女兒給他的溫馨提醒；他常常在祈禱中求神赦免自己的不足，並賜下智慧去改善自己。他溫柔地提醒心中充滿焦慮的家長：父母只是有限的管家，主耶穌才是最終能完全提供安全、資源與自由的源頭。真正的依靠，在於基督。

當我們意識到自己不必完美，願意將重擔交託，神的話語就會成為最溫柔的力量。在忙碌與挑戰中，祈禱就是心靈的電源，讓我們得以重新得力。

當我們讓神的愛充滿心靈，就能以溫柔的言語和鼓勵的行動去對待伴侶與孩子——尤其讓孩子在回到家時，真正感受到被愛與支持，使他們在這個「充電站」裡重新獲得力量，去面對這個彎曲悖謬的世代帶給他們的衝擊。

家，是一個人幸福的起點。願我們都能活在上帝的恩典中，讓家成為真正的避風港，成為愛與力量的泉源！



SCHOOL EVENTS & ACTIVITIES

110周年校慶 小學開放日 展現多元學習與 全人發展

2025年欣逢聖保羅男女中學創校110周年。校慶年學校以「愛己、愛人、愛世界」為主題，舉行一系列慶祝活動，其中小學開放日於2026年2月7日至8日一連兩天舉行。

鳴炮揭幕，細雨熱情交織

2月7日上午，學校在校園內莊黃慧君女士廣場舉行隆重的開放日開幕儀式，邀請了本校校監、校董、中學校長及嘉賓蒞臨出席，和全校老師及部份學生大使、表演團隊成員一同見證重要時刻。當天雖然濛濛細雨，卻無損觀眾的興緻，在樂隊表演樂曲過後，校長帶領一眾嘉賓拉響花炮，司儀宣佈開放日正式開始，掌聲、笑聲及歡呼聲響徹廣場，場面令人震撼。

學科薈萃，體驗探索樂趣

圍繞「愛主、愛人、愛世界」的校慶主題，本校於開放日設置展覽及攤位共十六個項目，集中呈現各學科特色與學生學習成果。展覽區涵蓋不同學習領域，重點介紹各科最新課程發展與特色，讓參觀者在欣賞學生作品之餘，亦能對學校課程及教學方向有整體認識。數學科展出級本創意作品，展現邏輯與創意思維；科學科透過實驗及STEM活動片段，配合學生發明品展示，呈現探究與實踐精神；英文科展示戲劇學習及閱讀成果，突顯語文應用能力；資訊科技科設Marty機械人體驗，讓參觀者了解編程與科技應用；宗教科展出心靈札記，反映品德與靈性培育；視覺藝術科則以「花海」與「大自然」為主題，營造富藝術感的展覽空間。



我們有幸獲學校推薦，成為聖保羅男女中學附屬小學110周年校慶開放日開幕禮的司儀。這是首次擔任如此隆重的開幕司儀，我們站在後台時，心情難免緊張，擔心忘記台詞或出錯。為完成重要使命，我們一次又一次綵排，而踏上舞台的那一刻，我們深吸一口氣，自信油然而生，流利且富感情地讀出一句句對白。最後我們二人一起宣佈：「聖保羅男女中學附屬小學110周年校慶開放日正式開始！」

全場發出歡呼聲，我們心中頓感踏實而感恩。

感謝天父賜下平安——下雨仍能繼續順利進行開幕禮，感謝學校給予我們鍛煉的機會，感謝老師的指導與夥伴的配合。這次經驗讓我們明白：充足的準備與彼此支持，是克服緊張的最好方法。在此祝願母校歲月常青，主恩滿溢。

六甲 馮靖霖、六戊 黃聖清

攤位活動以科組知識為主軸，結合互動遊戲設計，讓參與者在體驗中學習。中國文化、普通話、英文、數學、科學、體育及資訊科技等學科透過多元遊戲形式，把知識融入活動之

中，讓賓客在參與遊戲的同時，加深理解、拓闊視野。兩天開放日氣氛熱烈，參與者積極投入，滿載而歸，整個校園洋溢歡樂與學習並重的氣氛。



主席及嘉賓參觀攤位與展覽



中文科攤位



科學科實驗講解剪影



中文科展覽區剪影



普通話攤位活動剪影



今年，學校迎來110周年校慶，我們全級一年級同學都可以在這個特別的日子參與校慶開放日表演。表演前的幾個月，老師已經悉心地指導我們排練。為了令表演成功，即使要在息和午息時練習，同學們都沒有怨言。老師更為我們要表演的詩歌《春曉》

加上音樂，以增加吸引力。大家都努力練習，希望把動作和歌詞練好。終於到了表演的日子，我們既興奮又緊張，但當我想起這個表演是送給學校的生日禮物時，我的臉上露出了甜美的笑容，並用最響亮的聲音把詩歌唱出來。表演完畢，

舞台綻放，藝韻感念母校

在兩天的開放日裏，同學們合力為校慶呈獻了四場精彩的演出，表演的項目多姿多彩，包括：個人朗誦、二人朗誦、普通話集誦、小一普通話表演、花式跳繩、舞蹈、英語話劇、合唱團獻唱、敲擊樂、弦樂、音樂個人表演、音樂優才計畫小組演奏等，以答謝母校的悉心栽培，並祝願母校在未來的日子裡再創輝煌，培育更多社會棟樑。

踏上舞台的那一刻，望着台下的老師、同學與校友，我的心跳加快，手心微微冒汗。聚光燈雖然有些刺眼，但更多的是一份難以言喻的激動與榮幸。能夠在校慶盛典中演出，是我在小學生活中最珍貴的回憶。

為了這場二人朗誦，我與黃燃邦同學歷經四個月的準備。我們反覆調整語氣、咬字與節奏，磨合彼此的默契。過程雖然艱辛，但我們始終全力以赴。就在上台前，我在心裏默默祈禱，願朗誦能榮耀母校。朗誦時，我的心情由緊張逐漸轉為平靜，每一個字，我都用心去念，因為這是獻給母校的祝福。

當最後一字落下，掌聲響起的那一刻，我心中滿溢着感恩。這段獨特的經歷，將永遠銘刻在我的記憶裏。

五丁 劉圓

當我聽到觀眾熱烈的掌聲時，我感到很有滿足感呢！期待五年後可以再參與校慶的表演，為學校出一分力。

一戊 羅卓諾



盡心盡責，實踐服務精神

學校的每一位學生在開放日中都肩負起不同崗位與任務，分工明確，各司其職。除負責舞台表演及擔任攤位大使的同學外，其他學生亦分別擔任環保大使、蝴蝶大使、學生大使、接待大使、幼童軍以及升旗隊隊員等角色。

環保大使積極向來賓宣揚環保理念，介紹校園環保措施；蝴蝶大使細心講解校內蝴蝶園，展現同學對自然生態的關注與保育意識；學生大使帶領嘉賓參觀校園，詳細介紹學校特色與學習成果，充分展現自信與禮儀；接待大使在校內不同地點熱情迎賓，耐心解答查詢，讓來賓感受到賓至如歸；幼童軍在校門口整齊站崗，精神抖擻，展現紀律與團隊精神；升旗隊隊員儀態端莊，以整齊劃一的步伐完成莊嚴的升旗儀式，為開放日揭開序幕。

在兩天的開放日中，同學們均盡心盡力，在各自崗位上發揮所長，展現出良好的責任感、合作精神與服務素質。嘉賓們對學生的表現給予高度評價及正面的回饋，讚賞同學們自信大方、準備充足，充分展現了聖保羅學生正向的價值觀和優秀的綜合素養。



藝術空間，以愛點亮校園

開放日期間，為令校園能以最具特色、最亮麗的面貌呈現，本校視藝科課程引導學生從多角度探索「愛」，而展覽作品圍繞象徵圓滿的月球作為校園佈置的重點，傳遞「愛己、愛人、愛世界」的校慶主題。各年級以多元媒材展現創意思維：三年級以輕黏土捏塑「生命之樹」表達對大自然的熱愛；五年級在膠球上繪畫「理想世界」勾勒和諧未來；六年級透過雕塑展示他們心中「愛的世界」；陶藝班則以心型作品溫柔訴說愛的形狀。豐富的創作互相呼應，展現從保護自然到嚮往未來的精神，體現由愛自己出發、延伸至愛人與世界的精神。



科技領航，展現綠色校園

配合「綠色學校」理念，為方便公眾及與本校有關人士領取本校110周年學校開放日入場證，是次開放日活動，學校與票務公司合作，開發電子登記及入場系統。有意參加開放日的人士只須要於指定期限在系統上完成登記，即時可收到入場QR CODE。由於報名反應熱烈，系統於開放不久後即顯示額滿。開放日當天，學生大使為進場人士快速掃描QR CODE，透過科技的便利，大幅縮短排隊等候進入校園時間。



家校同心，共享校慶喜樂

為慶祝110周年校慶，小學特意構思及設計一系列具特色的紀念品，包括小熊掛飾、保溫瓶、布袋、文件夾、磁石書籤及硬皮便條本等。學校亦細心安排學生及家長可作優先預訂，並於開放日到校領取，藉此免卻排隊等候購買的時間，盡情體驗開放日各項

攤位遊戲、展覽及表演節目。由於110周年校慶紀念品深受各界人士喜愛，學校於校內家長會及校友聚會亦安排售賣紀念品，讓更多家庭能一同參與及分享校慶的喜悅。

110周年校慶開放日設有多個攤位遊戲，由家長教師會全數贊助是次攤位遊戲獎品及負責搜購各式各樣的禮物，包

括背囊、防水儲物袋、飯袋、餐具盒、証件套、筆記簿、筆袋、膠擦、積木遊戲。開放日共舉行兩天，感謝一百多位家長義工協助換領禮物，無論大人或小朋友均興高采烈地到換領禮物室領取獎品，人人滿載而歸。



自主學習展成果 全球視野創未來



小一同學化身「海洋守護者」，向同學推廣海洋保育訊息。

本學年，我們積極推動校本「MASTER2.0」及「世界公民」跨科課程，致力深化學生的自主學習素養，並全方位培育其正向價值觀。為肯定及表揚同學們的努力，

本年度「MASTER2.0」與「世界公民」課程的成果展示活動，分別於禮堂及多用途場館以攤位展示形式舉行。同學們透過小組專題研習，將課堂知識與現實世界連結。在整

個過程中，同學由零開始，自主進行規劃、文獻研究與動手創作，不僅全面釋放個人潛能，更在團隊合作中內化了正確的價值觀，從實踐中深化了作為世界公民的責任感。

今年MASTER2.0課程大革新，引導學生將技能遷移至專題研習。作為小三統籌老師，看著學生化身「能源探索家」，從研究社區地理、商討可再生能源發電，到小組合作搭建出精美的綠色社區模型，令我萬分感動。過程中，同學們自發參觀展覽、召開網上會議、網搜地圖資料以優化模型，不僅深刻實踐了自主學習，更在協作中切實體現了「盡責」、「堅毅」與「尊重」的核心價值。

今年我們的Master2.0專題聚焦「糧食安全」，小組深入研習聯合國可持續發展目標（SDG 2及17），並建立數據篩選機制以確保資訊客觀準確。這次探究讓我深刻體會全球糧食挑戰之嚴峻，促使我日常更積極實踐惜食減廢。團隊合作方面，我們依成員專長分工，過程中雖遇挫折，但憑著開放溝通與互相扶持，共同發揮「融洽」和「盡責」的價值觀，最終凝聚成強大動力順利完成作品。

盧曉儀老師

五戊 趙芷悠

六戊 劉彥孜



透過專題研習活動，同學們都顯著提升了自主學習能力。



可愛的動物外型溫室，盡顯同學的心思與創意。



小三的「能源探索家」親手打造了綠色夢幻社區！

LEADERSHIP & COMMUNITY SERVICE

投身社會服務，成就溫暖正向的人際力量

學校每年籌辦各級的社會服務及延展活動，安排學生與一些非政府機構或特殊學校合作進行探訪或交流活動，讓學生投身社會服務，實踐關愛的精神。

在服務社群的過程當中，同學們發揮個人所長，在相處中學習尊重與欣賞每個人的獨特價值，並在付出中成長，以微光之力溫暖他人，照亮社群，成就共融美好的社會。



探訪香港耀能協會賽馬會柴灣工場與弱能人士交流。



探訪東華三院賽馬會朗愉居，與老友記齊做護脊操。



師生齊探訪香港耀能協會羅怡基紀念學校，對肢體弱能或多重學習障礙的學童加深了認識。

領袖生

本年度的領袖生選舉於6月24日舉行，從46位候選人中補選出35位，以接替下年度即將離任的小六領袖生。一班現任領袖生也積極參與，擔任場地安排、流程協調等多項工作，在服務中展現出他們的領導才能與責任感，並充分發揮各自的性格強項，成為整個活動不可或缺的一環。

新一屆的領袖生誕生了！

今年的領袖生選舉，是我小學階段中一次難忘的經歷。我衷心感謝老師的推薦，以及同學們的信任，讓我能順利當選。

回想這一個月的參選過程，我從起初既緊張又期待，到後來認真地構思講稿內容、製作宣傳物品和拍攝短片。這段經歷不僅讓我獲得很多寶貴的經驗，更讓我領悟到服務同學的真正意義。我會努力在未來實踐承諾，做到「樂」意服務、「樂」在其中，時刻用「關愛」與「盡責」為大家服務，不會辜負大家投給我的每一票！

五丙 鄭旻樂



得知自己能參加領袖生選舉時，我十分興奮。回家後，我認真繪製展板，反覆練習台詞，為選舉日做好充分準備。

選舉當天，我自信地走上台，耐心聽完每位同學的發表。輪到我時，我真誠地說出準備好的台詞。隨後我們聆聽選舉講座，接着便是即場宣布結果——大家都緊張不已。

當老師唸到我的名字，我立刻雀躍地走上台。全體當選領袖生一起拍照留念，我也在心裡承諾：一定會竭盡所能，服務大家。

今年的選舉中，我和其他六年級領袖生的工作是協助三年級同學進行電子投票。回首這三年的領袖生歷練和團隊培訓，成就了今天的我，也讓我學會溝通、協調與帶領小組。看到即將升小四的妹妹也成功當選領袖生，並自信地站在台上，我既感動又驕傲，彷彿看到了當年的自己。這不僅是一個身份的轉變，更是一種服務精神的薪火相傳。畢業在即，感謝學校對我的信任和栽培，願各位學弟學妹秉持初心，把服務校園的精神繼續傳承，用熱誠照亮校園。

五戊 蘇婷鈺

六戊 郭紋綺

小六領袖生工場體驗日

香港耀能協會與聖保羅男女中學附屬小學合辦「小六領袖生工場體驗日」於6月16日舉行。活動旨在透過互動參觀及實踐，讓小六領袖生認識社福機構的運作，並與工場學員交流協作。

活動當日，學生分組參與「我是小學員」體驗，包括參觀工場、與學員合作完成實務任務，並由學生自主設計領袖活動。當天職業治療師更介紹了一些能方便學員工作的小工具，並鼓勵各小六領袖生能好好裝備自己，由今天起為這個社會貢獻自己的能力，多關愛和服務他人。



領袖生透過各種任務，實踐感恩、尊重及仁愛的價值觀。

作為一個將要畢業的小六領袖生，我特別期待和珍惜這次外出服務的機會。我發現德田工場的院友們積極發揮堅毅的性格強項。雖然他們的身體有缺陷，但仍堅持每天都到工場上班，發揮自己所能，賺錢過活。另外，他們有很强的社交智慧，對陌生人毫不害羞，還熱情地與我們打招呼

和聊天，又向我們介紹他們的日常工作。我從院友身上學習到要常感恩和分享愛。

六丙 張立揚

這次參觀賽馬會德田工場，真令我大開眼界。學員們正進行各項工作，每個工序看似很簡單，但他們的態度仍然十分認真，盡他們所能去完成工作。他們一步一步穩妥地完成任務，那份堅持和毅力，實在值得我們學習。

六甲 李悅情



職業治療師為同學介紹各種小工具的設計理念。

我很感恩有機會去探訪賽馬會德田工場的院友，並從中開了眼界。我一到達便開始觀察院友們工作的情況，發現他們發揮了團隊精神，分工合作，取長補短。雖然有些院友因為身體上的障礙，可能不擅長某種方面的工作，但院友們會互相包容。我非常欣賞他們的工作態度。其後，我們唱了《動力信望愛》，希望鼓勵院友們能不被身體上的障礙阻攔，珍惜機會傳遞信望愛。他們雖然身上有困難，卻仍願意繼續工作，為社會服務。無論他們的功勞會否被人發現，對社會的影響力有多大，他們都選擇努力工作。這讓我反省自己：作為領袖生，服務同學不是為了光榮，而是應該盡力並主動把每項任務做到最好。

六丙 司徒昕



領袖生為工場中的院友表演，樂也融融。



領袖生分享對這次探訪的感受和得著。

LANGUAGE & CULTURE

中文科

回顧整個學年，中文科為同學們舉辦了豐富多彩的語文活動以及獨特的寫作課程。各式語文活動讓同學跳出課本，在問答、分享、賞析之中，親身感受漢字與文學文化的獨特魅力。寫作班更是熱愛寫作同學的小天地，在老師的帶領下同學們一起打磨文章內容、交換想法，記錄點滴小事，提升寫作的樂趣。

詩詞文化大激鬥—— 詩詞文化，樂在其中

詩詞是中文最美的瑰寶，「詩詞文化大激鬥」以班級團隊對賽的形式進行。在活動中，各班同學齊心協力，憑藉平日累積的詩詞和文化知識儲備互相角逐。面對難題時，隊友彼此提醒、分工思考，在合作與競爭之間，深化對詩詞文化的理解。今年我們更是首次和普通話科合辦這項活動，並且安排兩個年級的同學一起參與。高年級和低年級的同學攜手合作，互相學習，取長補短，讓活動更加精彩。比賽中注入普通話科的元素，活動內容也更加的豐富和多元化。例如：五六年級加入了四大發明的分享以及廣播劇的比賽，一二年級則加入普通話講故事的表演等，讓活動生色不少。「詩詞文化大激鬥」打破背誦經典的枯燥，讓大家看見詩詞活潑有趣的一面，更鼓勵我們堅持品讀經典，讓古典詩詞持續滋養心靈。

節氣問答遊戲—— 循節知古，文化傳承

二十四節氣承載千年農耕智慧與傳統文化，本科舉行節氣問答遊戲活動，讓同學跳出課本，沉浸式感受節氣蘊藏的文學底蘊。在活動當中，文化大使擔任主持，在圖書館帶領低年級的學弟學妹，從節氣民俗、古詩名句到物候特徵，層層引導思考不同節氣的文化意義。同學們踴躍參與，反應熱

烈，從遊戲中明白到原來每個節氣都對應着不同的經典詩篇與生活習俗。過往我們只透過詩文讀到「清明時節雨紛紛」、「秋分客尚在」，但透過問答互動，同學們才能真正連結文字與傳統生活。這場遊戲不只是知識比拼，更是文化傳承的橋樑。同學們在輕鬆歡樂的氛圍中累積文化，明白傳統節氣從不是遙遠的歷史名詞，而是藏在詩詞、生活裡珍貴的華夏瑰寶。



文化大使合照



文化大使主持二十四節氣活動



五六年級詩詞文化大激鬥



一二年級詩詞文化大激鬥

寫作遊踪—文蹤漫旅，以筆遊心

今年我們有幸邀請到羅乃萱女士為我們舉辦「寫作遊踪」的課程，羅老師用心設計課程，帶領學生暢遊寫作的世界。這次的寫作班為喜愛文字的同學打造專屬書寫空間，帶領同學走出刻板的作文框架，追尋書寫的樂趣。課堂不局限於文法與段落技巧講解，羅老師引導學生細心觀察日常景物、捕捉內心細微感受，透過生活小事尋找獨特寫作素材。另外，羅老師也會在課堂上分享她自己的人生故事和生活中的點點滴滴，她用自己親身的經歷去感染學生，點燃他們寫作的興趣。過往不少同學覺得寫作枯燥難以下筆，在寫作班多元練習之下，同學們漸漸學會以細膩筆觸敘述所見所



羅老師和寫作班同學合照

思，不再套用模板，而是勇於表達屬於自己的獨特觀點。這段寫作旅程，是思維與文字的雙重成長。透過不斷練筆、反思、修改，同學掌握書寫節

奏，懂得以文字為傾訴心聲的媒介，願持續追尋寫作蹤跡，以筆記錄生活。

普通話科

營造校園普通話氛圍 豐富活動精彩紛呈

普通話成語故事表演

在七月舉辦的「小三小四詩詞大激鬥」活動中特設普通話成語故事分享環節，各班的代表上台表演，現場氣氛熱烈。四甲班的史聖瀾同學演繹《守株待兔》，神態生動，把心存僥倖、妄想不勞而獲的農夫刻畫得活靈活現。三丙班陳笑頤同學講述《薪火相傳》的故事，條理清晰，點明文化



小三小四各班的代表同學都用心演繹成語故事，贏得一片喝采

代代接續、綿延不絕的深刻內涵。其餘各班的代表都生動地講述了一個個精彩絕倫的故事，令台下的觀眾十分投入。本次活動寓教於樂，既鍛煉了同學們的普通話表達能力，又加深了大家對傳統

文化的熱愛，增強國民身份認同感，很多同學表示明年也想代表班級上台講故事呢！

普通話同樂日

普通話同樂日當天，一至六年級學生積極參與各個攤位遊戲，透過有趣的活動來學習普通話語音知識，例如聲母、韻母、聲調、兒化等。在遊戲互動中，學生不但能提升普通話口語表達能力，還能從多元化攤位遊戲中提升聆聽能力，按話語內容的要求完成各項任務。除此以外，學生還能從遊戲中學習中國文化，例如在一個尋寶遊戲中，學生能夠學習有關儒家「五常」的知識，深化對「仁義禮智信」的理解，加深對祖國的認識和國民身份的認同感。



同學要正確朗讀詩歌才能接下「聖旨」

英文科

Raising Voices, Building Champions: A Phenomenal Year for the English Debate Team

It was a fruitful year for our English Debate Team! This year marked an exciting new milestone with the introduction of English Debate Team B, specially created for our enthusiastic Primary 4 and 5 students. Designed as a training ground, Team B allowed younger debaters to master basic skills like motion analysis, rebuttal practice, and mock debates, preparing them to step up to Team A (Primary 5 and 6) and future inter-school tournaments.

A vital part of our young debaters' growth came from observing the seniors in action. By watching Team A debaters clash with other schools and participating in post-match evaluation sessions, our younger team members learned invaluable real-world strategies through direct observation.

All the hard work of our debaters paid off spectacularly. Team A took the debating circuit by storm, bringing home the Champion trophy in two major tournaments: the inaugural Hong Kong Primary Schools Debating Championship (Schools Category) and the 13th Primary Schools Debating Tournament! They also secured the first runner-up spot in the Hong Kong Secondary Schools Debating Competition (Primary Section) and the Hong Kong Primary Schools Debating Championship (Novice



Category), alongside a glittering collection of Best Speaker awards.

Behind these trophies were countless hours of dedication. The students worked incredibly closely during grueling after-school preparation sessions: brainstorming arguments, drafting speeches, and refining sharp rebuttals.

More than just winning trophies, our debaters discovered the true meaning of teamwork and perseverance. Whenever the pressure mounted and teammates felt discouraged or frustrated, they lifted each other up with unwavering love and care.

With Team B finding its voice and Team A reaching historic heights, the future of our English Debate Team looks incredibly bright. We cannot

wait to see this wonderful community grow even stronger, sharper, and more united next year!



The Annual Primary Six Drama – Florence Nightingale

This year's annual Primary 6 English drama performance explored the inspiring life of Florence Nightingale, a pioneering figure whose story continues to teach us valuable lessons about love and kindness. As part of the upper primary curriculum, this performance invited students to delve into the remarkable journey of Florence Nightingale, highlighting how her compassion and dedication transformed healthcare and illuminated the power of caring for others, which resonated with our anniversary theme "Embrace Love: A Quest for Compassion".

Through this exploration, students learned to appreciate the importance of kindness in making a difference and the value of recognising each person's unique talents. Florence Nightingale's story also opened discussions about achieving greatness regardless of gender, inspiring students to believe in their own potential to lead change in life.

The Primary 6 students were organised into nine teams, including acting, music, costume, make-up, sets and props, lighting, sound, stage management, and publicity. Throughout their preparation, they honed essential skills such as teamwork, communication, and creativity. Each



group contributed distinctively to the overall success of the performance, demonstrating how collaboration leads to extraordinary results.

This year's drama was more than just a historical retelling. It was a heartfelt

journey that encouraged students to embrace empathy, kindness and the belief that everyone can achieve excellence. The experiences and values gained from this project will surely inspire them as they continue to learn and grow.



AESTHETICS & CREATIVITY

音樂科

Voices Through Generations: Aspiration

On 30 April 2026, the Primary School presented its first Spring Concert, "Voices Through Generations: Aspiration," before a full and warm-hearted audience of guests, parents, teachers, and students. The event showcased the musical progress of various school ensembles while embodying our anniversary theme, "Embrace Love: A Quest for Compassion" through collaboration, mutual encouragement, and shared giving.

The concert opened with the Junior Percussion Ensemble performing an energetic medley from the anime *Inuyasha*, followed by the Senior Percussion Ensemble playing *Collide*—a piece inspired by CERN's particle physics research that creatively fused music with science. The Wind Band played *Choose Joy*, a reminder that



Intermediate Choir

happiness is an active choice even in difficult times, while the String Ensemble performed the spirited *Dance of the Tumblers* and the festive *Spring Festival Overture*, celebrating reunion and warmth.

Our 4 choirs took turns in showcasing the beauty of choral music with the audience. The Lower Primary Choir presented the *World Peace Canon*, a prayerful round about gratitude; the Junior Choir sang Warren Lee's playful panda piece and an energising African folk *Kusimama*, sharing hope and positivity. The Intermediate Choir then performed "Hope," affirming that faith illuminates the toughest paths, and *Koosen*, a Native American story about constellation, courage and

imagination. The Senior Choir touched hearts with "Father," reminding us the importance of cherishing our family, then lifted spirits with the joyful Zulu folk *Hlonolofatsa*.

The finale united all choirs and P6 PMG students in the *School Theme Song Medley*, arranged by parent-teacher Mr. Chan Chishing and world renowned musician and alumnus Warren Lee. Incorporating our school anthem, the medley symbolises the school's core values of love, sharing, and joyful learning. Principal Cheung conducted, with Warren at the piano. Our first Spring Concert ended on a joyful note with the pure devotion of our teachers and students.



String Orchestra



Finale

This year is my last year at SPCCPS. I have been really active in all choir events as singing helps clear my mind. This year's summer concert turned into a spring concert, which was a whole new experience for me. I had a lot of fun and perfectly enjoyed my last primary school concert. Rehearsals are always demanding, but I always find them worth the hard work. I hope I can continue to join choir in SPCC!

6D Vesta Ng

音樂大匯演

本年度音樂大匯演圓滿舉行，全校師生與家長一同見證同學們一年的音樂學習成果。匯演匯聚手鈴小組、手鈴隊、敲擊小組、弦樂小組及管弦樂組的精彩演出，充分展現創意與合作精神，亦體現了同學們善用學習時間及資源提升自我管理效能的能力。

手鈴小組及手鈴隊經過一年的訓練，在匯演中呈現耳目一新的演出。同學們從觀眾席兩側如士兵般整齊進場，自信投入；手鈴隊更穩定發揮，音樂層次清晰，享受舞台，在合作中建立默契與自信。三年級學生經過一年的器樂課程訓練，敲擊小組展現節奏感與音樂表現力的結合，整齊劃一的節奏與充沛能量，讓人感受到他們背後的付出。弦樂小組和管弦樂組的演出不僅展示音樂才華，更傳遞對音樂的熱忱與追求，體現團隊合作的重要性，正是他們一年來努力學習、善用資源的最佳證明。



敲擊小組演奏《Hapimelo》



弦樂小組演奏《Assemble the Minions!》



手鈴隊在《Give Thanks》中展示多種手鈴演奏技巧



管弦樂組奏出《Theme from the New World Symphony》及《1812 Overture》。

更勇敢自信。只要全心全意投入，就能將最好的自己展現給觀眾。

「分享愛 常感恩 正向樂學展創意」的精神。

是次音樂匯演讓同學在排練與演出中學會堅持、合作與感恩，充分體現

三丁 李南昕

視藝科

視藝室外的生機： 筆下花草，心中校園

視藝室外，一幅承載著無限熱情的壁畫悄然綻放。充滿活力的花草，不僅是林護庭園的自然延伸，更經校長與副校長們的巧手點綴，令作品別具意義。

校園藝術大使與摯友用心勾勒，並肩創作。花草如學生在校園中茁壯成長，願這幅作品能夠為途經的每一位帶來豁然開朗的感覺。

這幅位於視藝室門外的壁畫，有著不同的綠，從嫩芽般的淺綠到沉穩的墨綠，能令主題以及層次豐富得多。我們希望能描繪出一片生機勃勃的綠野，並用繽紛的花朵點綴，彷彿將自



然帶進校園，為師生日常注入更多色彩與盎然生氣。

創作時，我們身處的地方沒有空調，天氣有些悶熱，但我依然樂在其中。對我而言，能全神貫注地跟我的好朋友一起畫畫，是一件非常快樂的事，每一筆、每一劃都記錄著我的熱情和友誼。

這些盛開的花草，正如我們在校園中快樂成長的模樣。這幅壁畫不僅是美



化環境的作品，更承載了我的創作心意。我希望透過這片綠意，能提醒人們懂得欣賞別人，也願意支持別人，就像綠葉襯托花朵一樣自然。希望大家經過時，能感受到那份愉悅，並學會用正面的心情，細心觀察與欣賞生活中的美好點滴。

五丁 鄭奕霖

MATHEMATICS, SCIENCE & HUMANITIES

數學科



同學們都樂於運用 Mathspad 創作幾何圖案。

科技融入數學課堂 建構自主探究能力

數學不止於課本的公式與運算，更是培養邏輯思維與解難能力的重要基礎。本年數學科緊扣學校「深化科技運用，善用學習時間及資源，提升自我管理效能」的關注事項，各級設計並實施融入科技工具的學習任務。科技工具的運用能將抽象的數學概念轉化為具體的視覺呈現，幫助學生更容易掌握當中的邏輯與規律，同時提升課堂參與度。學生在操作數碼工具的過程中，既能親身經歷建構知識的過程，亦能即時驗證所學，增強自主探究的能力。

這次是我首次利用 GeoGebra 以外的教學軟件畫圖和教授學生繪畫圖。在 Mathspad 和 GeoGebra 畫圖的體驗截然不同。在 GeoGebra 上畫圖，只需輸入半徑的長度即可畫出指定半徑的圓。而在 Mathspad 畫圖，學生需要先利用量尺工具，將圓規兩端距離調整為所需的半徑長度，然後將圓規的針尖移動到畫布上預計作為圓心的位置並點擊固定，按住筆尖端拖曳繞行一圈，便可畫圓。這與在紙張上畫圖的體驗十分相近，沒有省卻畫圖的重要過程，因此我認為這個教學軟件更適合學生用來畫圖。隨後學生在 Mathspad 利用圓形進行延伸創作，原來看似簡單的圓形，透過重疊與構圖，就能變化出如此豐富且具規律美感的幾何圖案，讓他們深刻體會到數學幾何與藝術設計的完美結合。

劉秀惠老師



透過 Polypad 軟件學習分數的概念。

小三運用了 Polypad 軟件教授分數和因數課題。這個數碼教具能將抽象的數學概念具體化，當中各種功能可配合課堂不同階段的教學使用。教授分數時，可利用「分數條」和「分數圓盤」協助學生理解「等分」、「等值分數」等概念；教授因數時，則可利用數字方塊將「整除」概念視覺化，學生能一目了然，直觀明白不能整除就不是因數。相比實體教具，數碼工具能靈活調整數值、即時展示不同例子，亦無須逐份派發和收回，節省課堂時間之餘，學生亦能有更多機會親手操作和嘗試，加深對概念的理解。此外，軟件中的顏色區分及動態切分功能，亦有助學生掌握等分及整除的過程。

王紀人老師

現今科技日新月異，先進的電腦技術可以為我們帶來生活上的方便，是我們形影不離的好幫手。我們在數學課堂上運用了不同的電子工具來學習，令我最印象深刻的是用 Polypad 來學習分數乘法。我們在 Polypad 中可以畫出不同數值的分數圓形，用圖像表達帶分數乘以真分數的結果。我們都大開眼界，想不到能用這樣有趣具體的方法找出分數乘法的積呢！這個方法使我們對分數乘法的認識更深入，獲益良多。

電子學習對我的數學學習很有幫助。首先，我能定期進行網上練習，獲得即時回饋，做到寓學於樂。其次，電子工具能把抽象概念具體化，例如透過 Mathspad 繪畫不同大小的圓形，比用實體圓規更省時。最重要的是，數碼工具能突破現實實驗的限制。我們在課堂上以虛擬「排水法」量度物件體積，操作快捷、呈現清晰，更有效避免現實操作中因人為因素產生的誤差，令數據更為精準。這些工具不僅提升了學習效能，也增添了學習趣味。

四甲 譚愷鍵

五丁 張俊義

科學科

探索科學展潛能，
攜手同行創未來：

STEM 挑戰賽暨 「港大流感小博士」 科研體驗

本校科學科向來重視實踐學習。本學年，科學科與數學科攜手舉辦 STEM 挑戰賽，引導學生走出課室、探索世界。在緊密的團隊合作中，同學們不僅展現了良好的溝通技巧，更彰顯了解難能力。

一年一度的 STEM 挑戰賽圓滿結束，其中最讓我感興趣的是製作「針孔投影機」。

我們利用黑色卡紙和牛油紙製作出大、小長方體，並在大長方體底部小心翼翼地戳出細孔——因為針孔越細，影像才會越清晰。使用時，只需對準光源並前後拉動盒子，就能看到上下顛倒的影像。當看到畫面成功投影在牛油紙上的那一刻，大家都興奮地歡呼起來，心中充滿成就感。

過程中，每位隊員各展所長、互相協助，這成為了我畢業前最美好又難忘的回憶。

六丁 袁晞桐

創科小組

此外，為深化學生的科研視野，科學科於 6 月份特別為創科小組（小五及小六成員）安排了「港大流感小博士 2.0」體驗活動，讓同學深入了解病毒研究的嚴謹與堅毅。以下是同學的分享：

前不久，我們走進香港大學醫學院參與體驗活動。老師先帶領我們參觀細胞培養室，並透過顯微鏡講解細菌與病毒的特性。在老師指導下，我們還嘗試操作了各類實驗設備，了解到科研人員如何研發藥物挽救生命，這引發了大家對醫學的濃厚興趣。

隨後，我們參觀了病毒與細胞儲藏庫，認識了液氮低溫技術，並體驗佩戴專用護具。最後的講座更讓我們明白，每一項醫學成果都凝聚着無數研究者的心血。這趟旅程拓寬了我們的視野，也在我們心中埋下了未來投身醫學科研的種子。

五丙 劉詩晴



小五同學測試他們製作的橡筋動力車

小五 STEM 挑戰賽

6 月 24 日，我們迎來了期待已久的 STEM 挑戰賽，過程既緊張又刺激。

其中一個環節是製作自動前進的彈力車。這項任務非常艱巨，步驟繁複且科學原理抽象，期間我們更曾因意見不合而發生爭執。幸好大家沒有放棄，互相包容並不斷嘗試，最後成功完成了組

裝。而在「終極挑戰」中，我們需要讓彈力車準確駛至終點，可惜因橡皮筋的彈性勢能有限，導致動能不足，未能奪得滿分，實在有點遺憾。

這次比賽不僅讓我們體驗到 STEM 的樂趣，更鍛煉了團隊合作與堅毅的精神，真的獲益良多！

五戊 崔芷翎



小六同學透過針孔投影機觀看遠方影像



創科小組成員穿上研究人員進行低溫工作的保護衣

資訊科技科

科技賦能 正向樂學

我校 IT 科秉持「正向樂學展創意」的理念，積極深化科技運用，透過多元的創科實踐，致力提升學生的自我管理效能與資訊素養。

在校外競賽中，同學們積極展現個人優勢，屢創佳績。於「第三屆全球機械人挑戰賽」中，六組同學憑卓越的編程設計勇奪高小組「優秀之星大獎」；在「Robofest X MRC 挑戰賽」中更囊括 Rally 與 UMC 雙料冠軍。

五、六年級的創科精英更代表港澳學生遠赴希臘與美國出戰國際賽，希臘隊伍在約 40 隊強敵中榮膺全球第十名，刷新港澳歷史最佳成績；赴美隊伍雖遇挑戰，但同學們不輕言放棄，盡顯堅毅精神，亦於跨國交流中學會尊重與欣賞他人價值，建立了正向人際關係。

為回應 AI 時代，IT 科緊扣價值觀教育，聯同圖書館舉辦「資訊素養周」。活動利用「AI 真偽辨識遊戲」



學生於「2026 Robofest x MRC 聯乘挑戰賽」中勇奪 Rally 冠軍及 Unknown Mission Challenge 冠軍與季軍，盡顯正向樂學與創科優勢！

與時事專題，引導學生明辨真偽。我們將繼續透過深化價值觀教育，重點培養學生的網絡安全意識、私隱保護觀念及慎思明辨能力，堅守「立德樹人」的根本教育使命。

此外，我們亦積極引領數字化轉型與推動智慧校園創新。在教學方面，我們已全面推行一至六年級的校本「AI 課程」以對接教育局最近頒佈的數字素養架構，並將於新學年落實獲校董會通過的《校本生成式人工智能應用

指引》，為全校提供安全合規的科技應用框架；在行政方面，本校已完成自架 AI 伺服器設置，運用人工智能優化資料檢索及處理繁瑣校務，成功落實教育局「減負增能」的發展目標，全面提升老師工作效率。

點滴成果，我們「常感恩」；未來將持續「分享愛」，引領學生在創科路上自信前行！



資訊素養周透過 AI 辨偽提升學生慎思明辨能力。



學生參與「資訊素養周」首創的「AI 真偽辨識遊戲」，學習慎思明辨，提升網絡安全與私隱保護意識。



同學於圖書館參與「資訊素養周」，透過主題網上遊戲輕鬆學習資訊素養與網絡安全知識。

人文科

「多元策略」建立國民身份認同「課堂內外」探究國家安全領域

現今世界瞬息萬變，要培養學生成為具備家國情懷與國際視野的明日領袖，本校人文科積極實踐「立德樹人」、「探究學習」與「連繫生活」的課程理念，致力促進學生成為充滿民族自信、有歸屬感且富使命感的新一代。

各級配合課程設計的研習冊，是實踐理念的重要平台。小一級推行「愛我家·尋我根」研習，學生透過訪問家人及搜集資料，深入認識家族與籍貫，體會家的溫暖；在一孩家庭漸趨普遍下，引導學生認識並承傳中華文化「家」的精神，正是維護「文化安全」的基石。而小四級則透過「唐朝文化的影響」研習，引導學生在日常生活中，發掘中華文化影響全球的足跡。

中華文化源遠流長，我們亦帶領學生透過多元跨媒介渠道，走近歷史關鍵人物。小二級學生化身考古學家，利用虛擬實境（VR）走入秦始皇陵兵馬俑坑，了解一統天下的歷史；小三級學生則扮演歷史主角，透過話劇演繹「張騫通西域」的經歷，深度體會歷史人物的堅毅與承擔精神；小五級學生透過拼砌中國地圖認識行政區域，並應用鄭和下西洋、玄奘西行等歷史知識發揮創意，合作設計「歷史大冒險」棋盤遊戲，在寓教於樂的過程中自然領悟「國土安全」與國家發展的密切關係。

對於初小學生，跳出課本更能誘發好奇心，建構立體的安全觀。本學年我們特別規劃了全方位走出課室體驗：安排小一級參觀海洋公園的「四川奇珍館」和「大熊貓之旅」展館，加深對國寶大熊貓的認識，從而連繫「生態安全」；小二級參觀香港仔警署，親身了解警隊工作與裝備，並透過互動活動深刻理解警察如何為促進「社會安全」作出貢獻；小三級則參觀駐香港部隊展覽中心，認識中國人民解放軍和駐港部隊，初步建立「軍事安全」的概念，讓國家安全意識在生活中紮根。

除了歷史與體驗，我們亦鼓勵學生放眼當下，關心時事並表達個人見解。



小三參觀駐香港部隊展覽中心

特色課業「時事多面睇」實踐「知、情、行」策略——提供空間讓學生透過影片了解國家在各領域的最新發展，並引導他們為社會、國家及世界思索切實可行的創意方案，展示他們的實踐力與責任感。

展望未來，人文科將繼續透過多元化且生動有趣的策略，引領學生在課堂內外探索，厚植家國情懷，成為有擔當的明日領袖。



小一參觀「四川奇珍館」和「大熊貓之旅」展館



小二參觀香港仔警署

SPORTS

勝負有時 搏盡無悔

今年，聖保羅體育團隊繼續在各項比賽之中齊心協力、奮力拼搏，最終在「全港小學體育獎勵計劃」中分別獲得女子組金獎及男子組銀獎，女子組更是第三年蟬聯金獎，成績實在令人鼓舞！而男子組方面，我們在三年前增設了男子籃球隊，這個球隊成立時間雖短，卻獲得了令人鼓舞的好成績！他們在日復一日的訓練中充分展現了「堅毅」以及「勇於承擔」的精神。以下是籃球隊隊長五乙班簡瑋霖同學的分享：

當完場的哨子聲響起，學界籃球決賽宣告結束，但這段揮灑汗水的經歷，卻讓我畢生難忘。

從三年級起，我便加入了學校剛成立的籃球隊。縱然只是替補球員，年幼的我能參與學界賽事，已深感榮幸。只是我們技術及經驗還非常幼嫩，最終止步於十六強賽事，大家雖然心有不甘，但仍充滿盼望。

翌年，我們捲土重來，在分組賽以全勝姿態首名晉級。十六強賽事戰況非常激烈，分數互有領先，最終雙方打和要進入加時賽。在加時賽的最後一分鐘，我們在領先兩分的情況下，卻因防守的一時鬆懈，被對手連取四分，最終飲恨。全隊上下暗自許下承諾，決心要將這次失敗化為動力，明年再戰。

我們沒有沉浸在傷感之中，反而在比賽過後便立即重新投入訓練，比以前



練得更刻苦，大家都變得更團結。教練更讓我擔起隊長一職，肩負重任。由於我們未能夠在上屆賽事進入前八名，按賽事抽籤機制，會隨機分配在各隊種子球隊的小組中，當我們知道要和上年比賽的亞軍隊伍同組作賽時，我以為隊友們都會膽戰心驚，但相反大家都摩拳擦掌，約定要安排更多的時間一起訓練。終於在分組賽面對上屆亞軍隊伍時，我們毫不怯場，積極進攻。在比賽完結前一秒，隊友投入了關鍵的「絕殺」三分球！那一刻，教練和隊友們都興奮地衝進球場慶祝。這場得來不易的勝利，讓我們成功得到了直入八強的機會。賽後，我們並沒有因此自滿，反而一起回看比賽片段，檢討各自的不足，務求在下一階段的淘汰賽中進步。憑著這份

鬥心，我們在八強和四強表現穩定，順利晉身決賽。

決賽的對手是上屆冠軍，彼此實力確實存在差距。上半場我們處於劣勢，最多落後二十多分，但我們沒有放棄，憑著堅毅無畏的精神勇往直前，盡力把比數拉近。雖然最終落敗，但這面亞軍獎牌凝聚了我們無數的汗水和淚水，彌足珍貴。這次經歷讓我學到了「搏盡無悔」的精神，更明白到，團隊合作才是通往頂峰的階梯。

五乙 簡瑋霖



EXCHANGE ACTIVITIES

西安之旅 鑑古知今 學校交流 動靜皆能

本年度小六西安學習交流之旅的主題為「中國歷史文化探索之旅」，其學習重點如下：

1. 認識和欣賞源遠流長的中華歷史及文化
2. 參觀西安重要考古發現及建築，愛護及傳承中華文化
3. 到西安的學校上課及交流，豐富學習經驗

同學們透過遊覽西安古城，親身體驗由秦、漢代至抗戰時期（西安事變）的歷史事跡，藉此加深對中國歷史及文化的認識，並為升中後的中國歷史學習奠定基礎。

在考察及交流的第四天早上，同學們滿懷期待，前往陝西師範大學陸港小學，開展兩地校園交流活動。抵達校園後，我校師生受到了西安陸港小學師生的熱烈歡迎，隨後我們前往操



兩校學生合作參與體育競技活動，展現合作精神。



同學們在考古研學活動中小心翼翼地發掘文物

場，參與該校舉辦的「KEEP 少年節」開幕儀式。儀式規模盛大、內容豐富，精彩紛呈的配樂朗誦、相聲、舞蹈、武術、話劇等節目輪番上演，充分展現出陸港小學朝氣蓬勃、多姿多彩的校園風貌，也讓我校同學能直觀、深入地了解內地多元的校園文化與豐富的校園生活。

開幕儀式結束後，我校同學與西安陸港小學的同學完成一對一結對交流。雙方同學互相贈送精心準備的心意禮物，我校同學送上了心意卡；陸港小學的同學也回贈了滿載誠意的特色小禮品。小小的心意搭建起溝通的橋樑，迅速拉近了兩地同學的距離，消解了初次見面的陌生感。

結對交流過後，在陸港小學同學的帶領下，我校全體同學來到體育場，踴躍參與趣味體育競技活動。現場設置了五人十足、障礙接力賽等多項趣味運動項目，氛圍熱烈歡快。活動過程中，兩地同學積極組隊參與、相互配合，在運動互動中增進默契。大家也利用活動間隙輕鬆暢談，主動交流彼此的日常學習、校園生活與興趣愛好，深入增進彼此的了解。

體育交流活動圓滿結束後，我校同學前往學校食堂，親身感受內地校園的用餐環境與飲食文化，沉浸式體驗西安陸港小學的日常校園生活。



同學們聚精會神地觀察出土文物及了解它們的歷史



我校學生與陸港小學的同學交流校園生活，並互贈紀念品。



學習修復兵馬俑，真是一個難忘的經驗呢！

小四南沙交流之旅



參觀廣州市南沙區南沙小學的校園，玻璃幕牆的圖書館



欣賞校園玻璃幕牆的圖書館

南沙小學課堂體驗活動

交流儀式後，學生有機會與南沙同學共同上課，參與不同課堂體驗。學生分成八組，活動包括：剪紙、國畫、衍紙、中醫藥製作、沙瓶畫、AI 大模型、非遺編繩課及小小廚神。期間，學生需以普通話與內地同學交流，無論流利與否，他們都勇於挑戰自己，在短短數小時內與南沙的小夥伴們建立了友誼，跨越了語言障礙。



參與課堂體驗活動——山水畫、衍紙創作



雲紗星韻非遺文化園參觀

午餐後，學生前往雲紗星韻非遺文化園，親身體驗多項非遺活動。在「過烏拓印」環節，他們以河泥在布料上拓印出獨特花紋，並巧妙運用蠶絲繞製精緻扇子。步入曬莧場，蓆蔴植物的天然清香氤氳瀰漫，學生們在陽光與草地的環抱中，靜心感受自然的寧靜與非遺文化的美。隨後，他們投入香雲紗的後續工序，於細微之處體悟工匠精神的獨特內涵。最後走進香雲紗非遺文化館，透過觸摸布料、聆聽製作聲響，學生對養蠶與布匹知識有了更深入的理解。這次體驗不僅增廣了學生的見聞，更讓他們懂得珍惜傳統文化，並在學習過程中展現尊重與欣賞他人價值的精神，體現了正向人際關係的建立與校本價值觀教育的成果。



曬莧體驗



蠶絲扇製作



過烏拓印

北京歷史文化藝術探索之旅

2026年6月9日，「中國文化大使」與「校園藝術家」兩組課外活動成員，透過參與本校舉辦，為期四天的「北京歷史文化藝術探索之旅」，體驗北京當地小學的特色校園生活。期間亦安排參訪各類博物館，並加入深度體驗活動，使學生得以親身欣賞與理解中國傳統藝術文化。此外，同學們參訪了北京多處具代表性的歷史景點，以提升學生對祖國的歸屬感，並促進其國民身分認同與文化理解。

每一段經歷都令我記憶猶新。親身體驗景泰藍杯墊製作，是整個行程裡最寶貴的收穫。我們彼此交流經驗，互相幫忙分工合作，合力完成專屬的工藝作品。經歷這一次交流活動，我變得更願意主動接觸和學習傳統技藝，也體會到分享的樂趣。回到學校之後，我希望可以把學會的工藝知識分享給身邊的同學，將中華傳統藝術，連同這次旅程收穫的暖意與感動，一一傳承及傳播出去。

五乙 廖沛榆

旅程不僅讓我們發揮藝術才華，更契合「分享愛常感恩 正向樂學展創意」的學校主題。我們在分享會上分享對藝術與中華文化的心得；在遊覽景點中學習新知；在古籍修復與景泰藍杯墊製作中展現創意。最令我印象深刻的是到北京史家胡同小學與當地學生交流，親身體驗北京校園生活以及領悟到「尊重」與「欣賞他人」的真諦。短短數小時的相處，我們已建立起友善與互相欣賞的關係。正如古語所言：「海納百川，有容乃大；壁立千仞，無欲則剛。」願我們在未來的學習與生活中，繼續以開放的胸懷擁抱世界，以堅定的信念追求卓越。

六乙 周貝凝



同學們進行古籍修復體驗，十分興奮。



與姊妹學校史家小學互相致送紀念品。



在國子監孔子像前留影。

旅程中，我和同學實踐了「分享愛、常感恩、正向樂學展創意」的精神。起初組員之間互不認識，但經過四天朝夕相處，大家一同遊覽、互相照顧，漸漸建立了正向的人際關係，我還結交了新朋友呢！

這次北京之行不僅令我大開眼界，加深了對中國歷史的認識，更讓我體會到只要主動踏出一步，就能收穫珍貴的友誼和成長。

五丁 鄧善勤



與史家同學一起上非遺剪紙課堂。

親身踏足北京，正值芒種時節，柳絮紛飛的美景讓我對「二十四節氣」有了更真切的體會。與史家胡同小學的交流同樣令我難忘，那裏的同學熱情友善，而且各展所長，有人負責壁畫，有人管理科技室，共同建設美麗校園。這讓我想起我們的口號——分享愛，常感恩，正向樂學展創意。

這次交流不僅加深了我對中國文化的認識，更讓我明白每個人都可以善用自己的強項，為身邊的環境帶來正面改變。只要懷着感恩的心，我們都可以成為校園的小小建設者。

六乙 陳梓愉

凝聚專業共識： 價值觀教育常務 委員會蒞臨本校 交流與專業指導

課程發展議會價值觀教育常務委員會近日蒞臨本校參訪交流，本校校監、校長及教師團隊深感榮幸，並衷心感謝委員會對本校價值觀教育工作的支持與指導。

在交流過程中，我們向委員分享了規劃、實踐及檢視校本價值觀教育課程的經驗與心得。當日適逢本校舉行學習成果展示活動，同學們非常雀躍地向一眾委員介紹自己的研究計劃和創作成果，講解如何透過親手製作的工

具或設計方案回應可持續發展的挑戰，充分展現出對社會、國家和世界的關懷與承擔精神，並獲得委員們的肯定與鼓勵。

是次專業交流不僅讓本校團隊獲得寶貴的啟發，更為我們持續優化價值觀教育課程注入了強大動力。本校衷心感激委員會抽空到校指導與分享，我們期待未來繼續與委員會進行深度交流，進一步提升價值觀教育的成效，讓學生能面對未來各項挑戰。



學校代表與委員會進行專業交流



同學們主動向嘉賓分享學習成果1

Positive Education 專家訪校

2026年6月26日，北山堂基金代表及 The Wellbeing Distillery 聯合創辦人、應用 wellbeing 科學專家 David Bott 先生親臨本校，就本校的 wellbeing 發展進行深度交流。

當天，張慧純校長率領朱嘉穎副校長、香智文副校長、麥樂恒老師及陳天溢老師向嘉賓詳細介紹本校推展

wellbeing 教育的目標、願景及具體措施。隨後，嘉賓透過校園導賞及與學生的親切互動，進一步了解本校 wellbeing 發展的現況。交流期間，嘉賓在提出寶貴意見的同時，亦慷慨分享了推行 wellbeing 教育的心得。是次活動促進了雙方的互相學習與交流，令本校團隊大有裨益。



張校長與 David Bott 就 wellbeing 教育的實踐心得進行了深度交流。



嘉賓參觀校園，並與學生親切互動。



導賞期間，張校長於 Music Corner 即席彈奏由校園藝術大使設計的鋼琴，現場琴聲悠揚。



北山堂基金代表及 The Wellbeing Distillery 聯合創辦人 David Bott 先生蒞臨本校參訪。

STAFF DEVELOPMENT

科本教師專業發展活動

為配合本年度關注事項之一「實踐自主學習，勇於探索創新」，各科組因應科本發展目標及需要計劃不同形式的活動，包括：工作坊、參觀、體驗學習等，透過討論和實踐，彼此交流分享，增強教學效能。

中文科：如何提升學生學習中文的興趣及活化中文課堂

這次工作坊很榮幸邀得羅乃萱女士到校，與本校中文科教師進行深入交流，透過生動的例子、實用的資源及互動活動，啟發教師從學生角度出發，重新思考中文寫作教學的可能性。透過分享常見錯別字、寫作毛病、優秀讀物、生活發現等，讓教師

English: Learning to utilise Gemini to develop inclusive teaching and learning materials that address the diverse needs of all learners.

Building upon the successful foundation laid by Dr. Paul Sze's workshop on Reading Pedagogy and Generative AI two years ago, our English curriculum continues to undergo a strategic evolution. This



以小組形式進行的好書分享活動令老師找到新的教學點子。

能針對學生難點設計教學。同時，鼓勵教師運用趣味互動方式，激發學生表達與寫作動機，提升整體中文教學效能。

教師普遍認為工作坊內容貼近教學實況，尤其在寫作結構指導及課堂活動

設計方面收穫最大。此外，以小組形式進行的好書分享活動令老師找到新的教學點子，與同儕分享的過程更促進了跨級交流與協作。羅女士的分享不僅提供了具體教學資源，更加强了教師對中文教學的熱情。

year, our staff development focus shifts toward practical application and instructional efficiency.

The workshop provided hands-on experience in leveraging Gemini as a versatile assistant to support curriculum design and cater to the diverse learning needs within our classrooms. The workshop proved highly effective by delivering immediate, practical value to

teachers, who moved beyond to create tangible assets like custom worksheets, reading texts, and personalised Gemini "Gems" for their classrooms. While teachers recognised Gemini's immense value as a co-creator that enhances differentiation and content quality, they maintained that its success still relies entirely on human intuition to direct it.



A Professional Development Workshop on AI Literacy: leveraging language prompts to generate highly tailored teaching and learning materials.

數學科：建模學習—課堂實踐經驗分享

近年教育局鼓勵學校以多元化及創新科技教學，當中「建模教學」在數學科被受關注及應用。本年度有幸能邀請具豐富經驗的專家汪滌塵博士到校提供教師培訓工作坊，汪博士以日常

生活問題帶領老師探討如何透過觀察、數據蒐集、查找事實等方式找出數據，並做出假設以簡化問題，從現實世界到數學世界進行模型解題。

在工作坊的實踐學習環節中，教師體驗了學生在建模過程中可能遇到的挑戰，有助於日後課堂上提供更精確的

支援。工作坊後，教師反思如何在不同年級逐步滲透建模元素，計劃初小階段可加強構建學生的數學工具應用與解題技巧，培養建模前備能力。中小階段可選取貼近學生校園生活的主題以引導式進行建模小任務，高小階段可讓學生進行自主式建模解難學習。



老師參與數學建模工作坊，熱烈討論「巧克力球的包裝設計」，並動手設計包裝。



人文科：探究學習的策略與評估

為配合教育局最新《小學人文科課程指引》的要求，落實探究學習的課程理念，是次工作坊期望透過專業對話，設計出多元化的人文科探究活動，從而有效培養學生的共通能力、研習能力及提升學習興趣。教師以小組為單位展開討論，提出了具創意的教學及研習點子，嘗試將探究學習的理念與進展性評估結合，各組即場設計出一個以特定單元為主題的研習任務，提升了老師設計探究課堂的專業能力。



老師以小組為單位展開討論，提出具創意的教學及研習點子。

科學科：以改變學生迷思為目標之課堂實驗的設計策略

在科學教學過程中，學生帶著對自然現象的觀察、生活經驗或媒體資訊所形成的「迷思」進入課堂。為提升本校科學科教學效能，我們邀請梁添博士主講是次主題，深入探討如何設計課堂活動來引導學生轉變迷思。講者以「物理變化與化學變化」為例分享課堂設計重點，包括：迷思成因與性質、電子工具輔助、課堂實驗策略。科學教育應引導學生從不同角度探求真相，亦需培養學生不斷修正觀點的科學素養。梁博士建議教師先從 AI 搜索迷思，以 Google Form 進行前測診斷，設計 PDAR 實驗糾正錯誤概念，到後測以了解學生學習成效。梁博士結合理論與科技的實務分享，不僅為同工們提供了清晰的完整教學循環，也為本校未來科學教育帶來了深刻的啟發。



梁博士示範用 UV 燈照射岩石，展示「變色」不一定是化學變化。

音樂科：合唱工作坊

是次音樂合唱工作坊，本校高年級合唱團成員參與其中，音樂老師透過現場示範學習指揮技巧與排練方法。加拿大指揮家 Scott Leithead 在工作坊中為學生訓練了不同文化的歌曲，包括加拿大民歌《V' la l' bon vent》、加

拿大歌曲《Sleepy Song》以及非洲祖魯族民歌《Hlonolofatsa》，運用多元教學方式引導學生體驗音樂的表達與舞台效果。

這次活動不僅提升了合唱團的演唱技巧及舞台表現力，也讓師生深刻體會指揮的能量與態度對音樂演繹的重要

性，強化整體音樂氛圍。工作坊的亮點是《Hlonolofatsa》一曲，Leithead 先生將充滿活力的能量注入合唱團。這提醒我們，作為指揮，需要把自身的音樂情感與能量分享給學生。



Leithead 先生讓老師和學生深刻體會到指揮的能量與態度能直接影響合唱表現。

視藝科：博物館遊——放眼世界藝術

是次 M+ 博物館導賞專業發展活動，成功拓闊了教師的藝術視野，並顯著促進了教學觀念的轉變，為課程設計提供了新意。透過不同國家的藝術作品讓老師對版畫課題及以藝術作品

表達情緒的方法更為熟識。版畫是視覺藝術科常見課題，但它不如繪畫般那麼容易接觸探究，因此可藉「趙無極：版藝匠心」展覽導賞增進知識。「M+ 希克藏品：心靈圖景」展覽以情感為切入點，探索三十八位藝術家如何透過作品展現快樂、感傷、平靜、焦慮、

懷疑和驚奇等複雜而豐富的情緒，老師觀賞後可教授學生不同以作品抒情技巧。最後，科組成員亦參觀博物館其餘展廳，了解不同國家的展品。



導賞員介紹藝術家的創作經歷、作品特點之餘，亦與老師一起討論藝術觀點。

體育科：體適能電子器材工作坊

體育科希望引入電子器材來增加收集體適能數據的準確性，並提高學生上課之效能。工作坊中，導師介紹 EduDx 耐力跑測試系統，讓體育科老師初步了解利用運動科技來提升教學，透過各種電子器材增加學生的運動興趣與參與度。導師和老師互相分享有效的使用電子器材策略及活動設計，為學生準確地量度耐力跑測試結果，促進同儕之間的合作與交流。整體而言，這次工作坊提升了老師的電子教學能力，有助於促進學生的體育及健康發展。



老師學習使用 EduDx 耐力跑測試系統，日後讓學生體驗電子學習設備。

普通話科：「中文路應用程式」工作坊

本年度在小三至小六推行使用中文路應用程式，以增強學生的普通話自學能力，提高普通話水平。工作坊中，講者利用電子屏幕示範如何增加新的語音評測及對話、聆聽及拼音規則的練習方法。老師即時利用平板電腦實踐，並互相討論分享平台如何配合教學使用，期望可以提起學生學習普通話的興趣，也能照顧不同的學習需要。



老師使用「中文路應用程式」及互相交流分享。

資訊科技科：編程技能提升工作坊

隨著人工智能與數碼工具日益普及，資訊科技科教師除了需要掌握圖像化編程教學，也需要進一步熟悉文本編程的基本概念與教學策略，以配合

高小及未來跨學科學習的發展方向。本科安排是次教師專業發展活動，加強對 Python 初階編程概念、教學設計及課堂應用。透過講者的示範、教師實作及交流，教師了解如何由 MakeCode 等積木編程過渡至 Python 文本編程，從而提升學生的

運算思維及創意解難能力。工作坊後，教師會進一步檢視及優化校本編程課程，於合適年級加強 Python 初階元素，幫助學生建立穩固的編程基礎。



透過講者的示範，老師討論編程活動的教學設計，促進彼此專業交流。

Looking Ahead

Date	Event	Place
10 Sep 2026	Swimming Gala	Hong Kong
23 Sep 2026	Sports Day	Hong Kong
26–30 Oct 2026	P5 Outward Bound	Hong Kong
1 Nov 2026	Walkathon	Hong Kong
14–22 Nov 2026	Student Activities Week	
	– F1–Outdoor Education Programme	Hong Kong
	– F2–Historical and Cultural Exploration Trip	Nanjing
	– F3–Place-based Education Programme	Hong Kong
	– F4 & F5 – Service Learning/ Attachment/ Self-organised Programme	Hong Kong/ Overseas
16 Nov 2026	Primary School Picnic	Hong Kong
5 Dec 2026	Anniversary Alumni Homecoming Day	SPCC
16 Dec 2026	Speech Day	SPCC
21 Dec 2026	Secondary School Picnic	Hong Kong
22 Dec 2026	Carol Service	Hong Kong
7 Jan 2027	P4 Exchange Trip	Shenzhen, China
15 Jan 2027	F1 Sports Development Day	Hong Kong
26 Jan – 1 Feb 2027	Visit of students from	SPCC
	– Tsinghua University High School/	
	– Tianjin Nankai High School/	
	– Shanghai Fudan High School/	
	– Shanghai High School (Tentative)	

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